

Transforming Women's Health
June 11-13, 2026
Westin Chicago River North

General Session

Thursday, June 11, 2026

Times listed are Central time zone

11:00 am – 12:00 pm	Registration 11:45 am Livestream begins
12:00 pm – 12:15 pm	Welcome Juliana (Jewel) M. Kling, MD, MPH, MSCP; Ekta Kapoor, MBBS, MSCP, & Taryn Smith, MD, MSCP
ENDOCRINOLOGY TOPICS	
12:15 pm – 12:45 pm	Osteoporosis Aditi Kumar, MD
12:45 pm – 12:55 pm	Q&A
12:55 pm – 1:25 pm	Diabetes Update in Woman Shon Meek, MD, PhD
1:25 pm – 1:35 pm	Q&A
1:35 pm – 2:05 pm	Hypoactive Sexual Desire Disorder (HSDD): An Approach to Treatment Jewel Kling, MD, MPH
2:05 pm – 2:15 pm	Q&A
2:15 pm – 2:30 pm	Light Refreshment Break
PAIN DOWN BELOW TOPICS	
2:30 pm – 3:00 pm	Constipation, Diarrhea Oh My! IBS and Beyond Rosie Frazier, MD
3:00 pm – 3:10 pm	Q&A
3:10 pm – 3:40 pm	From Recurrent UTI Symptoms to Voiding Dysfunction: Identifying Pelvic Floor Driven Bladder Pain Anita Chen, MD
3:40 pm – 3:50 pm	Q&A
3:50 pm – 4:20 pm	Pelvic Pain (pelvic floor hypertonicity, endometriosis, and more) Isabel Green, MD, MHPE
4:20 pm – 4:30 pm	Q&A
4:30 pm	Adjourn

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Friday, June 12, 2026

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6:30 am – 7:00 am	Light Breakfast 6:45 am Livestream begins
7:00 am – 7:05 am	Welcome Juliana (Jewel) M. Kling, MD, MPH, MSCP; Ekta Kapoor, MBBS, MSCP, & Taryn Smith, MD, MSCP
MENOPAUSE AND HORMONE THERAPY	
7:05 am – 7:35 am	Perimenopause – What to Expect and How to Manage Makeba Williams, MD
7:35 am - 7:45 am	Q&A
7:45 am – 8:15 am	Hormone Therapy: Prescribing Nuts and Bolts Taryn Smith, MD
8:15 am – 8:25 am	Q&A
8:25 am – 8:55 am	Hormone Therapy Use and Medical Conditions: Yes, No or Maybe? Stephanie Faubion, MD, MBA
8:55 am – 9:05 am	Q&A
9:05 am – 9:35 am	Nonhormone Treatments for Menopause: Medications and Beyond Including CAM Therapies Denise Millstine, MD
9:35 am – 9:45 am	Q&A
9:45 am – 10:00 am	Light Refreshment Break
10:00 am – 10:30 am	Early Loss of Estrogen Chrisandra Shufelt, MD
10:30 am – 10:40 am	Q&A
10:40 am – 11:25 am	Menopause Panel: Include cases & audience Q&A Juliana (Jewel) M. Kling, MD, MPH, MSCP (moderator); Monica Christmas, MD; Chrisandra Shufelt, MD, MSCP, FACP; Taryn Smith, MD, MSCP; & Makeba Williams, MD

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POTPOURRI TOPICS I	
11:25 am – 11:55 am 11:55 am – 12:05 pm	GLP-1 Therapies in Women: Indications Beyond Diabetes Meera Shah, Q&A
12:05 pm - 12:35 pm	Pick up lunches
12:35 pm – 1:05 pm 1:05 pm – 1:15 pm	Lunch talk: Sexual Function and Cancer Monica Christmas, MD Q&A
PREVENTIVE MEDICINE	
1:15 pm - 1:45 pm 1:45 pm - 1:55 pm	Cardiovascular Disease Prevention in Women Demi Adedinsewo, MB, ChB Q&A
1:55 pm- 2:25 pm 2:25 pm- 2:35 pm	Immunizations for Women Gregory Poland, MD Q&A
2:35 pm – 3:05 pm 3:05 pm – 3:15 pm	The Power of Healthy Lifestyle in Prevention Donald Hensrud, MD, MPH Q&A
3:15 pm	Adjourn

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Saturday, June 13, 2026

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6:30 am – 7:00 am	Light Breakfast 6:45 am Livestream begins
7:00 am – 7:05 am	Welcome Juliana (Jewel) M. Kling, MD, MPH, MSCP; Ekta Kapoor, MBBS, MSCP, & Taryn Smith, MD, MSCP
POTPOURRI TOPICS II	
7:05 am – 7:35 am	Preventative Screenings for Transgender and Non-Binary People Caroline Davidge Pitts, MB, BCh
7:35 am – 7:45 am	Q&A
7:45 am – 8:15 am	Hormonally Mediated Mood Changes Throughout the Lifespan Eric Noble, MD, MPH
8:15 am – 8:25 am	Q&A
DERMATOLOGY	
8:25 am – 8:55 am	Vular dermatoses Leah Swanson, MD
8:55 am – 9:05 am	Q&A
9:05 am – 9:20 am	Light Refreshment Break
9:20 am – 9:50 am	Alopecia Thais Pincelli, MD
9:50 am – 10:00 am	Q&A
GYNECOLOGY	
10:00 am – 10:30 am	Recurrent Vaginitis, Untangling BV, Yeast and DIV Aakriti R Carrubba, MD
10:30 am – 10:40 am	Q&A
10:40 am -11:10 am	Abnormal Uterine Bleeding (including postmenopausal bleeding) Ritchie Delara, MD, FACOG, FACS
11:10 am – 11:20 am	Q&A

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11:20 am – 11:50 am	Pick up lunches
11:50 am – 12:10 pm	Lunch Talks: Microsessions Preconception Planning Margaret Long, MD Infertility Work Up for the PCP Ali Ainsworth, MD Microsession Q&A (both presenters)
12:10 pm – 12:30 pm	
12:30 pm – 12:40 pm	
BREAST HEALTH	
12:40 pm – 1:10 pm	Breast Cancer Screening 101 (What modalities are available and why to use them). Christine Klassen, MD Q&A
1:10 pm – 1:20 pm	
1:20 pm- 1:50 pm	Breast Cancer Treatment: What’s New for the PCP Pooja Advani, MBBS, MD Q&A
1:50 pm – 2:00 pm	
2:00 pm - 2:30 pm	Benign Breast Biopsies (ADH, ALD, LCIS): What do they mean now and for the future? What’s the role of risk reducing medications and CEE/bazedoxifene? Sabrina Sahni, MD Q&A
2:30 pm- 2:40 pm	
2:40 pm	Adjourn