

27th Annual Mayo Clinic Internal Medicine Update

Sedona, AZ

October 30 – November 2, 2025

All Presentations Mountain Standard Time

ACPE UAN number is UAN JA0000238-0000-25-116-L01-P

Thursday, October 30, 2025

6:00 AM	Registration, Breakfast and Exhibits
7:15 AM	Welcome Announcements
7:30 AM	Updates in Hepatitis Management David M.H. Chascsa, M.D.
8:00 AM	Non-Hormonal Treatments for Menopausal Symptoms Talia Sobel, M.D.
8:30 AM	Updates in Drug Allergy Testing for Primary Care Susan A. Kinate, P.A.-C., M.S.
9:00 AM	Q&A Nathan L. Delafield, M.D.
9:30 AM	Refreshment Break and Exhibits
10:00 AM	Managing Non-Operative MSK Injuries in Primary Care Callie M. Davies, M.D.
10:30 AM	Veterans' Medicine in Primary Care Chance J. Moyer, P.A.-C., M.S.
11:00 AM	Updates in Parkinson's Disease and Tremor Shannon Y. Chiu, M.D.
11:30 AM	REM Sleep Behavior Disorder Yasemin S. Tashman, M.D.
12:00 PM	Q&A Nathan L. Delafield, M.D.
12:30 PM	Adjourn
12:40 PM – 1:30 PM	Optional: Non-CME Product Theater Lunch <i>Location: Dry Creek Canyon</i>

5:30 PM	Welcome Reception
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Friday, October 31, 2025	
6:00 AM	Breakfast and Exhibits
7:15 AM	Announcements
7:30 AM	Updates in Pulmonary Medicine Richard A. Helmers, M.D.
8:00 AM	Updates in Valley Fever; Diagnosis and Management Abeer M. AlMajali, M.D.
8:30 AM	Spondyloarthropathies for Primary Care Nolan K. Mc Bride, M.D.
9:00 AM	Q&A Nathan L. Delafield, M.D.
9:30 AM	Refreshment Break and Exhibits
10:00 AM	Primary Care After Bone Marrow Transplant Udit Yadav, M.B.B.S.
10:30 AM	Multi-Cancer Detection (MCD) for Primary Care Steven W. Ressler, M.D.
11:00 AM	Collaborative Practice Agreements in Primary Care Angela N. Coulter, Pharm.D., R.Ph.
11:30 AM	Updates in Anticoagulation for Primary Care- Managing Tough Cases Fadi E. Shamoun, M.D.
12:00 PM	Q&A Nathan L. Delafield, M.D.
12:30 PM	Adjourn
12:40 PM – 1:30 PM	Optional: Non-CME Product Theater Lunch <i>Location: Dry Creek Canyon</i>

Saturday, November 1, 2025	
6:00 AM	Breakfast and Exhibits
7:15 AM	Announcements
7:30 AM	Updates in Addiction Medicine, for Primary Care Shirshendu Sinha, M.B.B.S., M.D.
8:00 AM	Updates in Palliative Medicine for Primary Care Mark K. Edwin, M.D.
8:30 AM	Updates in Dementia Treatment and Prevention for Primary Care Bryan K. Woodruff, M.D.
9:00 AM	Q&A Nathan L. Delafield, M.D.
9:30 AM	Refreshment Break and Exhibits
10:00 AM	Listening Beyond the Stethoscope: Humanities as a Compass for Care and Quality Neera Agrwal, M.D., Ph.D. and Katherine C. Kough
10:30 AM	GLP1 Medications for Cardiovascular Disease Brian W. Hardaway, M.D.
11:00 AM	Challenges and Solutions in the Era of GLP-1s Sneha Mishra, M.B.B.S.
11:30 AM	Hyponatremia – When to Worry? Musab S. Hommos, M.B.B.S.
12:00 PM	Q&A Nathan L. Delafield, M.D.
12:30 PM	Adjourn
12:40 PM – 1:30 PM	Optional: Non-CME Product Theater Lunch <i>Location: Dry Creek Canyon</i>

Sunday, November 2, 2025	
6:00 AM	Breakfast and Exhibits
7:15 AM	Announcements
7:30 AM	Beyond Statins: Advanced Lipid Lowering Therapy for Primary Care Regis I. Fernandes, M.D.
8:00 AM	Integrated Behavioral Health and Why It Works in Primary Care Claudine J. Egol, M.D.
8:30 AM	Artificial Intelligence and Emerging Technologies in Medicine, for Primary Care Kevin C. Ruff, M.D.
9:00 AM	Q&A Nathan L. Delafield, M.D.
9:30 AM	Refreshment Break and Exhibits
10:00 AM	Low T and Who to Treat Nahid Punjani, M.D., M.P.H.
10:30 AM	Updates in Perioperative Medicine for Primary Care Terrence L. Trentman, M.D.
11:00 AM	CAR T-Cell Therapy for Primary Care Talal Hilal, M.D.
11:30 AM	Q&A Nathan L. Delafield, M.D.
12:00 PM	Adjourn