



## 5th Annual Mayo Clinic Specialty Updates for the Generalist Team 2026

March 26-28, 2026

Kissimmee, FL

Live and Livestream

*All sessions are listed in Eastern Time.*

Thursday, March 26	
6:30 a.m.	Registration & Breakfast
7:00 a.m.	<b>Welcome &amp; Introductions</b> Jacqueline Squire, MD, Aneesah Garrett, MD, and William Palmer, MD
Session I	
7:15 a.m.	<b>Heart Failure Management</b> Grace Lin, MD, MBA – Mayo Clinic Florida
7:50 a.m.	<b>Management of Kidney Stones in 2026</b> Dane Klett, MD – Mayo Clinic Florida
8:25 a.m.	<b>Listening Across Cultures: A Framework for Cross-Cultural Care and Communication</b> Mei-Ean Yeow, BMBS, BM, BCh – Mayo Clinic Rochester
9:00 a.m.	<b>Management of Common Sports Injuries</b> Andrea Sharp, MD – Mayo Clinic Florida
9:35 a.m.	<b>Caring for Patients with Bronchiectasis</b> Margaret Johnson, MD – Mayo Clinic Florida
10:10 a.m.	EXHIBIT HALL / BREAK WITH SNACKS
Session II	
10:40 a.m.	<b>Central Sensitization Syndrome</b> Arya Mohabbat, MD – Mayo Clinic Rochester
11:15 a.m.	<b>Microscopic Colitis 101</b> Darrell Pardi, MD – Mayo Clinic Rochester
11:50 a.m.	<b>Updates in Alzheimer's Disease</b> Christian Lachner, MD – Mayo Clinic Florida
12:25 a.m.	<b>Urticaria and Angioedema</b> Jacqueline Squire, MD – Mayo Clinic Florida
1:00 p.m.	<b>Evaluation and Diagnosis of Chronic Dyspnea</b> Jan Stepanek, MD, MPH – Mayo Clinic Arizona
1:35 p.m.	Adjourn
Friday, March 27	
6:30 a.m.	Breakfast
7:00 a.m.	<b>Announcements</b> Jacqueline Squire, MD, Aneesah Garrett, MD, and William Palmer, MD
Session III	
7:15 a.m.	<b>Acne Across the Lifespan</b> Ashley Wentworth, MD – Mayo Clinic Florida
7:50 a.m.	<b>Acute Leukemia in 2026</b> James Foran, MD – Mayo Clinic Florida
8:25 a.m.	<b>Update on Personalized Treatments for MASLD/MASH</b> Manal Abdelmalek – Mayo Clinic Rochester
9:00 a.m.	<b>Guidelines in Focus: What's New in Internal Medicine</b> Aneesah Garrett, MD – Mayo Clinic Florida
9:35 a.m.	<b>Diagnosis and Management of ADHD in Adults</b> Frances Levin, MD – Columbia University



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<b>10:10a.m.</b>	<b>EXHIBIT HALL / BREAK WITH SNACKS</b>
<b>Session IV</b>	
<b>10:40 a.m.</b>	<b><i>The Era of Interventional Pulmonology</i></b> David Abia Trujillo, MD, MB – Mayo Clinic Florida
<b>11:15 a.m.</b>	<b><i>My Patient Needs Radiation Therapy: What Do I Need to Know?</i></b> Karina Nieto, MD, MBA – Mayo Clinic Florida
<b>11:50 a.m.</b>	<b><i>Sleep, Circadian Rhythms, and Brain Health</i></b> Pablo Castillo, MD
<b>12:25 p.m.</b>	<b><i>Secondary Immunodeficiency</i></b> Alex Wonnarparhown, MD – Mayo Clinic Arizona
<b>1:00 p.m.</b>	<b><i>Lifestyle Medicine</i></b> Rebecca Bowie, MD – Mayo Clinic Florida
<b>1:35 p.m.</b>	<b>Adjourn</b>
<b>Saturday March 28</b>	
<b>6:30 a.m.</b>	<b>Breakfast</b>
<b>7:00 a.m.</b>	<b>Announcements</b> Jacqueline Squire, MD, Aneesah Garrett, MD, and William Palmer, MD
<b>Session V</b>	
<b>7:15 a.m.</b>	<b><i>Intervention for Blood Clots: When to Call IR</i></b> Gregory Frey, MD – Mayo Clinic Florida
<b>7:50 a.m.</b>	<b><i>Personalized Medicine Approaches to Diabetes Care</i></b> Jessica Wilson, MD – Mayo Clinic Florida
<b>8:25 a.m.</b>	<b><i>Evaluation and Treatment of GI Motility Disorders</i></b> Maria Vazquez Roque, MD, MS – Mayo Clinic Florida
<b>9:00 a.m.</b>	<b><i>Treatment of Perimenopause and Menopause in 2026</i></b> Ekta Kapoor, MBBS – Mayo Clinic Rochester
<b>9:35 a.m.</b>	<b><i>Pearls on Diagnosis and Management of Lupus</i></b> Vikas Majithia, MBBS, MPH – Mayo Clinic Florida
<b>10:10 a.m.</b>	<b>EXHIBIT HALL / BREAK WITH SNACKS</b>
<b>Session VI</b>	
<b>10:40 a.m.</b>	<b><i>Cerebrovascular Disease: Emerging Diagnostic and Treatment Options</i></b> Tamra Ranasinghe, MBBS – Mayo Clinic Arizona
<b>11:15 a.m.</b>	<b><i>Updates on Chronic Rhinosinusitis</i></b> Osarenoma Olomu, MD – Mayo Clinic Florida
<b>11:50 a.m.</b>	<b><i>Management of Back Pain in 2026</i></b> Christy Hunt, DO – Mayo Clinic Florida
<b>12:25 p.m.</b>	<b><i>Diving and Hyperbaric Medicine</i></b> Klaus Torp, MD – Mayo Clinic Florida
<b>1:00 p.m.</b>	<b><i>Obesity Pharmacology: Past, Present, and Future</i></b> Maria Danielle Hurtado-Andrade, MD, PhD – Mayo Clinic Florida
<b>1:35 p.m.</b>	<b>Adjourn</b>