



Endocrine Update 2026

February 1 – 6, 2026

Hyatt Regency Maui

Live and Livestream

All Times Listed in Hawaiian Aleutian Time

Sunday, February 1, 2026	
3:30- 5:00 pm	Registration

Monday, February 2, 2026	
7:00am	Registration and Breakfast
7:45am	Welcome and Course Overview <i>Jad Sfeir, M.D., M.S.</i>
Moderator: <i>Kalpana Muthusamy, M.B.B.S., M.D.</i>	
8:00am	Management of Severe Obesity: Medical and Surgical Perspective <i>Todd Kellogg, M.D.</i> <i>Meera Shah, M.B., Ch.B.</i>
9:00am	Physiologic Adaptation to Weight Loss <i>Michael D. Jensen, M.D.</i>
9:30am	Appetite Regulation and Novel Targets for Obesity Management <i>Maria L. Collazo-Clavell, M.D.</i>
10:00am	Refreshment Break
Moderator: <i>Jad Sfeir, M.D., M.S.</i>	
10:20am	Pituitary Imaging for the Endocrinologist <i>Ian T. Mark, M.D., MSM</i>
10:50am	Prolactinomas in Pregnancy <i>Neena Natt, M.D.</i>
11:20am	Peri-Operative Management of Pituitary Tumors <i>Diane Donegan, M.D.</i>
11:50pm	Radiation Therapy for Pituitary Tumors <i>Michael J. Link, M.D.</i>
12:20pm	Adjourn
Optional Industry Sponsored Non-CME Educational Session (onsite only)	



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Tuesday, February 3, 2026	
7:00am	Breakfast Roundtable Discussions with Faculty – Onsite Only <i>Todd Kellogg, M.D., Meera Shah, M.B., Ch.B., Michael D. Jensen, M.D., Maria L. Collazo-Clavell, M.D., Ian T. Mark, M.D., MSM, Neena Natt, M.D., Diane Donegan, M.D., and Michael J. Link, M.D.</i>
Moderator: <i>Jad Sfeir, M.D., M.S.</i>	
8:00am	Adrenal Insufficiency <i>Lucinda M. Gruber, M.D.</i>
8:30am	Premature Ovarian Insufficiency <i>Ekta Kapoor, M.B.B.S.</i>
9:00am	Adrenal Surgical Clinical Case Discussion <i>Trenton R. Foster, M.D.</i> <i>Lucinda M. Gruber, M.D.</i>
10:00 am	Refreshment Break
Moderator: <i>Kalpana Muthusamy, M.B.B.S., M.D.</i>	
10:20am	Pituitary Case Discussion Panel <i>Diane Donegan, M.D.</i> <i>Michael J. Link, M.D.</i> <i>Ian T. Mark, M.D., MSM</i>
11:20am	Bone Clinical Pathological Conference <i>Bart L. Clarke, M.D.</i> <i>Jad G. Sfeir, M.D., M.S.</i>
12:20pm	Adjourn
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Wednesday, February 4, 2026			
7:00am	Breakfast Roundtable Discussions with Faculty - Onsite Only <i>Lucinda M. Gruber, M.D., Ekta Kapoor, M.B.B.S., Trenton R. Foster, M.D., Lucinda M. Gruber, M.D., Diane Donegan, M.D., Michael J. Link, M.D., Ian T. Mark, M.D., MSM, Bart L. Clarke, M.D., and Jad G. Sfeir, M.D., M.S.</i>		
8:00am	The Past, Present and Future of Insulin Development and Its Delivery To Minimize Hypoglycemia <i>Irl B. Hirsch, MD, MACP, UW Medicine Diabetes Institute</i>		
Concurrent Small Group Sessions I			
	General Session	Room 1	Room 2
CHOOSE 2 OF THE 3 9:00am and 10:00am	Management of Thyroid Disease During Pregnancy: Best Practices and Current Guidelines <i>M. Regina Castro, M.D.</i> <i>*This session will be livestreamed</i>	Non obese T2DM – Is it a Form of Lipodystrophy? <i>Vinaya Simha, M.B.B.S., M.D.</i>	Nutrition and Supplements for Skeletal Health <i>Daniel L. Hurley, M.D.</i>
10:45am	Refreshment Break		
Concurrent Small Group Sessions II			
	General Session	Room 1	Room 2
CHOOSE 2 OF THE 3 11:05am and 12:00pm	Hypoglycemia: Case-Based Discussion <i>Meera Shah, M.B., Ch.B.</i> <i>Pankaj Shah, M.D.</i> <i>*This session will be livestreamed</i>	Managing Osteoporosis in Patients with CKD <i>Silvia M. Titan, M.D., Ph.D.</i>	Navigating Testosterone Therapy in Women: Risks, Benefits and Boundaries <i>Jewel M. Kling, M.D., M.P.H.</i>
12:45pm	Adjourn		
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Thursday, February 5, 2026	
7:00am	Breakfast Roundtable Discussions with Faculty - Onsite Only <i>Irl B. Hirsch, MD, MACP, M. Regina Castro, M.D., Vinaya Simha, M.B.B.S., M.D., Daniel L. Hurley, M.D., Meera Shah, M.B., Ch.B., Pankaj Shah, M.D., Silvia M. Titan, M.D., Ph.D., and Jewel M. Kling, M.D., M.P.H.</i>
Moderator: <i>Trenton Foster, M.D.</i>	
8:00am	New ATA Thyroid Nodule Guidelines <i>Victor Bernet, M.D.</i>
8:30am	Indeterminate Nodules <i>Julie E. Hallanger Johnson, M.D.</i>
9:00am	Thyroid Radiofrequency Ablation (RFA) <i>John J. Schmitz, M.D.</i>
9:30am	Thyroid Cytology Primer <i>Michael Rivera, M.D.</i>
10:00am	Refreshment Break
Moderator: <i>Kalpana Muthusamy, M.B.B.S., M.D.</i>	
10:20am	Inhaled Insulin <i>Yogish C. Kudva, M.B.B.S.</i>
10:50am	SGLT-2i and GLP-1 RA in T1 DM <i>Pankaj Shah, M.D.</i>
11:20am	Syndromic and Monogenic Obesity: A Multi-disciplinary Approach <i>Seema Kumar, M.D.</i> <i>Lisa A. Schimmenti, M.D.</i> <i>Kalpana Muthusamy, M.B.B.S., M.D.</i>
12:20pm	Adjourn
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7:00am	Breakfast Roundtable Discussions with Faculty - Onsite Only <i>Victor Bernet, M.D., Julie E. Hallanger Johnson, M.D., John J. Schmitz, M.D., Michael Rivera, M.D., Yogish C. Kudva, M.B.B.S., Pankaj Shah, M.D., Seema Kumar, M.D., Lisa A. Schimmenti, M.D., and Kalpana Muthusamy, M.B.B.S., M.D.</i>
Moderator: <i>Jad Sfeir, M.D., M.S.</i>	
8:00am	Advanced Thyroid Cancer <i>Mabel Ryder, M.D.</i>
8:30am	Thyroid Survivorship Model <i>Michele M. Merten, APRN, C.N.P., D.N.P.</i>
9:00am	Thyroid Tumor Board <i>M. Regina Castro, M.D.</i> <i>Julie E. Hallanger Johnson, M.D.</i> <i>John J. Schmitz, M.D.</i> <i>Trenton R. Foster, M.D.</i> <i>Michael Rivera, M.D.</i>
10:00am	Refreshment Break
Moderator: <i>Trenton Foster, M.D.</i>	
10:20am	Skeletal Health in Bariatric Surgery Patients <i>Krupa B. Doshi, M.D.</i>
10:50am	Overview of Heterotopic Ossification <i>Robert J. Pignolo, M.D., Ph.D.</i>
11:20am	Hypoparathyroidism <i>Bart L. Clarke, M.D.</i>
11:50am	Pre-Operative Parathyroid Imaging <i>Benzon M. Dy, M.D.</i>
12:20pm	Closing Remarks
12:30pm	Adjourn