

| <b>Psychiatry Clinical Updates 2026</b>                |          |   |  |   |
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| <b>Fairmont Orchid - Big Island, HI</b>                |          |   |  |   |
| <b>March 2-5, 2026</b>                                 |          |   |  |   |
| <b>All times listed are HST (Hawaii Standard Time)</b> |          |   |  |   |
| <b>Day 1</b>   |          | <b>Monday, March 2, 2026<br/>Disruptive Behaviors Across the Lifespan</b>                                 |  |   |
| 6:00 AM  | 7:00 AM  | Registration and Breakfast  |  |   |
| 7:00 AM  | 7:15 AM  | Introduction, Announcements, Schedule Review<br>Melanie T. Gentry, M.D. & Craig N. Sawchuk, Ph.D., ABPP   |  |   |
| 7:15 AM  | 7:50 AM  | Disruptive Behavior in Children and Adolescents<br>Julia Shekunov, M.D.                                   |  |   |
| 7:50 AM  | 8:25 AM  | Psychological and Behavioral Strategies for Disruptive Behavior in Children<br>Leslie A. Sim, Ph.D., ABPP |  |   |
| 8:25 AM  | 8:35 AM  | Q & A (Shekunov & Sim)  |  |   |
| 8:35 AM  | 9:10 AM  | Perinatal Bipolar Disorder and Psychosis with Q & A<br>Hannah K. Betcher, M.D.                            |  |   |
| 9:10 AM  | 9:45 AM  | Managing Acute Agitation in the Hospital Setting with Q & A<br>Rob J. Morgan III, M.D., Ph.D.             |  |   |
| 9:45 AM  | 10:00 AM | Refreshment Break   |  |   |
| 10:00 AM   | 10:30 AM | Addressing Treatment Non-Adherence<br>Kristin S. Vickers, Ph.D., ABPP                                     |  |   |
| 10:30 AM   | 11:05 AM | Management of Behavioral and Psychologic Symptoms in Dementia<br>Melanie T. Gentry, M.D.                  |  |   |
| 11:05 AM   | 11:15 AM | Q & A (Vickers & Gentry)  |  |   |
| 11:15 AM   | 11:30 AM | Move to Breakout Sessions   |  |   |
| 11:30 AM   | 12:30 PM | Breakout<br>General Session:<br>Perinatal Anxiety<br>(Betcher & Moore)                                    | Breakout<br>Plaza 2/3:<br>Disruptive Behaviors:<br>Your Cases<br>Discussed<br>(Shekunov & Sim) | Breakout<br>Plaza 1:<br>Geriatric Mood<br>Disorders<br>(Gentry) |
| 12:30 PM   | 12:30 PM | Adjourn   |  |   |
| <b>Day 2</b>   |          | <b>Tuesday, March 3, 2026<br/>Mood Disorders</b>  |  |   |
| 6:00 AM  | 7:00 AM  | Breakfast and Registration  |  |   |

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| 6:30 AM      | 7:00 AM  | Breakfast Roundtable Discussions with the Professors:<br>Shekunov & Sim (Childhood Disruption)<br>Betcher & Moore (Perinatal Psychiatry)<br>Morgan (Hospital Psychiatry)<br>Vickers (ADHD)  |  |  |
| 7:00 AM      | 7:25 AM  | MAO Inhibitors<br>Michael J. Gitlin, MD   |  |  |
| 7:25 AM      | 7:50 AM  | Lithium and Thyroid Revisited<br>Mark A. Frye, M.D.   |  |  |
| 7:50 AM      | 8:25 AM  | Chronotherapy for Depression<br>Balwinder Singh, M.D., M.S.   |  |  |
| 8:25 AM      | 8:55 AM  | Pharmacotherapy to Reduce Suicidality<br>Michael J. Gitlin, MD  |  |  |
| 8:55 AM      | 9:15 AM  | Q & A (Gitlin, Frye, & Singh)   |  |  |
| 9:15 AM      | 9:50 AM  | Applied AI in Psychopharmacology with Q & A<br>Arjun P. Athreya, Ph.D., M.S.  |  |  |
| 9:50 AM      | 10:05 AM | Refreshment Break   |  |  |
| 10:05 AM     | 10:40 AM | Childhood Depression with Q & A<br>Jennifer L. Vande Voort, M.D.  |  |  |
| 10:40 AM     | 11:15 AM | Revisiting Dopamine in Bipolar Depression<br>Mark A. Frye, M.D.   |  |  |
| 11:15 AM     | 11:30 AM | Move to Breakout Sessions   |  |  |
| 11:30 AM     | 12:30 PM | Breakout<br>General Session:<br>AI and<br>Psychogenomics<br>(Athreya & Frye)  | Breakout<br>Plaza 2/3:<br>Ketamine<br>(Singh &<br>Vande Voort) | Breakout<br>Plaza 1:<br>Depression - Your<br>Cases Discussed<br>(Gitlin & Sawchuk) |
| <b>Day 3</b> |          | <b>Wednesday, March 4, 2026<br/>Eating Disorders, OCD</b>   |  |  |
| 6:00 AM      | 7:00 AM  | Breakfast   |  |  |
| 6:30 AM      | 7:00 AM  | Breakfast Roundtable Discussions with the Professors<br>Frye & Singh (Bipolar Disorder)<br>Gitlin (Adult Depression)<br>Vande Voort (Childhood Depression)<br>Athreya (AI in Mental Health) |  |  |
| 7:00 AM      | 7:30 AM  | Behavioral Treatment of Eating Disorders<br>Abigail L. Matthews, Ph.D., M.H.A., ABPP  |  |  |
| 7:30 AM      | 8:00 AM  | Medical and Pharmacologic Management of Eating Disorders<br>Jennifer L. Derenne, M.D.   |  |  |
| 8:00 AM      | 8:10 AM  | Q & A (Matthews & Derenne)  |  |  |
| 8:10 AM      | 9:10 AM  | Difficult to Treat OCD with Q & A<br>Katherine M. Moore, M.D. and Craig N. Sawchuk, Ph.D., ABPP   |  |  |

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| 9:10 AM      | 9:45 AM  | Eating Disorders in Older Adults with Q & A<br>Melanie T. Gentry, M.D.  |   |   |
| 9:45 AM      | 10:00 AM | Refreshment Break   |   |   |
| 10:00 AM     | 10:35 AM | TMS: Beyond Depression -- TMS for OCD and Other Indications with Q & A<br>Paul E. Croarkin, D.O., M.S.  |   |   |
| 10:35 AM     | 11:15 AM | Hoarding Disorder: Its Not About the Stuff! with Q & A<br>Craig N. Sawchuk, Ph.D., ABPP   |   |   |
| 11:15 AM     | 11:30 AM | Move to Breakout Sessions   |   |   |
| 11:30 AM     | 12:30 PM | Breakout<br>General Session:<br>Social Media and<br>Mental Health<br>(Matthews &<br>Derenne)  | Breakout<br>Plaza 2/3:<br>Neuromodulation<br>(Croarkin) | Breakout<br>Plaza 1:<br>Community<br>Psychiatry<br>(Taylor-Desir) |
| 12:30 PM     | 12:30 PM | Adjourn   |   |   |
| <b>Day 4</b> |          | <b>Thursday, March 5, 2026<br/>Sleep, ADHD, Wellness</b>  |   |   |
| 6:00 AM      | 7:00 AM  | Breakfast   |   |   |
| 6:30 AM      | 7:00 AM  | Breakfast Roundtable Discussions with the Professors<br>Matthews & Derenne (Eating Disorders)<br>Sawchuk (OCD)<br>Gentry (Geriatric Psychiatry)<br>Neuromodulation (Croarkin) |   |   |
| 7:00 AM      | 7:45 AM  | Updates in Sleep Pharmacology with Q & A<br>Bhanu Kolla, M.B.B.S., M.D.   |   |   |
| 7:45 AM      | 8:30 AM  | ADHD and Neurodiversity with Q & A<br>Kristin S. Vickers, Ph.D., ABPP   |   |   |
| 8:30 AM      | 9:10 AM  | QT prolongation with Q & A<br>Laura Suarez Pardo, M.D.  |   |   |
| 9:10 AM      | 9:45 AM  | Most Important Articles of 2025 with Q & A<br>Rob J. Morgan III, M.D., Ph.D.  |   |   |
| 9:45 AM      | 10:00 AM | Refreshment Break   |   |   |
| 10:00 AM     | 10:30 AM | Mental Health Advocacy<br>Monica J. Taylor-Desir, M.D., M.P.H.  |   |   |
| 10:30 AM     | 11:00 AM | Promoting Health Behavior Change<br>Matthew M. Clark, Ph.D., ABPP   |   |   |
| 11:00 AM     | 11:15 AM | Q & A (Taylor-Desir & Clark)  |   |   |

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| 11:15 AM | 11:30 AM | Course Closing Comments<br>Melanie T. Gentry, M.D. & Craig N. Sawchuk, Ph.D., ABPP               |   |  |
| 11:30 AM | 12:30 PM | Breakout<br>General Session:<br>Sleep Disorders:<br>Your Cases<br>Discussed (Kolla &<br>Sawchuk) | Breakout<br>Plaza 2/3:<br>Somatoform<br>Disorders<br>(Suarez) | Breakout<br>Plaza 1:<br>Preventing Burnout -<br>RESILIENCY IN THE HEALTHCARE<br>WORKFORCE<br>(Clark) |
| 12:30 PM | 12:30 PM | Adjourn  |   |  |

| Day 5  |          | Friday, March 6, 2026<br>Psychiatry in Medical Settings – Additional Payment                                      |  |  |
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| 6:00 AM  | 7:00 AM  | Breakfast   |  |  |
| 7:00 AM  | 7:10 AM  | Introduction, Announcements, and Review of the Schedule<br>David Fipps, DO  |  |  |
| <b>Featured Topic #1: Weight Management in the GLP-1 Era</b>                                     |          |   |  |  |
| 7:10 AM  | 7:45 AM  | Real World Outcomes of Treatment of Obesity with GLP-1<br>Agonists<br>Meera Shah, MBChB                           |  |  |
| 7:45 AM  | 8:20 AM  | Behavioral Interventions for Weight Management – Still Needed?<br>Karen Grothe, PhD, LP                           |  |  |
| 8:20 AM  | 8:55 AM  | Emerging Psychiatric Indications for GLP-1s<br>David Fipps, DO  |  |  |
| 8:55 AM  | 9:10 AM  | Questions and Answers<br>Drs. Grothe, Shah, and Fipps   |  |  |
| 9:10 AM  | 9:45 AM  | Case-Based Panel Discussion with Audience Participation<br>Drs. Grothe, Shah, and Fipps<br>Moderated by Dr. Staab |  |  |
| 9:45 AM  | 10:00 AM | Refreshment Break   |  |  |
| <b>Featured Topic #2: Pre- and Post-Hospital Challenges for Patients with Critical Illnesses</b> |          |   |  |  |
| 10:00 AM   | 10:35 AM | Predicting and Preventing Agitation and Aggression in Patients<br>with Delirium<br>Jeffrey P. Staab, MD, MS       |  |  |
| 10:35 AM   | 11:10 AM | Post-Intensive Care Syndrome (PICS)<br>Kemuel Philbrick, MD   |  |  |
| 11:10 AM   | 11:25 AM | Questions and Answers<br>Drs. Staab and Philbrick   |  |  |
| 11:25 AM   | 12:00 PM | Case-Based Panel Discussion with Audience Participation<br>Drs. Staab and Philbrick<br>Moderated by Dr. Fipps     |  |  |

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| 12:00 PM | 12:10 PM | Wrap up and Adjourn |
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