



Mayo Clinic

5th Annual Specialty Updates for the Generalist Team – 2026

Thursday, March 26, 2026

6:30 a.m. **Registration & Breakfast**

7:00 a.m. **Welcome & Introductions**
Jacqueline Squire, MD and William Palmer, MD

SESSION I

7:15 a.m. **Heart Failure Management**
Grace Lin, MD, MBA – Mayo Clinic Florida

7:50 a.m. **Management of Kidney Stones in 2026**
Dane Klett, MD – Mayo Clinic Florida

8:25 a.m. **Listening Across Cultures: A Framework for Cross-Cultural Care and Communication**
Mei-Ean Yeow, BMBS, BM, BCh – Mayo Clinic Rochester

9:00 a.m. **Management of Common Sports Injuries**
Andrea Sharp, MD – Mayo Clinic Florida

9:35 a.m. **Caring for Patients with Bronchiectasis**
Margaret Johnson, MD – Mayo Clinic Florida

10:10 a.m. **EXHIBIT HALL / BREAK WITH SNACKS**

SESSION II

10:40 a.m. **Central Sensitization Syndrome**
Arya Mohabbat, MD – Mayo Clinic Rochester

11:15 a.m. **Microscopic Colitis 101**
Darrell Pardi, MD – Mayo Clinic Rochester

11:50 a.m. **Updates in Alzheimer's Disease**
Christian Lachner, MD – Mayo Clinic Florida

12:25 p.m. **Obesity Pharmacology: Past, Present, and Future**
Maria Danielle Hurtado-Andrade, MD, PhD - Mayo Clinic Florida

1:00 p.m. **Evaluation and Diagnosis of Chronic Dyspnea**
Jan Stepanek, MD, MPH – Mayo Clinic Arizona

1:35 p.m. **ADJOURN**



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Friday, March 27, 2026

6:15 a.m. **Breakfast**

7:00 a.m. **Announcements**
Jacqueline Squire, MD and William Palmer, MD

SESSION III

7:15 a.m. **Acne Across the Lifespan**
Ashley Wentworth, MD – Mayo Clinic Florida

7:50 a.m. **Acute Leukemia in 2026**
James Foran, MD – Mayo Clinic Florida

8:25 a.m. **Update on Personalized Treatments for MASLD/MASH**
Manal Abdelmalek – Mayo Clinic Rochester

9:00 a.m. **Guidelines in Focus: What's New in Internal Medicine**
Aneesha Garrett, MD – Mayo Clinic Florida

9:35 a.m. **Diagnosis and Management of ADHD in Adults**
Frances Levin, MD
Kennedy Leavy Professor of Psychiatry. Chief, Division on Substance Use Disorders
Columbia University Vagelos School of Physicians and Surgeons

10:10 a.m. **EXHIBIT HALL / BREAK WITH SNACKS**

SESSION IV

10:40 a.m. **The Era of Interventional Pulmonology**
David Abia Trujillo, MD, MB – Mayo Clinic Florida

11:15 a.m. **My Patient Needs Radiation Therapy: What Do I Need to Know?**
Karina Nieto, MD, MBA – Mayo Clinic Florida

11:50 a.m. **Sleep, Circadian Rhythms, and Brain Health**
Pablo Castillo, MD

12:25 p.m. **Secondary Immunodeficiency**
Alex Wonnapharhown, MD – Mayo Clinic Arizona

1:00 p.m. **Lifestyle Medicine**
Rebecca Bowie, MD – Mayo Clinic Florida

1:35 p.m. **ADJOURN**



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5th Annual Specialty Updates for the Generalist Team – 2026

Saturday, March 28, 2026

6:30 a.m. **Breakfast**

7:00 a.m. **Announcements**
Jacqueline Squire, MD and William Palmer, MD

SESSION V

7:15 a.m. **Intervention for Blood Clots: When to Call IR**
Gregory Frey, MD – Mayo Clinic Florida

7:50 a.m. **Personalized Medicine Approaches to Diabetes Care**
Jessica Wilson, MD – Mayo Clinic Florida

8:25 a.m. **Evaluation and Treatment of GI Motility Disorders**
Maria Vazquez Roque, MD, MS – Mayo Clinic Florida

9:00 a.m. **Treatment of Perimenopause and Menopause in 2026**
Ekta Kapoor, MBBS – Mayo Clinic Rochester

9:35 a.m. **Pearls on Diagnosis and Management of Lupus**
Vikas Majithia, MBBS, MPH – Mayo Clinic Florida

10:10 a.m. **EXHIBIT HALL / BREAK WITH SNACKS**

SESSION VI

10:40 a.m. **Cerebrovascular Disease: Emerging Diagnostic and Treatment Options**
Tamra Ranasinghe, MBBS – Mayo Clinic Arizona

11:15 a.m. **Updates on Chronic Rhinosinusitis**
Osarenoma Olomu, MD – Mayo Clinic Florida

11:50 a.m. **Management of Back Pain in 2026**
Christy Hunt, DO – Mayo Clinic Florida

12:25 p.m. **Diving and Hyperbaric Medicine**
Klaus Torp, MD – Mayo Clinic Florida

1:00 p.m. **Urticaria and Angioedema**
Jacqueline Squire, MD – Mayo Clinic Florida

1:35 p.m. **ADJOURN**