

# 27th Annual Mayo Clinic Internal Medicine Update

Sedona, AZ

October 16 - October 19, 2025

All Presentations Mountain Standard Time

ACPE UAN Number: JA0000238-0000-25-115-L01-P

## Thursday, October 16, 2025

6:00 AM	Registration, Breakfast and Exhibits
7:15 AM	Welcome Announcements
7:30 AM	<b>Collaborative Practice Agreements in Primary Care</b> Angela N. Coulter, Pharm.D., R.Ph.
8:00 AM	<b>Multi-Cancer Detection (MCD) for Primary Care</b> Steven W. Ressler, M.D.
8:30 AM	<b>Low T and Who to Treat</b> Nahid Punjani, M.D., M.P.H.
9:00 AM	Q&A
9:30 AM	Refreshment Break and Exhibits
10:00 AM	<b>Listening Beyond the Stethoscope: Humanities as a Compass for Care and Quality</b> Neera Agrwal, M.D., Ph.D. and Katherine C. Kough
10:30 AM	<b>Updates in Anticoagulation for Primary Care- Managing Tough Cases</b> Fadi E. Shamoun, M.D.
11:00 AM	<b>Updates in Addiction Medicine for Primary Care</b> Shirshendu Sinha, M.B.B.S., M.D.
11:30 AM	<b>Veterans' Medicine in Primary Care</b> Chance J. Moyer, P.A.-C., M.S.
12:00 PM	Q&A
12:30 PM	Adjourn
5:30 PM	Welcome Reception - Canyon Patio

Friday, October 17, 2025	
6:00 AM	Breakfast and Exhibits
7:15 AM	Announcements
7:30 AM	<b>Challenges and Solutions in the Era of GLP-1s</b> Sneha Mishra, M.B.B.S.
8:00 AM	<b>Updates in Perioperative Medicine for Primary Care</b> Terrence L. Trentman, M.D.
8:30 AM	<b>Integrated Behavioral Health and Why It Works in Primary Care</b> Claudine J. Egol, M.D.
9:00 AM	Q&A
9:30 AM	Refreshment Break and Exhibits
10:00 AM	<b>Non-Hormonal Treatments for Menopausal Symptoms</b> Talia Sobel, M.D.
10:30 AM	<b>CAR T-Cell Therapy for Primary Care</b> Talal Hilal, M.D.
11:00 AM	<b>Updates in Valley Fever, Diagnosis and Management</b> Abeer M. AlMajali, M.D.
11:30 AM	<b>Hyponatremia – When to Worry?</b> Musab S. Hommos, M.B.B.S.
12:00 PM	Q&A
12:30 PM	Adjourn
12:40 PM – 1:30 PM	<b>Optional: Non-CME Product Theater Lunch</b> <b>Novo Nordisk</b> <i>Location: Dry Creek Canyon</i>

**Saturday, October 18, 2025**

6:00 AM	Breakfast and Exhibits
7:15 AM	Announcements
7:30 AM	<b>Updates in Palliative Medicine for Primary Care</b> Mark K. Edwin, M.D.
8:00 AM	<b>Updates in Pulmonary Medicine</b> Richard A. Helmers, M.D.
8:30 AM	<b>Updates in Parkinson's Disease and Tremor</b> Shannon Y. Chiu, M.D.
9:00 AM	Q&A
9:30 AM	Refreshment Break and Exhibits
10:00 AM	<b>Managing Non-Operative MSK Injuries in Primary Care</b> Callie M. Davies, M.D.
10:30 AM	<b>Beyond Statins: Advanced Lipid Lowering Therapy for Primary Care</b> Regis I. Fernandes, M.D.
11:00 AM	<b>REM Sleep Behavior Disorder</b> Yasemin S. Tashman, M.D.
11:30 AM	<b>Updates in Dementia Treatment and Prevention for Primary Care</b> Bryan K. Woodruff, M.D.
12:00 PM	Q&A
12:30 PM	Adjourn

**Sunday, October 19, 2025**

6:00 AM	Breakfast and Exhibits
7:15 AM	Announcements
7:30 AM	<b>Updates in Drug Allergy Testing for Primary Care</b> Susan A. Kinate, P.A.-C., M.S.
8:00 AM	<b>GLP1 Medications for Cardiovascular Disease</b> Brian W. Hardaway, M.D.
8:30 AM	<b>Spondyloarthropathies for Primary Care</b> Nolan K. Mc Bride, M.D.
9:00 AM	Q&A
9:30 AM	Refreshment Break and Exhibits
10:00 AM	<b>Updates in Hepatitis Management</b> David M.H. Chascsa, M.D.
10:30 AM	<b>Primary Care After Bone Marrow Transplant</b> Udit Yadav, M.B.B.S.
11:00 AM	<b>Artificial Intelligence and Emerging Technologies in Medicine, for Primary Care</b> Kevin C. Ruff, M.D.
11:30 AM	Q&A
12:00 PM	Adjourn