

## **“How We GRIT” Poster Session**

### Submission Criteria and Instructions

GRIT will host its annual poster session with the goal of sharing your knowledge to inspire leaders in healthcare to rise to situations and achieve success. We invite you to take advantage of the unique opportunity and submit an abstract to be presented as a poster during the course. Abstracts will be accepted until July 3, 2026.

Participants are encouraged to submit projects focused on clinical, educational, research, or administrative initiatives that strengthen professional fulfillment and effectiveness in leadership roles within medicine.

A panel will select a limited number of posters to present on stage on Friday, November 20, 2026, for the Stories of GRIT. The chosen presenters will give a short summary of their poster and answer audience questions.

The following fields are required when submitting poster information.

- Poster Title (short succinct title, up to 150 characters)
- Poster Author(s) and Co-author(s)
- Short Description (up to 300 words, please include the following elements)
  - Background/Context
  - Approach/Intervention
  - Outcomes/Impact
  - Discussion/Lessons Learned

### **Specific topics of interest**

- Equity, inclusion, and belonging in medicine
- Professional networking and collaboration
- Strategies for leadership
- Well-being initiatives
- Leadership Styles- Case studies: Lessons in Leadership (e.g. transformational, collaborative, democratic, etc.)
- Optimizing the workplace - Business change, leading for change, leading clinical change
- Innovative methods (educational, research or clinical)

- Mentoring programs
- Collaborations that include trainees (students, residents, fellows, post-docs), faculty, and/or institutional leaders

### **Additional Information**

- Conference will provide display boards and push pins
- Registration to the in-person conference is required for at least one of the poster's authors. Authors must be available for discussions with peers during the poster session(s)
- Posters will be exhibited throughout the entirety of the course.

### **Review and Selection**

The Committee will review and select posters based on the following criteria:

- Fits with the theme of the course - removing barriers and biases in healthcare
- Clarity of writing
- Potential of the ideas to be adapted to other sites or institutions
- Creativity and originality

### **Notifications**

Notification of acceptance will occur in August 2026. All poster presenters are responsible for conference registration fees and securing and paying for travel and lodging.

### **Poster Design and Printing**

Media Support Services can help with the design and printing of your poster. The following links will take you to more information about their services:

- [Poster Design and Printing](#)
- [Poster Printing Only](#)

You can also reach out to them at 507-284-3450 or [mediasupport@mayo.edu](mailto:mediasupport@mayo.edu) with any additional questions