

**2026 Advancements in Surgical & Medical Management of the Spine**  
**Hyatt Regency Maui**  
**February 22-26, 2026**  
**Hawaii Time**

<b>Sunday, February 22, 2026 – INTRO AND OPTIMIZATION DAY</b>	
3:15 p.m.	<b>Registration, Exhibit &amp; Refreshments</b> Grand Ballroom Foyer
4:00 p.m.	<b>Introduction to the Course</b> <i>Brett A. Freedman, M.D., Arjun S. Sebastian, M.D., Jane Konidis, M.D., Toure Barksdale, M.D.</i>
4:20 p.m.	<b>Osteoporosis: A Primer for the Spine Provider (Diagnosis (More than DXA), Treatment and FLS)</b> <i>Matthew T. Drake, M.D., Ph.D.</i>
4:40 p.m.	<b>BHO and Anabolics: Impact on Spinal Fusion Outcomes</b> <i>Matthew T. Drake, M.D., Ph.D.</i>
5:00 p.m.	<b>Managing Obesity in Patients with Painful Spinal Disease?</b> <i>Kurt A. Kennel, M.D.</i>
5:20 p.m.	<b>GLP-1's – Reality, Magic and Myths</b> <i>Kurt A. Kennel, M.D.</i>
5:40 p.m.	<b>Bodybuilding/Weightlifting for Back Pain in Pregnancy</b> <i>Jane Konidis, M.D.</i>
6:00 p.m.	<b>Expecting the Unexpected; Preparing for low Frequency/High Intensity Situations</b> <i>Matthew H. Lindsey, M.D.</i>
6:20 p.m.	<b>Q &amp; A</b> <i>Brett A. Freedman M.D.</i>
6:40 p.m.	<b>Wrap-up</b> <i>Brett A. Freedman, M.D., Arjun S. Sebastian, M.D., Jane Konidis, M.D., Toure Barksdale, M.D.</i>
7:00 p.m.	<b>Adjourn</b>

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<b>Monday, February 23, 2026 – TRAUMA DAY</b>	
5:30 a.m.	<b>BREAKFAST</b>
	<b>Roundtable Discussions</b>
6:00 a.m.	6:00 a.m. <b>TL Fracture Case - Case Presentation</b> <i>Mel D. Helgeson, M.D.</i>
	6:15 a.m. <b>CSP Fracture Case</b> <i>Anthony L. Mikula, M.D.</i>
6:30 a.m.	<b>BREAK</b>
6:40 a.m.	<b>Surgical Strategies in Elderly Trauma</b> <i>Christopher Kepler, M.D., MBA</i>
<b>CSP Trauma I</b>	
<i>Moderator: Benjamin Mueller, M.D., Ph.D., Christopher Kepler, M.D., MBA</i>	
7:00 a.m.	<b>Medical Management of Whiplash</b> <i>Randy A. Shelerud, M.D.</i>
7:20 a.m.	<b>Management of Trauma Instability</b> <i>Ahmad Nassr, M.D.</i>
7:40 a.m.	<b>Management of Odontoid Fractures in the Elderly</b> <i>Steven J. Girdler, M.D.</i>
8:00 a.m.	<b>Classification of CSP Trauma - Keynote</b> <i>Christopher Kepler, M.D., MBA</i>
8:20 a.m.	<b>Q &amp; A</b> <i>Benjamin Mueller, M.D., Ph.D.</i>
8:35 a.m.	<b>BREAK</b>
<b>CSP Trauma II</b>	
<i>Moderator: Christopher Kepler, M.D., MBA</i>	
8:40 a.m.	<b>Occipital-Cervical Fusion - A Tutorial for All Indications</b> <i>Michael Martini, M.D., Ph.D.</i>
9:00 a.m.	<b>Updates and Recent Developments Related to Spinal Cord Injury Treatment</b> <i>Ronald K. Reeves, M.D.</i>
9:20 a.m.	<b>Cervicothoracic Trauma Cases and Discussion</b> <i>Benjamin D. Elder, M.D., Ph.D.</i>
9:40 a.m.	<b>Q &amp; A</b> <i>Christopher Kepler, M.D., MBA</i>
<b>LSP Trauma</b>	
<i>Moderator: Brett A. Freedman, M.D.</i>	
10:00 a.m.	<b>Classification of Thoracolumbar Spine Trauma</b> <i>Brett A. Freedman, M.D.</i>
10:20 a.m.	<b>Nonoperative Management of Lumbar Burst Fractures</b> <i>Scott C. Wagner, M.D.</i>
10:40 a.m.	<b>A Systematic Approach to Surgical Treatment of Thoracolumbar Fractures</b> <i>Sandra L. Hobson, M.D.</i>

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11:00 a.m.	<b>Managing Trauma Consults and Follow-up - The Role of the APP</b> <i>Gregory A. Taylor, APRN, C.N.P., M.S.N.</i>
11:20 a.m.	<b>Managing Fractures of the Ankylosis Spine and Senile Burst Fractures – What we see on call</b> <i>Bryan K. Lawson, M.D.</i>
11:40 a.m.	<b>Q &amp; A</b> <i>Christopher Kepler, M.D., MBA</i>
12:00 p.m.	<b>Summary and Adjourn</b>
12:15 p.m.	<b>Adjourn</b>

12:45 p.m.	<b>Product Theater Lunch (Non-CME)</b> Medtronic Maui Suite 3
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<b>Tuesday, February 24, 2026 – BONE DISEASE AND PAIN MANAGEMENT DAY</b>	
5:30 a.m.	<b>BREAKFAST</b>
6:00 a.m.	<b>Round Table Discussions</b>  6:00 a.m. <b>Discitis, Vertebral Osteomyelitis and Epidural Abscess – The Spinal Infection Continuum</b> <i>Douglas R. Osmon, M.D.</i>
6:20 a.m.	<b>Intradural Spine Tumors</b> <i>Anthony L. Mikula, M.D.</i>
6:40 a.m.	<b>BREAK</b>
<b>Bone Disease</b>	
<i>Moderator: Steven I. Robinson, M.B.B.S.</i>	
6:50 a.m.	<b>Medical Oncologic Treatment of Spinal Malignancies and Outcomes</b> <i>Steven I. Robinson, M.B.B.S.</i>
7:10 a.m.	<b>Radiation Therapy Role in Metastatic Disease of the Spine</b> <i>Kenneth R. Olivier, M.D.</i>
7:30 a.m.	<b>Proton Beam Therapy – How Has it Changed the Treatment of Spinal Tumors?</b> <i>Kenneth R. Olivier, M.D.</i>
7:50 a.m.	<b>Metastatic Spine Disease – SINS and Beyond – A Surgeons Perspective</b> <i>Peter S. Rose, M.D.</i>
8:10 a.m.	<b>Point of Care Manufacturing: The Combination of Surgery, Radiology, Engineering and Manufacturing</b> <i>Jonathan M. Morris, M.D.</i>
8:30 a.m.	<b>Patient Specific Solutions in Spine Surgery – 3D Printing, Virtual Surgical Planning and AR/VR</b> <i>Jonathan M. Morris, M.D.</i>
8:50 a.m.	<b>Q &amp; A</b> <i>Steven I. Robinson, M.B.B.S.</i>
<b>The Future of Procedural Pain Treatment for Chronic Lower Back Pain</b>	
<i>Moderator: Matthew J. Pingree, M.D.</i>	
9:10 a.m.	<b>Palliative Spinal Ablation Therapies</b> <i>Mark B. Hurdle, M.D.</i>
9:50 a.m.	<b>Recent Updates in Spinal Cord Stimulator Therapy</b> <i>Jason P. Dauffenbach, D.O.</i>
10:10 a.m.	<b>ReActive Muscle Stimulation</b> <i>Matthew J. Pingree, M.D.</i>
10:30 a.m.	<b>Q &amp; A</b> <i>Matthew J. Pingree, M.D.</i>
10:40 a.m.	<b>BREAK</b>
<b>New Pain Procedures</b>	
<i>Moderator: Mark B. Hurdle, M.D.</i>	
10:50 a.m.	<b>Buttock Pain – What is the Source – A Guide to Diagnosis</b> <i>Min Yoo, M.D.</i>
11:10 a.m.	<b>Cluneal Nerve Stimulation for Chronic Back/Buttock Pain</b>

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	<i>Matthew J. Pingree, M.D.</i>
11:30 a.m.	<b>Basivertebral Ablation (Intracept) – What is the Science and Outcomes</b> <i>Michael J. Derr, D.O.</i>
11:50 a.m.	<b>Focused Ultrasound Ablation of Facet Joints</b> <i>Christin A Tiegs-Heiden, M.D.</i>
12:10 p.m.	<b>Low Dose Radiation Therapy for OA of the Spine</b> <i>Yasamin Sharifzaden-Moghaddam, M.D.</i>
12:40 a.m.	<b>Q &amp; A</b> <i>Mark B. Hurdle, M.D.</i>
1:00 p.m.	<b>Adjourn</b>

1:30 p.m.	<b>Product Theater Lunch (Non-CME)</b> Amgen Maui Suite 3
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**2026 Advancements in Surgical & Medical Management of the Spine**  
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<b>Wednesday, February 25, 2026 – DEGEN DAY</b>	
5:30 a.m.	<b>BREAKFAST</b>
6:00 a.m.	Breakfast Roundtable Discussions  6:00 a.m. <b>Asymptomatic Cervical Stenosis Case Presentation and Round Table</b> <i>Hannah A. Levy, M.D.</i>  6:20 a.m. <b>Cervical Myelopathy – When to Operate?</b> <i>Steven J. Girdler, M.D.</i>
6:30 a.m.	<b>BREAK</b>
<b>CSP Stenosis</b>	
<i>Moderator: Randy A. Shelerud, M.D.</i>	
6:40 a.m.	<b>Epidural Injections for Cervical Radiculopathy</b> <i>John A. Freeman, D.O.</i>
7:20 a.m.	<b>Cervical Spinal Stenosis – When to Leave it Alone</b> <i>Gokul Arumaithurai, M.D., M.B.A.</i>
7:40 a.m.	<b>Differential Diagnosis of Cervical Stenosis</b> <i>Jennifer I. Stern, M.D.</i>
8:00 a.m.	<b>Anterior vs. Posterior Approach for Cervical Radiculopathy</b> <i>Bayard C. Carlson, M.D.</i>
8:20 a.m.	<b>Anterior Cervical Nonunion: Avoidance, Treatment, Long Term</b> <i>Ben Mueller, M.D.</i>
8:40 a.m.	<b>Q &amp; A</b> <i>Randy A. Shelerud, M.D.</i>
<b>LSP Degenerative I</b>	
<i>Moderator: Jane Konidis, M.D.</i>	
9:00 a.m.	<b>Differential Diagnosis of Lumbar Spinal Stenosis</b> <i>Randy A. Shelerud, M.D.</i>
9:20 a.m.	<b>Degenerative Spine Imaging</b> <i>Felix E. Diehn, M.D.</i>
9:40 a.m.	<b>Back to Work in Patients with Lumbar Stenosis</b> <i>Laura E. Breeher M.D., M.S., M.P.H.</i>
10:00 a.m.	<b>Update on Adolescent Idiopathic Scoliosis Care</b> <i>A. Noelle Larson, M.D.</i>
10:20 a.m.	<b>Q &amp; A</b> <i>Jane Konidis, M.D.</i>
10:30 a.m.	<b>BREAK</b>
<b>LSP Degenerative II</b>	
<i>Moderator: Anthony L. Mikula, M.D.</i>	
10:40 a.m.	<b>Lumbar Spinal Stenosis: Decompression vs. Fusion</b> <i>Arjun S. Sebastian, M.D.</i>

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11:00 a.m.	<b>Spinal Endoscopy from MBT to Discectomy What Does the Literature Show</b> <i>Mel D. Helgeson, M.D.</i>
11:20 a.m.	<b>Degenerative Spondylolisthesis - Operative Management</b> <i>Bryan K. Lawson, M.D.</i>
11:40 a.m.	<b>Adult Spinal Deformity Treatment</b> <i>Anthony L. Mikula, M.D.</i>
12:00 p.m.	<b>Q &amp; A</b> <i>Anthony L. Mikula, M.D.</i>
12:20 p.m.	<b>Adjourn</b>

12:50 p.m.	<b>Product Theater Lunch (Non-CME)</b> Depuy Synthes Spine Maui Suite 3
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<b>Thursday, February 26, 2026</b>	
5:30 a.m.	BREAKFAST
6:00 a.m.	Roundtable Discussions  6:00 a.m. <b>SI Joint Case Presentation and Round Table</b> <i>William W. Cross III, M.D.</i>
6:30 a.m.	6:20 a.m. <b>SI Joint Examination</b> <i>William W. Cross III, M.D.</i>
6:30 a.m.	BREAK
<b>Acute Nonoperative Care of Spinal Disease</b>	
<i>Moderator: Kevin G. Hardesty, D.C.</i>	
6:40 a.m.	<b>Chiropractic Assessment and Treatments: Overview</b> <i>Kevin G. Hardesty, D.C.</i>
7:00 a.m.	<b>Lumbar Spinal Stenosis</b> <i>Kevin G. Hardesty, D.C.</i>
7:20 a.m.	<b>Urgent Care Assessment for Acute Disc Disease</b> <i>Toure Barksdale, M.D.</i>
7:40 a.m.	<b>Acute and Disabling LBP: Critical Counselling Opportunities</b> <i>Randy A. Shelerud, M.D.</i>
8:00 a.m.	<b>Lifestyle Medicine</b> <i>Amy E. Rabatin, M.D.</i>
8:20 a.m.	<b>Pain Rehabilitation Center: Appropriate patients, and program Details/Outcomes</b> <i>Matt E. Schumann, Ph.D., L.P.</i>
8:40 a.m.	<b>Q &amp; A</b> <i>Kevin G. Hardesty, M.D.</i>
9:00 a.m.	BREAK
<b>Optimizing Spinal Surgery</b>	
<i>Moderator: Melissa M. Erickson, M.D.</i>	
9:20 a.m.	<b>EMG and Intraoperative Neuromonitoring for Spine Surgery</b> <i>Ernest (Matt) M. Hoffman, D. O., Ph.D.</i>
9:40 a.m.	<b>Optimal OR Management for Spine Surgery</b> <i>Christopher M. Duncan, M.D.</i>
10:00 a.m.	<b>ERAS Protocols – What Works and What Can We Do Better?</b> <i>Tom M. Stewart, M.D.</i>
10:20 a.m.	<b>MIS Spine Surgery - UPDATE - Tubes to Robots</b> <i>Melissa M. Erickson, M.D.</i>
10:40 a.m.	<b>Percutaneous Fixation Options - When, How and Why</b> <i>Bayard C. Carlson, M.D.</i>
11:00 a.m.	<b>Bone Biologics - When, How and Why</b> <i>Melissa M. Erickson, M.D.</i>
11:20 a.m.	<b>Q &amp; A</b>

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	<i>Arjun S. Sebastian, M.D.</i>
11:40 a.m.	<b>Closing Summary</b>
11:50 a.m.	<b>Adjourn</b>