

**Mayo Clinic OB/GYN Clinical and Surgical Updates:
Staying Current and Ahead of the Curve 2026
February 5-8, 2026
Live/Livestream**

Course schedule reflects **Hawaii Time** zone.

*All times listed in **Hawaii–Aleutian** Time Zone

| Thursday, February 5, 2026 | |
|--|--|
| 6:00 AM | Registration, Breakfast and Exhibits |
| 7:00 AM | Welcome and Introductions |
| Obstetrics <i>Moderators: Blenda Yun, M.D., Linda M. Szymanski, M.D., Ph.D., Myra J. Wick, M.D., Ph.D.</i> | |
| 7:10 AM | The Pendulum Swings: Late Preterm Antenatal Corticosteroids <i>Blenda Yun, M.D.</i> |
| 7:35 AM | What Does It All Mean and When Should I Be Concerned: Case Studies in Placental Pathology <i>Janelle Santos, M.D.</i> |
| 8:00 AM | Five Can't Miss Diagnoses on Fetal Ultrasound <i>Mauro H. Schenone, M.D.</i> |
| 8:25 AM | Continuous Glucose Monitoring in Pregnancy: Not Just for Type 1 Diabetes Anymore <i>Aoife M. Egan, M.B., B.Ch., Ph.D.</i> |
| 8:50 AM | What a Pain! Treatment of HA in Pregnancy <i>Linda M. Szymanski, M.D., Ph.D.</i> |
| 9:15 AM | Social Determinants of Health in Obstetric Care <i>Rebecca M. Smith, APRN, CNM, Ph.D.</i> |
| 9:40 AM | Rapid Fire Update: What is sFLT:PLGF and How Should We Use It <i>Janelle Santos, M.D.</i> |
| 9:55 AM | Refreshment Break |
| SESSION II <i>Moderators: Blenda Yun, M.D., Linda M. Szymanski, M.D., Ph.D., Myra J. Wick, M.D., Ph.D.</i> | |
| 10:15 AM | Keynote Speaker: Fetal Surgery: High Yield Cases to Optimize Outcomes for your Patients <i>Mauro H. Schenone, M.D.</i> |
| 10:55 AM | Second Degree Laceration <i>Annetta M. Madsen, M.D.</i> |
| 11:20 AM | OB Cardiology <i>Katie A. Young, M.D.</i> |
| 11:45 AM | Rapid Fire Update: Optimizing Iron Deficiency in Pregnancy <i>Myra J. Wick, M.D., Ph.D.</i> |
| 12:00 PM | Adjourn General Session |
| 12:00 PM | Optional ECO Workshop Lunch & Registration (Lunch for Workshop Attendees) |
| 12:30 – 4:30 PM | ECO Workshop (Optional, In-person only, Additional Fee to Attend) <i>Enid Y. Rivera-Chiauzzi, M.D., Jason J. DeWitt, M.D., Janelle Santos, M.D. Rebecca M. Smith, APRN, CNM, Ph.D., Linda M. Szymanski, M.D., Ph.D.</i> |

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| Friday, February 6, 2026 | |
|---|--|
| 6:00 AM | Breakfast and Exhibits |
| 7:00 AM | Announcements |
| Hormones/Menopause/Office Gynecology <i>Moderators: Anita H. Chen, M.D., Megan C. Cheney, M.D., M.P.H., Jenna N. Wygant, APRN, C.N.P., D.N.P.</i> | |
| 7:10 AM | The Heat is On: Hormonal and Non-Hormonal Strategies for Menopause Relief <i>Juliana (Jewel) Kling, MD MPH MSCP MACP IF</i> |
| 7:35 AM | GSM and Cancer Survivors: Where Safety Meets Quality of Life <i>Anita H. Chen, M.D.</i> |
| 8:00 AM | Pelvic Exams in Modern Practice: Necessary, Optional, or Obsolete? <i>Matthew W. Robertson III, M.D.</i> |
| 8:25 AM | The Cost of Cutting Early: Long-Term Impacts of Young Hysterectomy <i>Shannon K. Laughlin-Tommaso, M.D.</i> |
| 8:50 AM | Moody and Misunderstood: Demystifying PMDD <i>Jenna N. Wygant, APRN, C.N.P., D.N.P., Katherine M. Moore, M.D.</i> |
| 9:15 AM | Natural Remedies for GYN Conditions - An Integrative Medicine Approach <i>Denise M. Millstine, M.D.</i> |
| 9:40 AM | Rapid Fire Update: How Thick is too Thick: Update on Endometrial Stripe <i>Megan C. Cheney, M.D., M.P.H.</i> |
| 9:55 AM | Refreshment Break |
| SESSION IV <i>Moderators: D.N.P., Anita H. Chen, M.D., Megan C. Cheney, M.D., M.P.H., Jenna N. Wygant, APRN, C.N.P.</i> | |
| 10:15 AM | Keynote: The Overlap Trap: When Pelvic Pain, IBS, and Sensitization Collide <i>Aakriti R. Carrubba, M.D., Stephen M. Covington, D.O., Tisha N. Lunsford, M.D.</i> |
| 10:55 AM | Beyond Tolerable: Advancing Pain Management in GYN Office Procedures <i>Jennifer R. Sveen, APRN, C.N.P., M.S.N.</i> |
| 11:20 AM | Rapid Fire Update: Point of Relief: Targeted Injections in Gynecology <i>Stephen M. Covington, D.O.</i> |
| 11:35 AM | Wellness Talk <i>Keith W. Jones, M.A.</i> |
| 12:00 PM | Adjourn General Session |
| 12:00 PM | Optional Lap Workshop Lunch & Registration (Lunch for Workshop Attendees) |
| 12:15 - 2:15 PM | Lap Suturing Workshop (Optional, In-person only, Additional Fee to Attend) <i>Aakriti R. Carrubba, M.D., Jamal Mourad, D.O., Riley J. Young, M.D.</i> |

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| Saturday, February 7, 2026 | |
|---|---|
| 6:00 AM | Breakfast and Exhibits |
| 7:00 AM | Announcements |
| REI/MIGS | |
| <i>Moderators: Aakriti R. Carrubba, M.D., Chandra C. Paff Shenoy, M.D., Johnny Yi, M.D.</i> | |
| 7:10 AM | The "F" Word: Myomectomy in Perimenopause - Uterine Preserving Just Because <i>Jamal Mourad, D.O.</i> |
| 7:35 AM | Tips and Tricks for Excision of Big Uterus Via MIS <i>Riley J. Young, M.D.</i> |
| 8:00 AM | Fibroids and Fertility - Updates in Treatment Before Pregnancy <i>Michael F. Neblett II, M.D.</i> |
| 8:25 AM | Recurrent Pregnancy Loss Guidelines ASRM - Workup <i>Chandra C. Paff Shenoy, M.D.</i> |
| 8:50 AM | New Approaches to PCOS - New Guidelines, AMH, GLP1 <i>Nicole K. Callahan, APRN, C.N.P., M.S.</i> |
| 9:15 AM | Fertility at the Extremes of Reproductive Age - Include Egg Freezing <i>Chandra C. Paff Shenoy, M.D.</i> |
| 9:40 AM | Rapid Fire Update: "Let Me In": Tips & Tricks for Anterior Entry during Vaginal Hysterectomy/vNOTES <i>Anita H. Chen, M.D.</i> |
| 9:55 AM | Refreshment Break |
| SESSION VI | |
| <i>Moderators: Aakriti R. Carrubba, M.D., Chandra C. Paff Shenoy, M.D., Johnny Yi, M.D.</i> | |
| 10:15 AM | Debate: Approach to Complex Benign Gyn Conditions: REI vs. MIGS vs. Onc Approach - Case Based <i>Zaraq Khan, M.B.B.S., Matthew W. Robertson III, M.D., Aakriti R. Carrubba, M.D.</i> |
| 10:55 AM | Uterine Isthmocoele/C Section Ectopic Diagnosis and Management <i>Jamal Mourad, D.O.</i> |
| 11:20 AM | Balancing Patient Advocacy versus Evidence-Based Treatment for Endometriosis <i>Aakriti R. Carrubba, M.D.</i> |
| 11:45 AM | Rapid Fire Update: "Lift Me Up" – Tips & Tricks for Apical Suspension <i>Johnny Yi, M.D.</i> |
| 12:00 PM | Adjourn General Session |
| 12:00 PM | Optional V-Notes Workshop Lunch and Registration (Lunch for Workshop Attendees) |
| 12:15 – 2:15 PM | vNOTES Workshop: Hysterectomy and Adnexectomy (Optional, In-person only, Additional Fee to Attend) <i>Anita H. Chen, M.D., Johnny Yi, M.D., Jamal Mourad, D.O.</i> |

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| Sunday, February 8, 2026 | |
|--|---|
| 6:00 AM | Breakfast and Exhibits |
| 7:00 AM | Announcements |
| Gynecology Surgery <i>Moderators: Tri A. Dinh, M.D., Carrie L. Langstraat, M.D., Annetta M. Madsen, M.D.</i> | |
| 7:10 AM | Surgical Management of Adnexal Masses-ORADs... <i>Carrie L. Langstraat, M.D.</i> |
| 7:35 AM | Reducing the Risk of Ovarian Cancer One Patient at a Time: Role of Opportunistic Salpingectomy at the time of Non-Gynecologic Surgery <i>Amanika Kumar, M.D.</i> |
| 8:00 AM | Transgender Vaginal Reconstruction Techniques <i>Tue A. Dinh, M.D. (Guest Faculty)</i> |
| 8:25 AM | Excise, Ablate, or Observe: Approach to Vulvar Lesions in Adults <i>Kelly H. Bruce, M.D., M.S.</i> |
| 8:50 AM | Playing it Safe: Avoiding and Managing Intraoperative Complications <i>Paul M. Magtibay, M.D.</i> |
| 9:15 AM | ERAS and Opioid-Sparing Pain Management Strategies after Surgery <i>Annetta M. Madsen, M.D.</i> |
| 9:40 AM | Rapid Fire Update: Optimizing Wound Outcomes in Gynecologic Surgery <i>Tue A. Dinh, M.D. (Guest Faculty)</i> |
| 9:55 AM | Refreshment Break |
| SESSION VIII <i>Moderators: Tri A. Dinh, M.D., Carrie L. Langstraat, M.D., Annetta M. Madsen, M.D.</i> | |
| 10:15 AM | Keynote: Work Related Neuromuscular Injuries: How to Successfully Pivot in your Career <i>Dobie L. Giles, M.D., M.B.A. (Guest Faculty)</i> |
| 10:55 AM | Surgical Ergonomics <i>Riley J. Young, M.D.</i> |
| 11:20 AM | Care Pathways to Minimally Invasive Treatment of Overactive Bladder <i>Brian J. Linder, M.D.</i> |
| 11:45 AM | Rapid Fire Update: Evolution in Treatment of Early Cervical Cancer: Less is Likely More <i>Tri A. Dinh, M.D.</i> |
| 12:00 PM | Course Adjourns |

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