

## Clinical Reviews: 37<sup>th</sup> Annual Family and Internal Medicine Update

### TUESDAY, MARCH 3, 2026

7:00 a.m.	<b>Registration and Breakfast</b>
7:55 a.m.	<b>Welcome Announcements</b>
8:00 a.m.	<b>Lipid Management – Treatment Options Beyond Statins</b> Regis Fernandes, M.D.
8:45 a.m.	<b>CVD Risk Assessment</b> Regis Fernandes, M.D.
9:30 a.m.	<b>GLP-1 Use in Primary Care: Indications and Challenges</b> Michael Campbell, Jr., Pharm.D., R.Ph.
10:15 a.m.	<b>Break</b>
10:30 a.m.	<b>Medication Management of T2DM</b> Aditi Kumar, M.B.B.S.
12:00 p.m.	<b>Osteoporosis Medication Management</b> Krupa Doshi, M.D.
12:45 p.m.	<b>Lunch &amp; Exhibits</b>
12:45 p.m.	<b>Optional: Non-CME Product Theatre Lunch</b> <b>Amgen</b>
1:30 p.m.	<b>MASLD Screening and Management</b> Blanca Lizaola-Mayo, M.D.
2:15 p.m.	<b>Optimizing Care for Chronic Constipation: A Clinical Update for Providers</b> Tisha Lunsford, M.D.
3:00 p.m.	<b>Approach to Evaluating Rheumatic Diseases and When to Refer</b> Michael Pham, M.D.
3:45 p.m.	<b>Adjourn</b>
4:00 p.m.	<b>Welcome Reception</b>

### WEDNESDAY, MARCH 4, 2026

7:25 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Announcements</b>
8:00 a.m.	<b>Management of Menopause and Perimenopause</b> Talia Sobel, M.D.
8:45 a.m.	<b>Current Updates in Breast Cancer Screening for Dense Breasts</b> Jessica Fraker, M.D.
9:30 a.m.	<b>OSA Management Beyond CPAP</b> Chad Ruoff, M.D.
10:15 a.m.	<b>Break</b>
10:30 a.m.	<b>Asthma and COPD Management</b> Ashley Garrett, M.D.

11:15 a.m.	<b>Updated HTN Guidelines</b> Musab Hommos, M.B.B.S.
12:00 p.m.	<b>GLP1 Use in Primary Care</b> Lesley Williams, M.D.
12:45 p.m.	<b>Lunch &amp; Exhibits Non-CME Product Theatre</b> <b>Eli Lilly &amp; Company</b>
12:45 p.m.	<b>Optional: Non-CME Product Theatre Lunch</b> <b>Eli Lilly &amp; Company</b>
1:30 p.m.	<b>Travel Medicine in Primary Care</b> Patress Persons, M.D.
2:15 p.m.	<b>Evaluating Complex Mental Health Issues</b> Claudine Egol, M.D.
3:00 p.m.	<b>Men's Health for Primary Care Providers</b> Nahid Punjani, M.D., M.P.H.
3:45 p.m.	<b>Adjourn</b>

#### THURSDAY, MARCH 5, 2026

7:25 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Announcements</b>
8:00 a.m.	<b>Evaluating and Treating Headaches</b> Rashmi Halker Singh, M.D.
8:45 a.m.	<b>Introduction to Longevity Medicine</b> Doina Kulick, M.D.
9:30 a.m.	<b>Dermatology Clinical Pearls</b> David Swanson, M.D.
10:15 a.m.	<b>Break</b>
10:30 a.m.	<b>2026 Immunization Update</b> Grace Nwaturuocha, MSN, RN, CPHQ
11:15 a.m.	<b>Management of Common Sports Medicine Injuries</b> Matthew Anastasi, M.D.
12:00 p.m.	<b>What's New in Genetics and Molecular Testing in Oncology</b> Donald Northfelt, M.D.
12:45 p.m.	<b>Adjourn</b>
12:45 p.m.	<b>Optional: Non-CME Product Theatre Lunch</b> <b>NovoNordisk</b>

#### FRIDAY, MARCH 6, 2026

7:25 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Announcements</b>
8:00 a.m.	<b>Addiction Medicine</b> Shirshendu Sinha, M.B.B.S., M.D.

<b>8:45 a.m.</b>	<b>Exercise as Medicine</b> Robert Scales, Ph.D., M.S.
<b>9:30 a.m.</b>	<b>Neuropsychiatric Testing and Imaging in the Evaluation and Surveillance of Cognitive Impairment</b> Dixie J. Woolston, Ph.D.
<b>10:15 a.m.</b>	<b>Break</b>
<b>10:30 a.m.</b>	<b>Common Primary Care Infections and Antibiotic Use</b> Daniel Ilges, Pharm.D., R.Ph., BCIDP
<b>11:15 a.m.</b>	<b>A Palliative Approach to Chronic Pain</b> Mark Edwin, M.D.
<b>12:00 p.m.</b>	<b>Review of Practice Changing Literature in 2025</b> Andrea Darby Stewart, M.D.
<b>12:45 p.m.</b>	<b>Adjourn</b>