

Clinical Updates in Pain Medicine
Opal Sol, FL
April 16-18, 2026 (Eastern Time)

Thursday, April 16, 2026	
6:45 a.m.	Registration, Breakfast & Exhibits Salon Foyer
7:20 a.m.	Welcome and Introduction <i>Matt Pingree MD, Chanchrisna Kish, CNP</i>
7:30 a.m.	Artificial Intelligence in Clinical Practice <i>Sahli Gupta, M.D.</i>
8:00 a.m.	Common Neuropathic Pain Conditions – Exam and Testing <i>James C. Watson, M.D.</i>
8:30 a.m.	Clinical Pearls: Low Back Pain <i>John Freeman, D.O.</i>
9:00 a.m.	Facial Pain <i>Narayan R. Kissoon, M.D.</i>
9:30 a.m.	Panel Discussion - Q & A <i>Moderators: Matt Pingree MD, Chanchrisna Kish, CNP</i> <i>Sahli Gupta, M.D., James C. Watson, M.D., John Freeman, D.O., Narayan R. Kissoon, M.D.</i>
9:45 a.m.	Refreshment Break & Exhibits
10:00 a.m.	Common Medications to Treat Neuropathic Pain <i>James Watson, M. D.</i>
10:30 a.m.	Buprenorphine for Patients with Chronic Pain <i>Benjamin Lai, MBBCh, BAO</i>
11:00 a.m.	Long COVID <i>Jason Szostek, M.D.</i>
11:45 a.m.	Panel Discussion - Q & A <i>Moderators: Matt Pingree MD, Chanchrisna Kish, CNP</i> <i>James Watson, M. D., Benjamin Lai, MBBCh, BAO, Jason Szostek, M.D.</i>
12:00 p.m.	Lunch
1:00 p.m.	Nutrition Interventions for Chronic Pain <i>Chelsey M. Hoffmann, P.A.-C., M.S.</i>
1:30 pm.	The Obesity Epidemic and Chronic Pain <i>Michael Derr, DO</i>
2:00 p.m.	Weighing our Options: GLP-1 Receptor Agonists in Pain Management <i>Mark Hurdle, M.D.</i>
2:30 p.m.	Low-Dose Radiation Therapy Osteoarthritis-Associated with Joint Pain <i>Amanda Meyer, APRN, CNP, DN</i>
3:00 p.m.	Acupuncture: Best Practice <i>Alex Do, LAc</i>
3:35 p.m.	Panel Discussion - Q & A <i>Moderators: Matt Pingree MD, Chanchrisna Kish, CNP</i> <i>Chelsey M. Hoffmann, P.A.-C., M.S., Michael Derr, DO, Mark Hurdle, M.D., Amanda Meyer, APRN, CNP, DN, Alex Do, LAc</i>
3:45 p.m.	Adjourn

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Friday, April 17, 2026	
6:45 a.m.	Breakfast – Exhibits Salon Foyer
7:20 a.m.	Welcome <i>Matthew Pingree, MD, Chanchrisna Kish, CNP</i>
7:30 a.m.	Approach to the Female Patient with Chronic Pelvic Pain <i>Isabel Green, M.D.</i>
8:00 a.m.	Approach to the Patient with Chronic Abdominal Pain <i>Tisha Lunsford, M.D.</i>
8:30 a.m.	Nerve Block for Cancer-Related Pain Syndromes <i>Eve Kubrova, M.D.</i>
9:00 a.m.	Central Sensitization <i>Christopher Sletten, M.D.</i>
9:30 a.m.	Q&A Panel <i>Moderators: Matt Pingree MD, Chanchrisna Kish, CNP Isabel Green, M.D., Tisha Lunsford, M.D., Eve Kubrova, M.D., Christopher Sletten, M.D.</i>
9:45 a.m.	Break
10:00 a.m.	Strategies and Resources at Home for CBT <i>Cynthia Townsend, PhD, LP, Joan Cronin, APRN, CNS, MS</i>
10:30 a.m.	Addressing Co-Morbid Anxiety and Depression <i>Kristin J. Somers, M.D.</i>
11:00 a.m.	Goals of Care Discussion <i>Christopher Collura, M.D.</i>
11:45 a.m.	Panel Discussion - Q & A <i>Moderators: Matt Pingree MD, Chanchrisna Kish, CNP Cynthia Townsend, PhD, LP, Joan Cronin, APRN, CNS, MS, Kristin J. Somers, M.D., Christopher Collura, M.D.</i>
12:00 p.m.	Lunch - Exhibits
1:00 p.m.	Perioperative Management of Patients with Chronic Pain <i>Mark Bendel, M.D.</i>
1:30 p.m.	Inpatient Pain Management: Approach to Inpatients with Chronic Pain <i>Kia Lor, M.D.</i>
2:00 p.m.	Management of Opioid-Induced Side Effects <i>Leslie R. Siegel, PharmD. R.Ph.</i>
2:30 p.m.	Regenerative Medicine Update – Cell and Gene Therapy for Pain <i>Wenchun Qu, M.D.</i>
3:00 p.m.	Cases from the Pain Clinic <i>Melissa Kenevan, M.D.</i>
3:30 p.m.	Panel Discussion - Q & A <i>Moderators: Matt Pingree MD, Chanchrisna Kish, CNP Mark Bendel, M.D., Kia Lor, M.D., Leslie R. Siegel, PharmD. R.Ph., Wenchun Qu, M.D., Melissa Kenevan, M.D.</i>
3:45 p.m.	Adjourn

Clinical Updates in Pain Medicine
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Saturday, April 18, 2026	
6:45 a.m.	Breakfast – Exhibits
7:20 a.m.	Welcome <i>Matthew Pingree, MD, Chanchrisna Kish, CNP</i>
7:30 a.m.	Approaches to Chronic Headache <i>Nathan Young, DO</i>
8:00 a.m.	Vertebrogenic Spine Pain <i>Jill Mahoney, M.D.</i>
8:30 a.m.	Clinical Approach to Neck Pain <i>Thomas P. Pittelkow, D.O., M.P.H.</i>
9:00 a.m.	Clinical Pearls: Cervical Myelopathy <i>Jennifer Stern, M.D.</i>
9:30 a.m.	Panel Discussion - Q & A <i>Moderators: Matt Pingree MD, Chanchrisna Kish, CNP</i> <i>Nathan Young, DO, Jill Mahoney, M.D., Thomas P. Pittelkow, D.O., M.P.H., Jennifer Stern, M.D.</i>
9:45 a.m.	Break-Exhibits
10:00 a.m.	Emerging Clinical Applications for High Intensity Focused Ultrasound: Chronic Back Pain <i>Christin A. Tiegs-Heiden, M.D.</i>
10:30 a.m.	Advanced neuromodulation: Application in Clinical Practice <i>W. David Mauck, M.D.</i>
11:00 a.m.	Cases in Spine Care <i>Nick Canzanello, DO</i>
11:30 a.m.	Panel Discussion - Q & A <i>Moderators: Matt Pingree MD, Chanchrisna Kish, CNP</i> <i>Christin A. Tiegs-Heiden, M.D., W. David Mauck, M.D., Nick Canzanello, DO</i>
11:45 p.m.	Closing Summary <i>Matt Pingree MD, Chanchrisna Kish, CNP</i>
12:00 p.m.	Adjourn