

GRIT in Medicine: Growth, Resilience, Inspiration, & Tenacity 2026

**The Broadmoor Colorado Springs, CO US
November 19, 2026, to November 21, 2026
MST**

Day 1		Thursday, November 19, 2026
6:30 AM	7:15 AM	Registration & Breakfast
7:15 AM	7:30 AM	Welcome Announcements
7:30 AM	8:00 AM	Practical Clinical Leadership Skills into Action Amy S. Oxentenko, M.D.
8:00 AM	8:40 AM	Building Interprofessional Teams in Healthcare Sherry Wolf, MS RN Erin Pagel
8:40 AM	9:10 AM	Clinicians' Role in Patient Experience Terry L. Hunt II, M.D., M.B.A.
9:10 AM	9:25 AM	Moderated Question & Answer
9:25 AM	9:45 AM	Refreshment Break & Poster Viewing
9:45 AM	10:15 AM	System Approach to Change & Innovation Jennie W. Kung
10:15 AM	10:45 AM	Grit in Citizen Development – (perseverance through AI change) Lizzie Crowston, Med, PhD Michelle L. Amos, CRCR

10:45 AM	11:00 AM	Moderated Question & Answer
11:00 AM	11:30 AM	Communication 101, Elevator Pitches – Get yours ready! Neha Raukar, MD
11:30 AM	12:10 PM	Healthcare Quality in the AI Era Jamie N. Bakkum-Gamez, M.D.
12:10 PM	12:30 PM	Moderated Question & Answer
12:30 PM	1:00 PM	Working Lunch - grab and go lunch provided The Chronic Overachiever: Navigating Personal Development book discussion Kasey Boehmner, PhD, MPH
1:00 PM	3:00 PM	Afternoon workshops - select 2 to attend of the following 3 options 1. AI – how to for novices - “build your own agent” Lizzie Crowston & Michelle Amos 2. Women and Sexual Health Isabel Green MD & Susan Kok MD 3. Microaffirmations, Growing your Network for Professional Growth and Impact Erin O’Brien, MD & Semirra L. Bayan, M.D.
3:00 PM		Adjourn
5:00 PM	7:00 pm	Join us for our reception and put your Elevator Pitches into practice

Day 2		Friday, November 20, 2026
6:30 AM	7:30 AM	Breakfast with the Experts Table talk Q&A begins at 6:45

7:30 AM	8:00 AM	From Burnout to Balance in Medicine Cynthia Stonnington MD & Suneela Vegunta, MD
8:00 AM	8:30AM	EBM for Mental Health Kristin Somers, MD
8:30 AM	8:45 AM	Moderated Question & Answer
8:45 AM	9:20 AM	Poster Presentations: Stories of GRIT
9:20 AM	9:55 AM	Communications in Polarizing Environments Kim M. Barbel Johnson, D.O., M.P.A.
9:55 AM	10:10 AM	Moderated Question & Answer
10:10 AM	10:25 AM	Refreshment Break & Poster Viewing
10:25 AM	10:55 AM	Inclusive Leadership Julie A. Hobbs
10:55 AM	11:25 AM	Building your skills (LLIFE model) Karen M. Mellum, PhD, SPHR
11:25 AM	11:40 AM	Moderated Question & Answer
11:40 AM	12:10 PM	Managing Adverse experiences & Violence Towards Providers Sarayna S. McGuire, M.D., M.S.
12:10 PM	12:30 PM	Book Discussion with author Danielle L. Leukam
12:30 PM	12:45 PM	Moderated Question & Answer

12:45 PM	Adjourn
----------	---------

Day 3		Saturday, November 21, 2026
6:30 AM	7:30 AM	Breakfast with the Experts Table talk Q&A begins at 6:45
7:30 AM	8:00 AM	Advocacy as Parent and Clinician Andy J. Herber, P.A.-C.
8:00 AM	8:30 AM	Hidden work of Parenting – how leaders can redistribute invisible labor Christine L. Klassen, M.D.
8:30 AM	9:00 AM	Powering through Menopause: Controversies, Guidelines and Practical Tips Ekta Kapoor, M.B.B.S.
9:00 AM	9:15 AM	Moderated Question & Answer
9:15 AM	9:45 AM	New Capabilities and Advances in Research and Clinical Practice Through Business Development Opportunities Olayemi Sokumbi, M.D. Francis Baffour, M.D.
9:45 AM	10:00 AM	Moderated Question & Answer
10:00 AM	10:15 AM	Refreshment Break & Poster Viewing
10:15 AM	10:45 AM	Physicians as Athletes - Optimizing Career Longevity Candace F. Granberg, M.D.

10:45 AM	11:15 AM	TBD
11:15 AM	11:45 AM	Vaccine controversy- Navigating tough conversations Robert M. Jacobson, M.D.
11:45 AM	11:55 AM	Moderated Question & Answer
11:55 AM	12:25 PM	Stories of GRIT: A Cross Generational Perspective Panel Discussion Moderator: Dr. Emily Sharpe
12:25 PM	12:40 PM	Moderated Question & Answer
12:40 PM	1:00 PM	Closing Remarks & Course Adjourns

Total minutes: 1205

Total credit hours: $1205/60 = 20$