

Practice of Internal Medicine 2026
Hilton Rochester Mayo Clinic Area Hotel and LIVESTREAM
 May 11 – May 15, 2026

Monday, May 11, 2026	
6:45 a.m.	Registration & Breakfast
7:45 a.m.	Welcome and Course Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	The Eye in Primary Care <i>Mary K. Finta, M.D.</i>
8:35 a.m.	The Ups and Downs of Recurrent Emesis: Cyclical Vomiting Syndrome and Cannabis Hyperemesis <i>Stephanie L. Hansel, M.D., M.S.</i>
9:10 a.m.	All About GLP-1's: Indications, Side Effects, and Benefits <i>Meera Shah, M.B., Ch.B.</i>
9:45 a.m.	Break
10:05 a.m.	Is This Hard on My Kidneys? <i>Andrea G. Kattah, M.D.</i>
10:40 a.m.	COPD 2026: Personalized Treatment <i>Megan M. Duloher Scrogin, M.D.</i>
11:15 a.m.	Clinical Pearls – Gastroenterology <i>Amy Oxentenko, M.D.</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Common Cosmetic Dermatology Concerns for the Internist <i>Saranya P. Wyles, M.D., Ph.D.</i>
1:35 p.m.	Medical Cannabis and CBD Products in Older Adults <i>Thomas R. Pittelkow, D.O., M.P.H.</i>
2:10 p.m.	Break
2:30 p.m.	Nocturnal Leg Cramps: Management for the Generalist <i>Nathan P. Young, D.O.</i>
3:05 p.m.	Cases in HFpEF and GDM Therapy <i>Barry A. Boilson, M.D.</i>
3:40 p.m.	Monday Highlights <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
3:45 p.m.	Adjourn

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Tuesday, May 12, 2026	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Breast Disease and Screening in 2026 <i>Christine L. Klassen, M.D.</i>
8:35 a.m.	Chest Pain and Palpitations <i>Michael W. Cullen, M.D.</i>
9:10 a.m.	Memory Problems: What to Ask, When to Worry, and What to Do <i>Mairead M. Bartley, M.B., B.Ch., B.A.O., M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Practice Changing Updates in Primary Care <i>Majken T. Wingo, M.D.</i>
10:40 a.m.	Primary Care for Solid Organ Transplant Recipients <i>Andrew J. Bentall, M.B., Ch.B., M.D.</i>
11:15 a.m.	Clinical Pearls - General Internal Medicine <i>Chris R. Stephenson, M.D., M.H.P.E.</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Rheumatology Curbside Consults <i>Uma Thanarajasingam, M.D., Ph.D.</i>
1:35 p.m.	Hypercalcemia: Diagnosis, Management, and Pitfalls in Primary Care <i>Kurt A. Kennel, M.D.</i>
2:10 p.m.	Break
2:30 p.m.	Cases in VTE, from Simple to Complex <i>Robert D. McBane, M.D.</i>
3:05 p.m.	Cases from the Women's Health Clinic <i>Denise M. Millstine, M.D.</i>
3:40 p.m.	Tuesday Highlights <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
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Wednesday, May 13, 2026	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Sports Medicine for the Generalist <i>Matthew B. Anastasi, M.D.</i>
8:35 a.m.	Diagnosis and Treatment of MASLD in Primary Care <i>William Sanchez, M.D.</i>
9:10 a.m.	Quick Office CBT for Uncertain Times <i>Craig N. Sawchuk, Ph.D., L.P.</i>
9:45 a.m.	Break
10:05 a.m.	Adrenal Insufficiency – What PCPs Need to Know <i>Lucinda M. Gruber, M.D.</i>
10:40 a.m.	Clinical Pearls – Neurology <i>Beth E. Robertson, M.D.</i>
11:15 a.m.	Clinical Pearls – Addiction Medicine <i>Charles P. Reznikoff, M.D.</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Updates on Multiple Sclerosis Diagnosis and Management <i>Samantha A. Banks, M.D.</i>
1:35 p.m.	Radiation Therapy for Benign Conditions: What’s New <i>Abigail L. Stockham, M.D.</i>
2:10 p.m.	Break
2:30 p.m.	Depression in Primary Care: Diagnosis and Management Options <i>William B. Leasure, M.D.</i>
3:05 p.m.	Considerations for Aging Vaginal and Urinary Health <i>Hannah C. Nordhues, M.D.</i>
3:40 p.m.	Wednesday Highlights <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
3:45 p.m.	Adjourn

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Thursday, May 14, 2026	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Myalgic Encephalomyelitis/Chronic Fatigue Syndrome <i>Stephanie L. Grach, M.D., M.S.</i>
8:35 a.m.	Approach to Insomnia <i>Mithri Junna, M.D.</i>
9:10 a.m.	Updates on Personal Health Devices and Apps Patients Use <i>Bright P. Thilagar, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Hereditary Cancer Syndromes <i>Jean Marie McGowan, M.D.</i>
10:40 a.m.	Primary Care of the BMT Patient <i>Urshila Durani, M.D., M.P.H.</i>
11:15 a.m.	MGUS and Dysproteinemias <i>Rahma Warsame, M.D.</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Primary Care of the Patient with Advanced CKD <i>Ginny A. Dines, M.D.</i>
1:35 p.m.	Updates in Cervical Cancer Screening: Primary HPV, Self-Collection, and More <i>Kathy L. MacLaughlin, M.D.</i>
2:10 p.m.	Break
2:30 p.m.	Updates in Alzheimer's Disease Treatment – Where Are We in 2026 <i>Vijay K. Ramanan, M.D., Ph.D.</i>
3:05 p.m.	Approach to Breast Pain <i>Sandhya Pruthi, M.D.</i>
3:40 p.m.	Wednesday Highlights <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
3:45 p.m.	Adjourn

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Friday, May 15, 2026	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Approach to Falls in Older Adults <i>Brandon P. Verdoorn, M.D.</i>
8:35 a.m.	Management of Common Painful Spine Conditions: Neck Pain, Back Pain, Radiculopathy <i>Jennifer I. Stern, M.D.</i>
9:10 a.m.	An Update on H. Pylori: Diagnosis and Management <i>Derek W. Ebner, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Controversies in Advance Care Planning: Can We Just Stop Doing ACP Now? <i>Molly A. Feely, M.D.</i>
10:40 a.m.	Systemic Lupus Erythematosus <i>Kristen J. Young, D.O.</i>
11:15 a.m.	Pharmacotherapy for Alcohol Use Disorder <i>Gretchen A. Colbenson, M.D.</i>
11:50 a.m.	Wrap-Up and Closing Remarks <i>Hannah C. Nordhues, M.D., and Brandon P. Verdoorn, M.D.</i>
12:00 p.m.	Adjourn