

# Mayo Osteopathic Research and Education (MORE) Conference 2026

September 18-19, 2026  
Assisi Heights – Rochester, Minnesota

<b>September 18, 2026</b>							
8:30 am	<b>Registration</b>						
9:00 am	<b>Introduction and Course Overview</b> Stephen K Stacey, D.O., FAAFP <b>Keynote Presentation: <i>Quantifying Functional Pathology of the Musculoskeletal System (FPMSS) Following Cerebral Ischemia: The SOMADC-AC Study</i></b> William James Brooks, D.O.; John Schousboe, M.D., Ph.D.; and Alan Yee, D.O. Location: Auditorium						
9:50 am	<b>Break and Transition</b>						
10:00 am	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; background-color: #e6f2ff;"> <b>Rotating Workshops Session A</b>            See schedule below         </td> <td style="width: 50%; background-color: #e6ffe6;"> <b>OMM Essentials Session 1</b>            See schedule below         </td> </tr> <tr> <td style="background-color: #e6f2ff;"> <b>Transition</b> </td> <td></td> </tr> <tr> <td style="background-color: #e6f2ff;"> <b>Rotating Workshops Session B</b>            See schedule below         </td> <td></td> </tr> </table>	<b>Rotating Workshops Session A</b> See schedule below	<b>OMM Essentials Session 1</b> See schedule below	<b>Transition</b>		<b>Rotating Workshops Session B</b> See schedule below	
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<b>Rotating Workshops Session B</b> See schedule below							
10:45 am							
10:55 am							
11:40 am	<b>Lunch is served</b> Location: Hallway outside of Auditorium						
12:00 pm	<b>Platform Presentation: <i>A Survey of Cutting-Edge OMM Research</i></b> Brian Degenhardt, D.O. Location: Auditorium						
12:50 pm	<b>Oral Scholarship Presentations</b>						
1:40 pm	<b>Poster Session</b> Explore the poster hall to view scholarly work. Engage with the authors to ask questions, share ideas, and discuss their research. <i>No CME credit offered.</i> Location: Earth Room						
2:20 pm	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; background-color: #e6f2ff;"> <b>Rotating Workshops Session C</b>            See schedule below         </td> <td style="width: 50%; background-color: #e6ffe6;"> <b>OMM Essentials Session 2</b>            See schedule below         </td> </tr> <tr> <td style="background-color: #e6f2ff;"> <b>Transition</b> </td> <td></td> </tr> <tr> <td style="background-color: #e6f2ff;"> <b>Rotating Workshops Session D</b>            See schedule below         </td> <td></td> </tr> </table>	<b>Rotating Workshops Session C</b> See schedule below	<b>OMM Essentials Session 2</b> See schedule below	<b>Transition</b>		<b>Rotating Workshops Session D</b> See schedule below	
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<b>Rotating Workshops Session D</b> See schedule below							
3:05 pm							
3:15 pm							
4:00 pm	<b>Adjourn Day</b>						
4:00–6:00 pm	<b>Residency Fair</b> Location: Earth Room This dedicated two-hour event connects residency programs with osteopathic medical students actively exploring osteopathic training opportunities.  Programs with osteopathic recognition, those seeking recognition, and programs interested in recruiting students with an interest in osteopathic education and OMM are encouraged to join. All specialties are welcome, whether or not your program currently holds osteopathic recognition. We look forward to your participation as a vendor or as a conference attendee to engage with the next generation of osteopathic physicians.						

### Rotating Workshops

Each workshop is delivered during four rotating sessions, giving attendees multiple opportunities to find room in a workshop.

**Workshop 1:** *Muscle Energy 2.0: Isolating the Barrier*

Joanne Genewick, D.O.

Location: Auditorium NW corner

**Workshop 2:** *Using the Fascial Distortion Model in Acute Care Settings*

Jessica Pelletier, D.O., MHPE, FDM-IC

Location: Auditorium, NE corner

**Workshop 3:** *FDM Essentials*

Leif Magnusson, D.O.; Chris Martinez, D.O.

Location: Auditorium, SE corner

**Workshop 4:** *Mastering Indirect Techniques*

Tony Furlano, D.O.

Location: Auditorium, SW corner

**Workshop 5:** *OMT for Pregnancy-Related Pain and Dysfunction*

Andrew Slattengren, D.O.

Location: Fire 1 room

**Workshop 6:** *OMM for the Upper Extremity*

Jonathon Kirsch, D.O.

Location: Fire 2 room

**Workshop 7:** *Bench to Bedside: Advanced Palpation Calibration with Objective Feedback*

Brian Degenhardt, D.O.

Location: Water 1 room

**Workshop 8:** *Clinical Application of the Functional Pathology of the Musculoskeletal System (FPMSS) Paradigm*

William James Brooks, D.O.; John Schousboe, M.D., Ph.D.; Alan Yee, D.O.

Location: Water 2 room

### OMM Essentials Track

OMM Essentials offers hands-on, practical training in osteopathic manual medicine for MDs, DOs, APPs, therapists, and other healthcare professionals seeking foundational skills and integration into practice. This track is ideal for providers new to OMM, as well as DOs and other clinicians looking to refresh skills, rebuild confidence, and reintroduce OMM into clinical care.

**Session 1:** *Foundations of Osteopathic Manipulative Medicine: Part 1*

Location: Sun Room

**Session 2:** *Foundations of Osteopathic Manipulative Medicine: Part 2*

Location: Sun Room

## September 19, 2026

7:15 am	<b>Registration &amp; breakfast</b>		
8:00 am	<b>Introduction</b> Stephen K Stacey, D.O., FAAFP <b>Keynote Presentation:</b> <i>Connecting Osteopathic Principles to Biological Mechanisms</i> Lisa Hodge, Ph.D.  Location: Auditorium		
8:50 am	<b>Break, Transition</b>		
	<b>Clinical Track</b>	<b>Research &amp; Education Track</b>	<b>OMM Essentials</b>
	<b>Clinical Mastery in OMT Workshops</b> <i>Hands-on workshop for experienced OMM practitioners</i> Location: Auditorium	<b>Osteopathic Scholarship &amp; Education Forum</b> <i>Sessions on research, curriculum, and academic development</i> Location: Earth Room	<b>OMM Essentials Workshops</b> <i>Foundational, hands-on sessions</i> Location: Sun Room
9:00 am	<i>Long Lever Techniques for Low Back Pain: Biomechanics, Ergonomics, and Clinical Application</i> Presenter TBD	<i>Extending Osteopathic Training to Allopathic Learners</i> Andrew Slattengren, D.O.	<i>Osteopathic Manipulative Medicine Essentials Workshop</i>
9:50 am	<b>Break, Transition</b>		
10:00 am	<i>OMT for Athletic Injury and Performance</i> Nicholas Hora, D.O.	<i>The Science of Touch: A Panel Discussion</i> William Brooks, D.O.; Brian Degenhardt, D.O.; Stephen K Stacey, D.O., FAAFP; Alan Howe Yee, D.O.	<i>Osteopathic Manipulative Medicine Essentials Workshop</i>
10:50 am	<b>Break, Transition</b>		
11:00 am	<i>Evaluation and Osteopathic Treatment of Gastrointestinal Disorders</i> Joanne Genewick, D.O.	<i>Turning Clinical Curiosity into Mechanistic Research</i> Lisa Hodge, Ph.D.	<i>Osteopathic Manipulative Medicine Essentials Workshop</i>
11:50 am	<b>Lunch is served</b> Location: Hallway outside of Auditorium		
12:10 pm	<b>Lunchtime platform presentation:</b> <i>Mapping Myofascial Mobility with Imaging: Progress with MR Elastography</i> Ziyang Yin, Ph.D. Location: Auditorium		
1:00 pm	<b>Poster Session</b> Explore the poster hall to view scholarly work. Engage with the authors to ask questions, share ideas, and discuss their findings. <i>No CME credit offered.</i> Location: Earth Room		

1:30 pm	<b><i>Using the Fascial Distortion Model to Treat Complex Pain</i></b> Jessica Pelletier, D.O., MHPE, FDM-IC	<b><i>What High-Value Osteopathic Precepting Looks Like and Why It Matters</i></b> Christopher Medina, D.O.	<b><i>Osteopathic Manipulative Medicine Essentials Workshop</i></b>
2:20 pm	<b>Break, Transition</b>		
2:30 pm	<b><i>Needle in a Haystack: Precision Detection of Myofascial Dysfunction</i></b> Stephen K Stacey, D.O., FAAFP	<b><i>Measuring the clinical impact of Osteopathic Recognition</i></b> Tony Furlano, D.O.	<b><i>Osteopathic Manipulative Medicine Essentials Workshop</i></b>
3:20 pm	<b>Break, Transition</b>		
3:30 pm	<b>Platform Presentation: <i>Advancing Osteopathic Medicine: Education, Evidence, and the Responsibility to Lead</i></b> Robert Cain, D.O., FACOI, FAODME Location: Auditorium		
4:20 pm	<b>Closing Remarks, Research Awards Presentation</b> Stephen K Stacey, D.O., FAAFP Location: Auditorium		
4:30 pm	<b>Adjourn Conference</b>		