



12th Annual Mayo Clinic Rheumatology Review For Primary Care 2026

May 7 – May 9, 2026

JW Marriott Orlando Bonnet Creek Resort & Spa, Orlando, FL

Live and Livestream

All sessions are listed in Central Standard Time

Thursday, May 7	
7:00 AM	Registration – Breakfast – Exhibits - Abstracts
7:45 AM	Welcome & Introduction Announcements Kimberly Parikh, APRN, D.N.P., Benjamin Wang, M.D. and Ronald R. Butendieck, M.D.
8:00AM	Approach to the Rheumatic Patient Benjamin Wang, M.D. - Mayo Clinic Jacksonville
8:30 AM	Rheumatologic Laboratory Testing Nolan K. Mc Bride, M.D. – Mayo Clinic Scottsdale
9:00 AM	Osteoarthritis Ashima Makol M.B.B.S. - Mayo Clinic Rochester
9:30 AM	Q & A Panel Moderator: Kimberly Parikh, APRN Panel: Nolan K. Mc Bride, M.D., Benjamin Wang, M.D., Ashima Makol M.B.B.S..
9:45 AM	Break – Exhibits - Abstracts
10:15 AM	Rheumatoid Arthritis, Diagnostic Approach Fawad Aslam, M.B.B.S., M.S. – Mayo Clinic Scottsdale
10:45 AM	Rheumatoid Arthritis, Treatment Approach Elena Myasoedova M.D., Ph.D. - Mayo Clinic Rochester
11:15 AM	Vasculitis, General Concepts Kenneth J. Warrington, M.D. - Mayo Clinic Rochester
11:45 AM	Q & A Panel Moderator: Benjamin Wang, M. D Panel: Fawad Aslam, M.B.B.S., M.S., Elena Myasoedova M.D., Ph.D., Kenneth J. Warrington, M.D.
12:00 PM	Break – Exhibits - Abstracts
12:15 PM	Industry Sponsored Lunch - Non-CME Educational Session - (In-Person Only)
1:00 PM	Spondyloarthropathy Vikas Majithia, M.D. – Mayo Clinic Jacksonville
1:30 PM	Infectious Disease Mimics of Rheumatic Disease Julio C. Mendez, M.D. – Mayo Clinic Jacksonville
2:00 PM	Q & A Panel Moderator: Ronald R. Butendieck, M.D. Vikas Majithia, M.D., Julio C. Mendez, M.D.



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2:15 PM	MSK Exam Breakout Session <i>Benjamin Wang, M. D. - Mayo Clinic Jacksonville</i>
2:45 PM	Adjourn
Friday, September 18	
7:00 AM	Registration – Breakfast – Exhibits - Abstracts
	Welcome & Introduction Announcements <i>Kimberly Parikh, APRN, D.N.P., Benjamin Wang, M.D. and Ronald R. Butendieck, M.D.</i>
7:45 AM	
	Dermatologic Manifestations of Rheumatologic Disease <i>Jason C. Sluzevich, M.D. - Mayo Clinic Jacksonville</i>
8:00 AM	
	Cardiovascular Aspects of Rheumatic Diseases <i>Pragnesh Parikh M.D. - Mayo Clinic Jacksonville</i>
8:30 AM	
	Pulmonary Manifestations of Rheumatic Disease <i>Augustine Lee, M.D. - Mayo Clinic Jacksonville</i>
9:00 AM	
	Q & A Panel <i>Moderator: Kimberly Parikh, APRN</i> <i>Panel: Jason C. Sluzevich, M.D., Pragnesh Parikh M.D., Augustine Lee, M.D.</i>
9:30 AM	
9:45 AM	Break - Exhibits - Abstracts
	Polymyalgia Rheumatica <i>Megan Sullivan M.D. - Mayo Clinic Scottsdale</i>
10:15 AM	
	Fibromyalgia <i>Anushka Irani, B.M., B.Ch., Ph.D. – Mayo Clinic Jacksonville</i>
10:45 AM	
	Gout: Acute and Chronic Management Strategies <i>Ronald R. Butendieck, M.D. - Mayo Clinic Jacksonville</i>
11:15 AM	
	Q & A Panel <i>Moderator: Benjamin Wang, M. D.</i> <i>Panel: Megan Sullivan M.D., Anushka Irani, B.M., B.Ch., Ph.D., Ronald R. Butendieck, M.D.</i>
11:45 AM	
12:00 PM	Break - Exhibits - Abstracts
12:15 PM	Industry Sponsored Lunch - Non-CME Educational Session - (In-Person Only)



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1:00 PM	Systemic Lupus <i>Uma Thanarajasingam, M.D. – Mayo Clinic Rochester</i>
1:30 PM	Pregnancy and Autoimmune Disease <i>Kimberly Parikh, APRN, D.N.P. - Mayo Clinic Jacksonville</i>
2:00 PM	Q & A Panel <i>Moderator: Ronald R. Butendieck, M.D.</i> <i>Panel: Uma Thanarajasingam, M.D., Kimberly Parikh, APRN, D.N.P.</i>
2:15 PM	Case Discussion on Today's Topics <i>Luis A. Penaranda Bolano, M.D. - Mayo Clinic Jacksonville</i> <i>Claire E. Wilson, M.D. - Mayo Clinic Jacksonville</i>
2:30 PM	Back Pain Breakout Session <i>Thomas D. Rizzo, M.D. - Mayo Clinic Rochester</i>
3:00 PM	Adjourn
Saturday, September 19	
7:00 AM	Registration – Breakfast – Exhibits - Abstracts
7:45 AM	Welcome & Introduction Announcements <i>Kimberly Parikh, APRN, D.N.P., Benjamin Wang, M.D. and Ronald R. Butendieck, M.D.</i>
8:00 AM	Common Office Musculoskeletal Complaints <i>Daniel P. Montero, M.D. - Mayo Clinic Jacksonville</i>
8:30 AM	Sarcoidosis <i>Benjamin Wang, M.D. - Mayo Clinic Jacksonville</i>
9:00 AM	Inflammatory Myopathies <i>Florentina Berianu, M.D. - Mayo Clinic Jacksonville</i>
9:30 AM	Q & A Panel <i>Moderator: Kimberly Parikh, APRN, D.N.P.</i> <i>Panel: Daniel P. Montero, M.D., Benjamin Wang, M.D., Florentina Berianu, M.D.</i>
10:00 AM	Break - Exhibits - Abstracts
10:15 AM	Scleroderma <i>Vivek Nagaraja, M.D., M.B.B.S. - Mayo Clinic Scottsdale</i>



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10:45 AM	<i>Raynaud's Phenomenon: Primary vs. Secondary</i> <i>Florentina Berianu, M.D. - Mayo Clinic Jacksonville</i>
11:15 AM	<i>Osteoporosis Treatment</i> <i>Gigi Abate M.D. - Mayo Clinic Jacksonville</i>
11:45 AM	<i>Q & A Panel</i> <i>Moderator: Benjamin Wang, M. D.</i> <i>Panel: Vivek Nagaraja, M.D., M.B.B.S., Florentina Berianu, M.D., Gigi Abate M.D.</i>
12:15 PM	<i>Final Announcements/Adjourn</i>