






Mayo Clinic Pediatric Days 2026






Disney Aulani – Kapolei, HI  
IN PERSON & LIVESTREAM







*Program is in Hawaii Standard Time (HST)*


Course Directors: Angela Mattke, M.D. FAAP  
Jason Anderson, M.D. FAAP

Sunday, January 18, 2026	
6:15 a.m.	Breakfast Buffet
6:50 a.m.	<b>Welcome and Course Overview</b> <i>Jason Anderson, M.D.</i>
DEVELOPMENTAL AND BEHAVIORAL HEALTH	
7:00 a.m. 	<b>SSRIs: Prescribing SSRIs in Pediatrics: Who, When, and How</b> <i>Eric Pease, D.O., M.B.A.</i>
7:30 a.m. 	<b>Managing Challenging Behaviors in Autism Spectrum Disorders</b> <i>Maja Katusic, M.D.</i>
8:00 a.m.	<b>Panel Q&amp;A</b> <i>Eric Pease, D.O., M.B.A. and Maja Katusic, M.D.</i>
8:15 a.m.	<b>AMBERG-HELMHOLZ PROFESSORSHIP LECTURE:</b> From Walt Disney Cartoons to National Center for Missing and Exploited Children: Building a Movement of Child Advocacy <i>Daniel Broughton, M.D.</i>
9:15 a.m.	Refreshment Break
9:45 a.m.	<b>Tiny Tools, Big Impact: Mental Health Skills for Busy Pediatric Clinics</b> <i>Jocelyn R. Lebow, Ph.D., L.P.</i>
10:15 a.m.	<b>Supporting the Grieving Child and Family: Practical Tips for Pediatricians</b> <i>Megan Thorvilson, M.D. and Daniel R. Hilliker, Ph.D., L.P.</i>
10:45 a.m. 	<b>"I've Tried Everything and Nothing Works": Management of Treatment Failure or Medication Intolerance in Child Psychiatry</b> <i>Eric Pease, D.O., M.B.A.</i>
11:15 a.m.	<b>When Frustration Becomes Fatal: What Every Pediatrician Should Know About Abusive Head Trauma</b> <i>Katie Johnson, M.D.</i>
11:45 a.m.	<b>Panel Q&amp;A</b> <i>Jocelyn R. Lebow, Ph.D., L.P., Megan Thorvilson, M.D., Daniel R. Hilliker, Ph.D., L.P., Eric Pease, D.O., M.B.A. and Katie Johnson, M.D.</i>
12:15 p.m.	Adjourn for the Day

Monday, January 19, 2026	
6:15 a.m.	Breakfast Buffet
6:55 a.m.	<b>Announcements and Introduction</b> <i>Angela Mattke, M.D.</i>
UPDATES IN EVIDENCE BASED CARE	



7:00 a.m. 	<b>2026 Update on Childhood and Adolescent Vaccines</b> <i>Robert Jacobson, M.D.</i>
8:00 a.m. 	<b>High Impact Articles of 2025: Evidence Based Review</b> <i>David (DJ) Hall, M.D., and Jason (Jay) Homme M.D.</i>
9:00 a.m.	<b>Panel Q&amp;A</b>
9:30 a.m.	Refreshment Break
<b>EMERGENCY AND HOSPITAL MEDICINE UPDATES</b>	
10:00 a.m. 	<b>Managing Pediatric Burns in the Ambulatory Care Setting</b> <i>Meghan Cain, M.D.</i>
10:30 a.m. 	<b>High Risks, Tiny Patients: THC and Emerging Poisoning Threats in Kids</b> <i>Anna DePompolo, M.D.</i>
11:00 a.m. 	<b>Ohana Means Family: Managing Pediatric DKA Together, from Admission to Resolution</b> <i>Brendan Mulhern, M.D.</i>
11:30 a.m.	<b>Clinical Favorites: Some Diagnostic Strategies That Can Make a Difference in the Hospital Setting</b> <i>Jay Homme M.D.</i>
12:00 p.m.	<b>Panel Q&amp;A</b>
12:30 p.m.	<b>Lunch on Your Own</b>
	<b>Interactive Session</b>
2:00 p.m.	<b>Workshop: Leveling Up your Sports Musculoskeletal Exam</b> <i>David Soma, M.D. and Luke Radel, M.D.</i>
3:30	<b>Adjourn for the Day</b>

<b>Tuesday, January 20, 2026</b>	
6:15 a.m.	<b>Breakfast Buffet</b>
6:55 a.m.	<b>Announcements and Introduction</b> <i>Angela Mattke, M.D.</i>
<b>ALLERGY AND ATOPIC DISEASES</b>	
7:00 a.m. 	<b>The Pediatric Gut-Allergy Connection: Understanding Food Intolerances and EoE</b> <i>Pua Hopson, D.O.</i>
7:30 a.m. 	<b>Scratching the Surface: Therapeutic Strategies for Atopic Dermatitis</b> <i>Katelyn Anderson, M.D.</i>
8:00 a.m. 	<b>Updates in Food Allergies</b> <i>Anupama Ravi, M.D.</i>
8:30 a.m. 	<b>My Child Has a Food Allergy! Perspectives, Learnings &amp; Navigation Strategies from Pediatrician Moms</b> <i>Marcie Billings, M.D. and Candace Granberg, M.D.</i>
9:00 a.m.	<b>Panel Q&amp;A</b>
9:30 a.m.	Refreshment Break
<b>SPECIALTY CARE UPDATES</b>	
10:00 a.m. 	<b>Asthma Updates</b> <i>Manuel Arteta, M.D.</i>
10:30 a.m.	<b>Do No Harm. A Discussion on Risks of Medical Imaging</b> <i>Kelly Hagedorn, M.D.</i>
11:00 a.m. 	<b>Diagnosing and Managing Hypertension.</b> <i>David Sas, D.O.</i>

11:30 a.m. 	<b>Mucosal Diseases in Children</b> <i>Molly Youssef, M.D.</i>
12:00 p.m.	<b>Panel Q&amp;A</b>
12:30 p.m.	<b>Adjourn for the Day</b>

<b>Wednesday, January 21, 2026</b>	
6:15 a.m.	<b>Breakfast Buffet</b>
6:55 a.m.	<b>Announcements and Introduction</b> <i>Angela Mattke, M.D.</i>
<b>THE BIG DEBATE</b>	
7:00 a.m. 	<b>Is Universal Lipid Screening in Children a Smart Move?</b> <i>Seema Kumar, M.D. and Brian Lynch, M.D.</i>
7:50 a.m.	<b>Should Pediatricians be More Aggressive about Diagnosing and Treating RSV, Influenza and COVID-19?</b> <i>Emily Levy, M.D. and Robert Jacobson, M.D.</i>
8:40 a.m.	<b>Teaching Without the Title: How Everyday Clinicians Shape Learning</b> <i>Stephanie Mavis, M.D. (faculty lead)</i> <i>Chandler Kessel, M.D. (Chief Resident), Michaela Mills-Rudy, M.D. (Fellow)</i>
9:30 a.m.	<b>Refreshment Break</b>
<b>HOT TOPICS IN PEDIATRICS</b>	
10:00 a.m.	<b>How Will AI Help Me? Lessons from the Heart and Beyond...</b> <i>Talha Niaz, M.B.B.S.</i>
10:30 a.m.	<b>Vitamin K and Beyond</b> <i>Ahmed AlHuntii, M.D.</i>
11:00 a.m. 	<b>Fluoride Facts &amp; Fiction: What Every Pediatrician Should Know</b> <i>Elise Sarvas, D.D.S., M.S.</i>
11:30 a.m.	<b>Emerging and Re-emerging Infectious Diseases</b> <i>Emily Levy, M.D.</i>
12:00 p.m.	<b>Panel Q&amp;A</b>
12:30 p.m.	<b>Lunch on your own</b>
<b>Interactive Session</b>	
2:00 p.m. 	<b>Comprehensive Obesity Care, Medication Management, and Bariatric Surgery</b> <i>Seema Kumar, M.D. and Brian Lynch, M.D., Katie Ehman, M.D., Malia Eustice APRN, C.N.P., M.S.N.</i>
5:00 p.m.	<b>Adjourn for the Day</b>

<b>Thursday, January 22, 2025</b>	
6:15 a.m.	<b>Breakfast Buffet</b>
6:55 a.m.	<b>Announcements and Introduction</b> <i>Angela Mattke, M.D.</i>
<b>SURGICAL CARE UPDATES</b>	
7:00 a.m.	<b>Vesicoureteral Reflux: Backward Flow, Forward Progress</b> <i>Candace Granberg, M.D.</i>
7:30 a.m.	<b>Lower Extremity Congenital Deformities</b> <i>Emmanouil Grigoriou, M.D.</i>
8:00 a.m.	<b>Pediatric Sports Injuries: When to Treat, When to Refer to Orthopedics</b> <i>Luke Radel, M.D.</i>
8:30 a.m.	<b>Brachial Plexus Birth Injuries: 2500 Years in 25 Minutes</b> <i>Nicholas Pulos, M.D.,</i>

9:00 a.m.	<b>Panel Q&amp;A</b>
9:30 a.m.	Refreshment Break
<b>SPECIALTY CARE UPDATES</b>	
10:00 a.m. 	<b>Pediatrician's Guide to Headache-Free Migraine Management</b> <i>Paul Youssef, D.O.</i>
10:30 a.m.	<b>The Honest Hairy Truth About Polycystic Ovary Syndrome in Adolescents</b>  <i>Asma Chattha, M.B.B.S.</i>
11:00 a.m.	<b>Beyond the Usual Suspects: Recognizing Rheumatic Diseases in Children</b> <i>Matthew L. Basiaga, D.O.</i>
11:30 a.m.	<b>My Child Can't Sleep</b> <i>Robin Lloyd, M.D.</i>
12:00 p.m.	<b>Panel Q&amp;A</b>
12:30 p.m.	<b>Course Adjourns</b>