

Practice of Internal Medicine 2025
Hilton Rochester Mayo Clinic Area Hotel and LIVESTREAM
 May 12 – May 16, 2025

Monday, May 12, 2025	
6:45 a.m.	Registration & Breakfast
7:45 a.m.	Welcome and Course Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Chronic Coronary Artery Disease <i>Michael W. Cullen, M.D.</i>
8:35 a.m.	Pharmacotherapy in Dementia <i>Ericka E. Tung, M.D., M.P.H.</i>
9:10 a.m.	Optimizing Exercise in Older Adults - How to Keep a Baby Boomer Buff <i>Edward R. Laskowski, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Pearls and Pitfalls in Patient Communication <i>Richard M. Elias, M.B.B.S., M.D.</i>
10:40 a.m.	Adult ADHD – Recognition and Management <i>Kristin J. Somers, M.D.</i>
11:15 a.m.	Clinical Pearls – Geriatric Medicine <i>Brandon P. Verdoorn, M.D.</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Wellness – Individual and System Strategies for Flourishing <i>Colin P. West, M.D., Ph.D.</i>
1:35 p.m.	Perioperative Medicine – New Updates for Your Practice <i>Karen F. Mauck, M.D., M.S.</i>
2:10 p.m.	Break
2:30 p.m.	Challenges in the Use of GLP-1 Analogs <i>Meera Shah, M.B., Ch.B.</i>
3:05 p.m.	Updates in Aortic Disease <i>John P. Bois, M.D.</i>
3:40 p.m.	Adjourn

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Tuesday, May 13, 2025	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Prostate Cancer Screening in 2025 <i>Jack R. Andrews, M.D. (*virtual)</i>
8:35 a.m.	Is There a Doctor on Board? Emergency Preparedness During Air Travel <i>Aaron B. Klassen, M.D., M.A.</i>
9:10 a.m.	Cancer Screening and Other Primary Care Issues in Transgender Patients <i>Caroline Davidge-Pitts, M.B., B.Ch.</i>
9:45 a.m.	Break
10:05 a.m.	Heart Failure Pearls for Both Inpatient and Outpatient <i>Paul M. McKie, M.D.</i>
10:40 a.m.	Kidney Stones <i>Mira T. Keddis, M.D. (*virtual)</i>
11:15 a.m.	Clinical Pearls - Pulmonary <i>Megan M. Duloher Scrogin, M.D.</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Cases in Abnormal Uterine Bleeding <i>Jean Marie F. McGowan, M.D.</i>
1:35 p.m.	Spells: Faints, Auras, TIAs, Twitches, and Jerks <i>Jeremy Cutsforth-Gregory, M.D.</i>
2:10 p.m.	Break
2:30 p.m.	Updates in Hospital Medicine <i>Will M. Schouten, M.D. and Deanne T. Kashiwagi, M.D.</i>
3:05 p.m.	Clearing the Path – Approaches to Constipation <i>Iris Wang, M.D.</i>
3:40 p.m.	Adjourn

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Wednesday, May 14, 2025	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Primary Care of the Patient with CLL <i>Paul J. Hampel, M.D.</i>
8:35 a.m.	Introduction to Longevity and Anti-Aging for the Internist <i>Sara L. Bonnes, M.D., M.S.</i>
9:10 a.m.	Ischemic Stroke Updates for the Internist <i>James P. Klaas, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Palpitations – The Basics and Beyond <i>Fatima M. Ezzeddine, M.D.</i>
10:40 a.m.	Common Dermatology Cases for the Primary Care Clinician <i>Jenny L. Link, M.D.</i>
11:15 a.m.	Clinical Pearls – Women’s Health <i>Hannah C. Nordhues, M.D.</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Demystifying OSA – Diagnosis, Management, and Prescribing <i>Kara L. Dupuy-McCauley, M.D.</i>
1:35 p.m.	Management of Popular Dietary Supplements <i>Linda Huang, Pharm. D., R.Ph., BCPS</i>
2:10 p.m.	Break
2:30 p.m.	The Anemia Work-Up <i>Carrie A. Thompson, M.D.</i>
3:05 p.m.	Care of the Patient Struggling with Homelessness – Challenges and Opportunities <i>Robert J. Hyde, M.D., M.A.</i>
3:40 p.m.	Adjourn

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Thursday, May 15, 2025	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Initial Evaluation of Cognitive Impairment in Older Adults <i>Majken T. Wingo, M.D.</i>
8:35 a.m.	COVID in 2024 and Beyond: Evaluation and Treatment <i>Sidna M. Tulledge-Scheitel, M.D., M.P.H.</i>
9:10 a.m.	C. Difficile – New Insights Into Management <i>Sahil Khanna, M.B.B.S., M.S.</i>
9:45 a.m.	Break
10:05 a.m.	Crystalline Arthropathies <i>Kerry Wright, M.D., M.B.B.S.</i>
10:40 a.m.	AI and Large Language Models for Clinical Practice <i>Alexander J. Ryu, M.D.</i>
11:15 a.m.	Clinical Pearls - Hematology <i>Urshila Durani, M.D., M.P.H.</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Myth Busting and Optimizing PPI Therapy <i>Karthik Ravi, M.D.</i>
1:35 p.m.	Approach to Common Cardiac Exam Findings in Primary Care <i>Jeffrey B. Geske, M.D.</i>
2:10 p.m.	Break
2:30 p.m.	Lyme Disease and Other Tick-Borne Illness <i>Mac Chesdachai, M.D.</i>
3:05 p.m.	Updates in Management of Migraines <i>Nathan P. Young, D.O.</i>
3:40 p.m.	Adjourn

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Friday, May 16, 2025	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	What a Generalist Needs to Know About Autoimmune Interstitial Lung Disease <i>Elena K. Joerns, M.D., M.P.H.</i>
8:35 a.m.	PAD Pearls in 2025 <i>Stan Henkin, M.D.</i>
9:10 a.m.	Clearing the Weeds Around Cannabis Use <i>Linda Huang, Pharm. D., R.Ph., BCPS</i>
9:45 a.m.	Break
10:05 a.m.	Social Determinants of Health – How to Take Action as a Clinician <i>Erin C. Westfall, D.O.</i>
10:40 a.m.	Integrative Medicine for the Primary Care Clinician <i>Bright P. Thilagar,, M.D.</i>
11:15 a.m.	Men's Health and the Heart <i>Tobias S. Kohler, M.D., M.P.H.</i>
11:50 a.m. 12:00 pm.	Wrap-Up and Closing Remarks – Drs. Nordhues and Verdoorn Adjourn