



Mayo Clinic Pediatric Days 2026




Disney Aulani – Kapolei, HI

IN PERSON & LIVESTREAM

Program is in Hawaii Standard Time (HST)




Course Directors: Angela Mattke, M.D. FAAP


Jason Anderson, M.D. FAAP

Sunday, January 18, 2026	
6:15 a.m.	Breakfast Buffet
6:50 a.m.	Welcome and Course Overview <i>Jason Anderson, M.D.</i>
DEVELOPMENTAL AND BEHAVIORAL HEALTH	
7:00 a.m. 	SSRIs: Prescribing SSRIs in Pediatrics: Who, When, and How <i>Eric Pease, D.O., M.B.A.</i>
7:30 a.m. 	Managing Challenging Behaviors in Autism Spectrum Disorders <i>Maja Katusic, M.D.</i>
8:00 a.m.	Panel Q&A
8:15 a.m.	AMBERG-HELMHOLZ PROFESSORSHIP LECTURE: From Walt Disney Cartoons to National Center for Missing and Exploited Children: Building a Movement of Child Advocacy <i>Daniel Broughton, M.D.</i>
9:15 a.m.	Refreshment Break
9:45 a.m.	Tiny Tools, Big Impact: Mental Health Skills for Busy Pediatric Clinics <i>Jocelyn R. Lebow, Ph.D., L.P.</i>
10:15 a.m.	Supporting the Grieving Child and Family: Practical Tips for Pediatricians <i>Megan Thorvilson, M.D. and Daniel R. Hilliker, Ph.D., L.P.</i>
10:45 a.m. 	"I've Tried Everything and Nothing Works": Management of Treatment Failure or Medication Intolerance in Child Psychiatry <i>Eric Pease, D.O., M.B.A.</i>
11:15 a.m.	When Frustration Becomes Fatal: What Every Pediatrician Should Know About Abusive Head Trauma <i>Katie Johnson, M.D.</i>
11:45 a.m.	Panel Q&A
12:15 p.m.	Adjourn for the Day

Monday, January 19, 2026	
6:15 a.m.	Breakfast Buffet
6:55 a.m.	Announcements and Introduction <i>Angela Mattke, M.D.</i>
UPDATES IN EVIDENCE BASED CARE	
7:00 a.m. 	2026 Update on Childhood and Adolescent Vaccines <i>Robert Jacobson, M.D.</i>
8:00 a.m. 	High Impact Articles of 2025: Evidence Based Review <i>David (DJ) Hall, M.D., and Jason (Jay) Homme M.D.</i>
9:00 a.m.	Panel Q&A
9:30 a.m.	Refreshment Break
EMERGENCY AND HOSPITAL MEDICINE UPDATES	
10:00 a.m. 	Managing Pediatric Burns in the Ambulatory Care Setting <i>Meghan Cain, M.D.</i>
10:30 a.m. 	High Risks, Tiny Patients: THC and Emerging Poisoning Threats in Kids <i>Anna DePompolo, M.D.</i>
11:00 a.m. 	Ohana Means Family: Managing Pediatric DKA Together, from Admission to Resolution <i>Brendan Mulhern, M.D.</i>
11:30 a.m.	Clinical Favorites: Some Diagnostic Strategies That Can Make a Difference in the Hospital Setting <i>Jay Homme M.D.</i>
12:00 p.m.	Panel Q&A
12:30 p.m.	Lunch on Your Own
	Interactive Session
2:00 p.m.	Workshop: Leveling Up your Sports Musculoskeletal Exam <i>David Soma, M.D. and Luke Radel, M.D.</i>
3:30	Adjourn for the Day

Tuesday, January 20, 2026	
6:15 a.m.	Breakfast Buffet
6:55 a.m.	Announcements and Introduction <i>Angela Mattke, M.D.</i>
ALLERGY AND ATOPIC DISEASES	
7:00 a.m. 	The Pediatric Gut-Allergy Connection: Understanding Food Intolerances and EoE <i>Pua Hopson, D.O.</i>
7:30 a.m. 	Scratching the Surface: Therapeutic Strategies for Atopic Dermatitis <i>Katelyn Anderson, M.D.</i>
8:00 a.m. 	Updates in Food Allergies <i>Anupama Ravi, M.D.</i>
8:30 a.m. 	My Child Has a Food Allergy! Perspectives, Learnings & Navigation Strategies from Pediatrician Moms <i>Marcie Billings, M.D. and Candace Granberg, M.D.</i>
9:00 a.m.	Panel Q&A
9:30 a.m.	Refreshment Break
SPECIALTY CARE UPDATES	
10:00 a.m. 	Asthma Updates <i>Manuel Arteta, M.D.</i>
10:30 a.m.	Diagnosing and Managing Hypertension <i>David Sas, D.O.</i>
11:00 a.m. 	The Honest Hairy Truth About Polycystic Ovary Syndrome in Adolescents <i>Asma Chattha, M.B.B.S.</i>
11:30 a.m. 	Mucosal Diseases in Children <i>Molly Youssef, M.D.</i>
12:00 p.m.	Panel Q&A
12:30 p.m.	Adjourn for the Day

Wednesday, January 21, 2026	
6:15 a.m.	Breakfast Buffet
6:55 a.m.	Announcements and Introduction <i>Angela Mattke, M.D.</i>
THE BIG DEBATE	
7:00 a.m. 	Is Universal Lipid Screening in Children a Smart Move? <i>Seema Kumar, M.D. and Brian Lynch, M.D.</i>
7:50 a.m.	Should Pediatricians be More Aggressive about Diagnosing and Treating RSV, Influenza and COVID-19? <i>Emily Levy, M.D. and Robert Jacobson, M.D.</i>
8:40 a.m.	Teaching Without the Title: How Everyday Clinicians Shape Learning <i>Stephanie Mavis, M.D. (faculty lead)</i> <i>Chandler Kessel, M.D. (Chief Resident), Michaela Mills-Rudy, M.D. (Fellow)</i>
9:30 a.m.	Refreshment Break
HOT TOPICS IN PEDIATRICS	
10:00 a.m.	How Will AI Help Me? Lessons from the Heart and Beyond... <i>Talha Niaz, M.B.B.S.</i>
10:30 a.m.	Vitamin K and Beyond <i>Ahmed AlHuntii, M.D.</i>
11:00 a.m. 	Fluoride Facts & Fiction: What Every Pediatrician Should Know <i>Elise Sarvas, D.D.S., M.S.</i>
11:30 a.m.	Emerging and Re-emerging Infectious Diseases <i>James Gaensbauer, M.D., M.S.</i>
12:00 p.m.	Panel Q&A
12:30 p.m.	Lunch on your own
Interactive Session	
2:00 p.m. 	Comprehensive Obesity Care, Medication Management, and Bariatric Surgery <i>Seema Kumar, M.D. and Brian Lynch, M.D., Katie Ehman, M.D., Malia Eustice APRN, C.N.P., M.S.N.</i>
5:00 p.m.	Adjourn for the Day

Thursday, January 22, 2025	
6:15 a.m.	Breakfast Buffet
6:55 a.m.	Announcements and Introduction <i>Angela Mattke, M.D.</i>
SURGICAL CARE UPDATES	
7:00 a.m.	Vesicoureteral Reflux: Backward Flow, Forward Progress <i>Candace Granberg, M.D.</i>
7:30 a.m.	Lower Extremity Congenital Deformities <i>Emmanouil Grigoriou, M.D.</i>
8:00 a.m.	Pediatric Sports Injuries: When to Treat, When to Refer to Orthopedics <i>Luke Radel, M.D.</i>
8:30 a.m.	Brachial Plexus Birth Injuries: 2500 Years in 25 Minutes <i>Nicholas Pulos, M.D.</i>
9:00 a.m.	Panel Q&A
9:30 a.m.	Refreshment Break
SPECIALTY CARE UPDATES	
10:00 a.m. 	Pediatrician's Guide to Headache-Free Migraine Management <i>Paul Youssef, D.O.</i>
10:30 a.m.	My Child Can't Sleep <i>Robin Lloyd, M.D.</i>
11:00 a.m.	Beyond the Usual Suspects: Recognizing Rheumatic Diseases in Children <i>Matthew L. Basiaga, D.O.</i>
11:30 a.m.	Do No Harm. A Discussion on Risks of Medical Imaging <i>TBD</i>
12:00 p.m.	Panel Q&A
12:30 p.m.	Course Adjourns