

**Mayo Clinic OB/GYN Clinical and Surgical Updates:
Staying Current and Ahead of the Curve 2026
February 5-8, 2026
Live/Livestream**

*All times listed in **Hawaii–Aleutian** Time Zone

Thursday, February 5, 2026	
6:00 AM	Registration, Breakfast and Exhibits
7:00 AM	Welcome and Announcements <i>Carrie L. Langstraat, M.D.</i>
Obstetrics <i>Moderators: Blenda Yun, M.D., Linda M. Szymanski, M.D., Ph.D., Myra J. Wick, M.D., Ph.D.</i>	
7:10 AM	The Pendulum Swings: Late Preterm Antenatal Corticosteroids <i>Blenda Yun, M.D.</i>
7:35 AM	What Does It All Mean and When Should I Be Concerned: Case Studies in Placental Pathology <i>Janelle Santos, M.D.</i>
8:00 AM	Five Can't Miss Diagnoses on Fetal Ultrasound <i>Mauro H. Schenone, M.D.</i>
8:25 AM	Continuous Glucose Monitoring in Pregnancy: Not Just for Type 1 Diabetes Anymore <i>Aoife M. Egan, M.B., B.Ch., Ph.D.</i>
8:50 AM	What a Pain! Treatment of HA in Pregnancy <i>Linda M. Szymanski, M.D., Ph.D.</i>
9:15 AM	Social Determinants of Health in Obstetric Care <i>Rebecca M. Smith, APRN, CNM, Ph.D.</i>
9:40 AM	Rapid Fire Update: What is sFLT:PLGF and How Should We Use It <i>Janelle Santos, M.D.</i>
9:55 AM	Refreshment Break and Exhibits
SESSION II <i>Moderators: Blenda Yun, M.D., Linda M. Szymanski, M.D., Ph.D., Myra J. Wick, M.D., Ph.D.</i>	
10:15 AM	Keynote Speaker: Fetal Surgery: High Yield Cases to Optimize Outcomes for Your Patients <i>Mauro H. Schenone, M.D.</i>
10:55 AM	Second Degree Laceration <i>Annetta M. Madsen, M.D.</i>
11:20 AM	OB Cardiology <i>Katie A. Young, M.D.</i>
11:45 AM	Rapid Fire Update: Addressing Iron Deficiency in Pregnancy <i>Myra J. Wick, M.D., Ph.D.</i>
12:00 PM	Adjourn General Session
12:00 PM	Optional ECO Workshop Lunch & Registration (Lunch for Workshop Attendees)
12:30 – 4:30 PM	ECO Workshop (Optional, In-person only, Additional Fee to Attend) <i>Enid Y. Rivera-Chiauszi, M.D., Jason J. DeWitt, M.D., Janelle Santos, M.D., Rebecca M. Smith, APRN, CNM, Ph.D., Linda M. Szymanski, M.D., Ph.D., Margaret E. Long, M.D.</i>
5:00 – 6:30 PM	Welcome Reception <i>Location: Croquet Lawn</i>

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Friday, February 6, 2026	
6:00 AM	Breakfast and Exhibits
6:15 – 6:50 AM	Non-CME Optional Product Symposium/Theater Sponsoring Company: <i>Natera</i> Location: <i>Plaza Room, Salon 2</i>
7:00 AM	Announcements <i>Anita H. Chen, M.D.</i>
Hormones/Menopause/Office Gynecology <i>Moderators: Anita H. Chen, M.D., Megan C. Cheney, M.D., M.P.H., Jenna N. Wygant, APRN, C.N.P., D.N.P.</i>	
7:10 AM	The Heat is On: Hormonal and Non-Hormonal Strategies for Menopause Relief <i>Jewel Kling, M.D., M.P.H.</i>
7:35 AM	GSM and Cancer Survivors: Where Safety Meets Quality of Life <i>Anita H. Chen, M.D.</i>
8:00 AM	Pelvic Exams in Modern Practice: Necessary, Optional, or Obsolete? <i>Matthew W. Robertson III, M.D.</i>
8:25 AM	The Cost of Cutting Early: Long-Term Impacts of Young Hysterectomy <i>Shannon K. Laughlin-Tommaso, M.D.</i>
8:50 AM	Moody and Misunderstood: Demystifying PMDD <i>Jenna N. Wygant, APRN, C.N.P., D.N.P., Katherine M. Moore, M.D.</i>
9:15 AM	Natural Remedies for GYN Conditions - An Integrative Medicine Approach <i>Denise M. Millstine, M.D.</i>
9:40 AM	Rapid Fire Update: How Thick is Too Thick: Update on Endometrial Stripe <i>Megan C. Cheney, M.D., M.P.H.</i>
9:55 AM	Refreshment Break and Exhibits
SESSION IV <i>Moderators: Anita H. Chen, M.D., Megan C. Cheney, M.D., M.P.H., Jenna N. Wygant, APRN, C.N.P.</i>	
10:15 AM	Keynote: The Overlap Trap: When Pelvic Pain, IBS, and Sensitization Collide <i>Aakriti R. Carrubba, M.D., Stephen M. Covington, D.O., Tisha N. Lunsford, M.D.</i>
10:55 AM	Beyond Tolerable: Advancing Pain Management in GYN Office Procedures <i>Jennifer R. Sveen, APRN, C.N.P., M.S.N.</i>
11:20 AM	Rapid Fire Update: Point of Relief: Targeted Injections in Gynecology <i>Stephen M. Covington, D.O.</i>
11:35 AM	Wellness Talk <i>Keith W. Jones, M.A.</i>
12:00 PM	Adjourn General Session
12:00 PM	Optional Lap Workshop Lunch & Registration (Lunch for Workshop Attendees)
12:15 - 2:15 PM	Lap Suturing Workshop (Optional, In-person only, Additional Fee to Attend) <i>Aakriti R. Carrubba, M.D., Jamal Mourad, D.O., Riley J. Young, M.D.</i>

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Saturday, February 7, 2026	
6:00 AM	Breakfast and Exhibits
7:00 AM	Announcements <i>Johnny Yi, M.D.</i>
REI/MIGS <i>Moderators: Aakriti R. Carrubba, M.D., Chandra C. Paff Shenoy, M.D., Johnny Yi, M.D.</i>	
7:10 AM	The "F" Word: Myomectomy in Perimenopause - Uterine Preserving Just Because <i>Jamal Mourad, D.O.</i>
7:35 AM	Tips and Tricks for Excision of Big Uterus Via MIS <i>Riley J. Young, M.D.</i>
8:00 AM	Fibroids and Fertility - Updates in Treatment Before Pregnancy <i>Michael F. Neblett II, M.D.</i>
8:25 AM	Piecing Together the Puzzle of Recurrent Pregnancy Loss <i>Chandra C. Paff Shenoy, M.D.</i>
8:50 AM	From Rotterdam to Reality: PCOS Updates for Everyday Excellence <i>Nicole K. Callahan, APRN, C.N.P., M.S.</i>
9:15 AM	Freeze, Fertilize, Flourish: Reproductive Care at All Ages <i>Chandra C. Paff Shenoy, M.D.</i>
9:40 AM	Rapid Fire Update: "Let Me In": Tips & Tricks for Anterior Entry During Vaginal Hysterectomy/vNOTES <i>Anita H. Chen, M.D.</i>
9:55 AM	Refreshment Break and Exhibits
SESSION VI <i>Moderators: Aakriti R. Carrubba, M.D., Chandra C. Paff Shenoy, M.D., Johnny Yi, M.D.</i>	
10:15 AM	Debate: Approach to Complex Benign Gyn Conditions: REI vs. MIGS vs. Onc Approach - Case Based <i>Zaraq Khan, M.B.B.S., Matthew W. Robertson III, M.D., Aakriti R. Carrubba, M.D.</i>
10:55 AM	Uterine Isthmolele/C Section Ectopic Diagnosis and Management <i>Jamal Mourad, D.O.</i>
11:20 AM	Balancing Patient Advocacy Versus Evidence-Based Treatment for Endometriosis <i>Aakriti R. Carrubba, M.D.</i>
11:45 AM	Rapid Fire Update: "Lift Me Up" – Tips & Tricks for Apical Suspension <i>Johnny Yi, M.D.</i>
12:00 PM	Adjourn General Session
12:00 PM	Optional V-Notes Workshop Lunch and Registration (Lunch for Workshop Attendees)
12:15 – 2:15 PM	vNOTES Workshop: Hysterectomy and Adnexectomy (Optional, In-person only, Additional Fee to Attend) <i>Anita H. Chen, M.D., Johnny Yi, M.D., Jamal Mourad, D.O.</i>

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Sunday, February 8, 2026	
6:00 AM	Breakfast and Exhibits
7:00 AM	Announcements <i>Carrie L. Langstraat, M.D.</i>
Gynecology Surgery <i>Moderators: Tri A. Dinh, M.D., Carrie L. Langstraat, M.D., Annetta M. Madsen, M.D.</i>	
7:10 AM	Surgical Management of Adnexal Masses-ORADs... <i>Carrie L. Langstraat, M.D.</i>
7:35 AM	Reducing the Risk of Ovarian Cancer One Patient at a Time: Role of Opportunistic Salpingectomy at the Time of Non-Gynecologic Surgery <i>Amanika Kumar, M.D.</i>
8:00 AM	Transgender Vaginal Reconstruction Techniques <i>Tue A. Dinh, M.D. (Guest Faculty)</i>
8:25 AM	Excise, Ablate, or Observe: Approach to Vulvar Lesions in Adults <i>Kelly H. Bruce, M.D., M.S.</i>
8:50 AM	Playing it Safe: Avoiding and Managing Intraoperative Complications <i>Paul M. Magtibay, M.D.</i>
9:15 AM	ERAS and Opioid-Sparing Pain Management Strategies After Surgery <i>Annetta M. Madsen, M.D.</i>
9:40 AM	Rapid Fire Update: Optimizing Wound Outcomes in Gynecologic Surgery <i>Tue A. Dinh, M.D. (Guest Faculty)</i>
9:55 AM	Refreshment Break and Exhibits
SESSION VIII <i>Moderators: Tri A. Dinh, M.D., Carrie L. Langstraat, M.D., Annetta M. Madsen, M.D.</i>	
10:15 AM	Keynote: Work Related Neuromuscular Injuries: How to Successfully Pivot in Your Career <i>Dobie L. Giles, M.D., M.B.A. (Guest Faculty)</i>
10:55 AM	Surgical Ergonomics <i>Riley J. Young, M.D.</i>
11:20 AM	Care Pathways to Minimally Invasive Treatment of Overactive Bladder <i>Brian J. Linder, M.D.</i>
11:45 AM	Rapid Fire Update: Evolution in Treatment of Early Cervical Cancer: Less is Likely More <i>Tri A. Dinh, M.D.</i>
12:00 PM	Course Adjourns

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