

**Transforming Women's Health**  
**June 12-14, 2025**  
**Hyatt Regency, Seattle, WA**

**Menopause Society's Menopause 101**

**Thursday, June 12, 2025 - Optional Workshop**

Times listed are Pacific time zone

6:20 am – 6:50 am	<b>Menopause 101 Registration</b> Coffee and Bagels
6:50 am – 7:00 am	<b>Welcome Announcements</b>
7:00 am – 7:30 am	<b>Menopause 101</b> Stephanie Faubion, MD, MBA, FACP, MSCP
7:30 am – 8:00 am	<b>Hormone Therapy Risks and Benefits</b> Ekta Kapoor, MBBS, FACP, MSCP
8:00 am – 8:15 am	<b>Q&amp;A</b>
8:15 am – 8:45 am	<b>Sleep During Menopause</b> Gloria Richard-Davis, MD
8:45 am – 9:15 am	<b>Testosterone Therapy in Women</b> Taryn Smith, MD, MSCP
9:15 am – 9:30 am	<b>Q&amp;A</b>
9:30 am – 9:45 am	Break
9:45 am – 10:15 am	<b>Sexual Health</b> Jewel Kling, MD, MPH, MSCP
10:15 am – 10:45 am	<b>Menopause and the Heart: What Clinicians Need to Know</b> Stephanie Faubion, MD, MBA, FACP, MSCP
10:45 am – 11:00 am	<b>Q&amp;A</b>
11:00 am	Adjourn

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**General Session**

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11:00 am – 12:00 pm	<b>Registration</b> 11:15 am Livestream begins
12:00 pm – 12:15 pm	<b>Welcome</b> Juliana (Jewel) M. Kling, MD, MPH, MSCP; Ekta Kapoor, MBBS, MSCP, & Taryn Smith, MD, MSCP
<b>ENDOCRINOLOGY TOPICS</b>	
12:15 pm – 12:45 pm 12:45 pm – 12:55 pm	<b>Obesity Management in Midlife Women</b> Meera Shah, MB, ChB Q&A
12:55 pm – 1:25 pm 1:25 pm – 1:35 pm	<b>Update in Osteoporosis Workup and Management</b> Jad Sfeir, MD Q&A
1:35 pm – 2:05 pm 2:05 pm – 2:15 pm	<b>PCOS Diagnosis in 2025: What Clinicians Need to Know</b> Suneela Vegunta, MD Q&A
2:15 pm – 2:30 pm	Light Refreshment Break
<b>Potpourri Topics</b>	
2:30 pm – 3:00 pm 3:00 pm – 3:10 pm	<b>If the Gene Fits: An Update on Genomics in Cancer Prevention and Interception Including Multi-Cancer Detection</b> Jewel Samaddar, MD Q&A
3:10 pm – 3:40 pm 3:40 pm – 3:50 pm	<b>HIV and STIs in Women: Prevention, Trends and Treatment in 2025</b> Mary Jo Kasten, MD Q&A
3:50 pm – 4:20 pm 4:20 pm – 4:30 pm	<b>Menopause Misinformation: Sorting Through the Noise</b> Stephanie Faubion, MD, MBA, FACP, MSCP Q&A
4:30 pm	Adjourn

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**Friday, June 13, 2025**

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6:00 am – 6:45 am	<b>Vinyasa Yoga</b> (complimentary for all registered group attendees)  Vinyasa Yoga, also known as "flow yoga", is a popular style of yoga that involves a continuous flow of poses linked together by breathing. Vinyasa yoga can raise your heart rate and body temperature. It can be practiced by people of all abilities.
6:30 am – 7:00 am	Light Breakfast 6:45 am Livestream begins
7:00 am – 7:05 am	<b>Welcome</b> Juliana (Jewel) M. Kling, MD, MPH, MSCP; Ekta Kapoor, MBBS, MSCP, & Taryn Smith, MD, MSCP
<b>MENOPAUSE AND HORMONE THERAPY</b>	
7:05 am – 7:30 am	<b>Hormone Therapy Tips and Tricks for Management</b> Taryn Smith, MD, MSCP
7:30 am - 7:40 am	Q&A
7:40 am – 8:10 am	<b>Non-Hormone Therapies for Menopause Symptoms</b> Gloria Richard-Davis, MD
8:10 am – 8:20 am	Q&A
8:20 am – 8:50 am	<b>Premature Ovarian Insufficiency: It's Not Just About Fertility Loss</b> Ekta Kapoor, MBBS, MSCP
8:50 am – 9:00 am	Q&A
9:00 am – 9:30 am	<b>From Hot Flashes to Hard Questions: Assessing Breast Cancer Risk with Menopausal Hormone Therapy</b> Jewel Kling, MD, MPH, MSCP
9:30 am – 9:40 am	Q&A
9:40 am – 9:55 am	Light Refreshment Break
9:55 am -10:40 am	<b>Menopause Panel</b>  Juliana (Jewel) M. Kling, MD, MPH, MSCP; Ekta Kapoor, MBBS, MSCP; Taryn Smith, MD, MSCP; Stephanie Faubion, MD, MBA, FACP, MSCP, & Gloria Richard-David, MD
<b>Sexual Health</b>	

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10:40 am – 11:10 am	<b>Reclaiming Comfort and Confidence: Pelvic Physical Therapy for Women's Sexual Health</b> Pauline Lucas, Pt, DPT, WCS-ABPTS
11:10 am – 11:20 am	Q&A
11:20 am – 11:50 am	<b>Sexual Dysfunction: Assessment and Treatment Approaches</b> Jennifer Vencill, PhD, LP
11:50 am – 12:00 pm	Q&A
12:00 pm - 12:15 pm	Pick up lunches
12:15 pm – 12:45 pm	<b>CV Risk Calculator (PREVENT) and Healthy 8</b> Amy Pollack, MD
12:45 pm – 12:55 pm	Q&A
<b>CENTRAL SENSITIZATION, INTEGRATIVE MEDICINE AND BEYOND</b>	
12:55 pm - 1:25 pm	<b>The Best is Yet to Come: Lessons in Longevity</b> Pamila Brar, MD
1:25 pm - 1:35 pm	Q&A
1:35 pm- 2:05 pm	<b>Fitness and Exercise in Women Postmenopause: The Power of Motivational Interviewing</b> Robert Scales, PhD
2:05 pm- 2:15 pm	Q&A
2:15 pm – 2:45 pm	<b>Fibromyalgia</b> Arya Mohabbat, MD
2:45 pm – 2:55 pm	Q&A
2:55 pm	Adjourn

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**Saturday, June 14, 2025**

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6:30 am – 7:00 am	Light Breakfast 6:45 am Livestream begins
7:00 am – 7:05 am	<b>Welcome</b> Juliana (Jewel) M. Kling, MD, MPH, MSCP; Ekta Kapoor, MBBS, MSCP, & Taryn Smith, MD, MSCP
<b>POTPOURRI TOPICS</b>	
7:05 am – 7:30 am	<b>Tips and Tricks for Pesky Pimples and Unwanted Hairs: Acne and Hirsutism</b> Ashley Wentworth, MD
7:30 am – 7:40 am	
	Q&A
7:40 am – 8:05 am	<b>Itchy Business: Demystifying Vulvar Dermatoses</b> Katherine (Katie) Bodiford, MD
8:05 am – 8:15 am	
	Q&A
8:15 am – 8:45 am	<b>Perimenopause Contraception, Including Complex Contraception</b> Hannah Nordhues, MD
8:45 am – 8:55 am	
	Q&A
8:55 am – 9:10 am	Light Refreshment Break
<b>GYNECOLOGY</b>	
9:10 am – 9:40 am	<b>Endometriosis: From Signs and Symptoms to Diagnosis and Treatment</b> Megan Wasson, DO
9:40 am – 9:50 am	
	Q&A
9:50 am – 10:20 am	<b>Abnormal Uterine Bleeding</b> Megan Cheney, MD
10:20 am – 10:30 am	
	Q&A
10:30 am -11:00 am	<b>An Approach to Urinary Incontinence: Urge, Stress and Everything in Between</b> Anita Chen, MD
11:00 am – 11:10 am	
	Q&A
11:10 am – 11:25 am	Pick up lunches
11:25 am – 11:55 am	Lunch Talk: <b>Innovations in Cervical Cancer Screening: Is HPV Self-Collection the Way of the Future?</b> Kathy MacLaughlin, MD
11:55 am – 12:05 pm	
	Q&A
<b>BREAST HEALTH</b>	

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12:05 pm – 12:35 pm	<b>Dense Breast Tissue: What does It Mean and How to Approach It</b> Jessica Fraker, MD
12:35 pm – 12:45 pm	Q&A
12:45 pm- 1:15 pm	<b>An Approach to Breast Cancer Risk Stratification: The Nuts and Bolts, and What's Coming in the Future?</b> Sandhya Pruthi, MD
1:15 pm – 1:25 pm	Q&A
1:25 pm- 1:55 pm	<b>Management of Menopausal Symptoms in Breast Cancer Survivors</b> Susan Kok, MD
1:55 pm- 2:05 pm	Q&A
2:05 pm	Adjourn