

# Updates in Internal Medicine 2025

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## General Session

Thursday, October 16, 2025

*All times listed are Eastern Time Zone*

| Start time | End time | Title                                                                                                                         |
|------------|----------|-------------------------------------------------------------------------------------------------------------------------------|
| 6:45 AM    | 7:20 AM  | <b>Breakfast and Registration</b><br>*7:10 AM- Livestream Begins                                                              |
| 7:20 AM    | 7:30 AM  | <b>Introductions and Announcements</b><br>Arya B. Mohabbat, MD, Sanjeev Nanda, MD, and LaSonya T. Natividad, APRN, CNP, MSN   |
| 7:30 AM    | 8:15 AM  | <b>Literature Review in General Internal Medicine</b><br>Jason H. Szostek, MD                                                 |
| 8:15 AM    | 8:25 AM  | Q&A                                                                                                                           |
| 8:25 AM    | 9:10 AM  | <b>Medication Updates for the General Practice</b><br>Christopher M. Wittich, MD, PharmD                                      |
| 9:10 AM    | 9:20 AM  | Q&A                                                                                                                           |
| 9:20 AM    | 10:05 AM | <b>Updates in Cardiology</b><br>Jacob C. Jentzer, MD                                                                          |
| 10:05 AM   | 10:15 AM | Q&A                                                                                                                           |
| 10:15 AM   | 10:35 AM | <b>Break</b>                                                                                                                  |
| 10:35 AM   | 11:20 AM | <b>Updates in Atrial Fibrillation</b><br>Alan M. Sugrue, MB, BCh, BAO                                                         |
| 11:20 AM   | 11:30 AM | Q&A                                                                                                                           |
| 11:30 AM   | 12:15 PM | <b>What's New in DVT and PE Management?</b><br>Rayya A. Saadiq, DO, FACP                                                      |
| 12:15 PM   | 12:25 PM | Q&A                                                                                                                           |
| 12:25 PM   | 12:55 PM | <b>Updated Approach in Bone Health: Diagnosis and Management for Osteopenia and Osteoporosis</b><br>Haitham S. Abu Lebdeh, MD |
| 12:55 PM   | 1:05 PM  | Q&A                                                                                                                           |
| 1:05 PM    | 1:20 PM  | <b>Rapid Review</b><br>Bright P. Thilagar, MD                                                                                 |
| 1:20 PM    |          | <b>Adjourn</b>                                                                                                                |

# General Session

## Friday, October 17, 2025

*All times listed are Eastern Time Zone*

| Start time | End time | Title                                                                                                                       |
|------------|----------|-----------------------------------------------------------------------------------------------------------------------------|
| 7:25 AM    | 7:55 AM  | <b>Breakfast</b><br>*7:45 AM- Livestream Begins                                                                             |
| 7:55 AM    | 8:00 AM  | <b>Introductions and Announcements</b><br>Arya B. Mohabbat, MD, Sanjeev Nanda, MD, and LaSonya T. Natividad, APRN, CNP, MSN |
| 8:00 AM    | 8:30 AM  | <b>Updates in Infectious Diseases</b><br>MJ Kasten, MD                                                                      |
| 8:30 AM    | 8:40 AM  | Q&A                                                                                                                         |
| 8:40 AM    | 9:25 AM  | <b>Updates in Pulmonary Medicine</b><br>John G. Park, MD                                                                    |
| 9:25 AM    | 9:35 AM  | Q&A                                                                                                                         |
| 9:35 AM    | 10:20 AM | <b>Updates in Gastroenterology</b><br>Stephanie L. Hansel, MD, MS                                                           |
| 10:20 AM   | 10:30 AM | Q&A                                                                                                                         |
| 10:30 AM   | 10:50 AM | <b>Break</b>                                                                                                                |
| 10:50 AM   | 11:35 AM | <b>Updates in Diabetes and Weight Loss Management</b><br>Vinaya Simha, MBBS, MD                                             |
| 11:35 AM   | 11:45 AM | Q&A                                                                                                                         |
| 11:45 AM   | 12:15 PM | <b>Updates in Menopause</b><br>Richa Sood, MD, MS                                                                           |
| 12:15 PM   | 12:25 PM | Q&A                                                                                                                         |
| 12:25 PM   | 12:55 PM | <b>Clinical Impact of Health Disparities</b><br>Rahma Warsame, MD                                                           |
| 12:55 PM   | 1:05 PM  | Q&A                                                                                                                         |
| 1:05 PM    | 1:20 PM  | <b>Rapid Review</b><br>Bright P. Thilagar, MD                                                                               |
| 1:20 PM    |          | <b>Adjourn</b>                                                                                                              |

# General Session

## Saturday, October 18, 2025

*All times listed are Eastern Time Zone*

| Start time | End time | Title                                                                                                                       |
|------------|----------|-----------------------------------------------------------------------------------------------------------------------------|
| 7:25 AM    | 7:55 AM  | <b>Breakfast</b><br>*7:45 AM- Livestream Begins                                                                             |
| 7:55 AM    | 8:00 AM  | <b>Introductions and Announcements</b><br>Arya B. Mohabbat, MD, Sanjeev Nanda, MD, and LaSonya T. Natividad, APRN, CNP, MSN |
| 8:00 AM    | 8:45 AM  | <b>Updates in Preoperative Cardiovascular Risk Stratification</b><br>Michael A. Mikhail, MD                                 |
| 8:45 AM    | 8:55 AM  | Q&A                                                                                                                         |
| 8:55 AM    | 9:40 AM  | <b>Updates in Hospital Medicine</b><br>Deanne T. Kashiwagi, MD                                                              |
| 9:40 AM    | 9:50 AM  | Q&A                                                                                                                         |
| 9:50 AM    | 10:35 AM | <b>Updates in the Clinical Management of Depression</b><br>Mohit Chauhan, MBBS                                              |
| 10:35 AM   | 10:45 AM | Q&A                                                                                                                         |
| 10:45 AM   | 11:05 AM | <b>Break</b>                                                                                                                |
| 11:05 AM   | 11:50 AM | <b>Updated Approach in the Diagnosis and Management of Dementia</b><br>Rodolfo Savica, MD, PhD                              |
| 11:50 AM   | 12:00 PM | Q&A                                                                                                                         |
| 12:00 PM   | 12:45 PM | <b>AI in Medicine</b><br>Ryan T. Hurt, MD, PhD                                                                              |
| 12:45 PM   | 12:55 PM | Q&A                                                                                                                         |
| 12:55 PM   | 1:10 PM  | <b>Rapid Review</b><br>Bright P. Thilagar, MD                                                                               |
| 1:10 PM    |          | <b>Adjourn – Thank you for attending!</b>                                                                                   |