

Updates in Internal Medicine 2026

General Session

Thursday, October 15, 2026

All times listed are Eastern Time Zone

Start time	End time	Title
6:30 AM	7:00 AM	Breakfast and Registration 6:45 AM- Livestream Begins
7:00 AM	7:05 AM	Introductions and Announcements Sanjeev Nanda, MD
7:05 AM	7:50 AM	Literature Review in General Internal Medicine Jason H. Szostek, MD
7:50 AM	8:00 AM	Q&A
8:00 AM	8:45 AM	*Medication Updates for the General Practice Christopher M. Wittich, MD, PharmD
8:45 AM	8:55 AM	Q&A
8:55 AM	9:40 AM	Genomics in Primary Care Robb Rowley, MD
9:40 AM	9:50 AM	Q&A
9:50 AM	10:10 AM	Break
10:10 AM	10:55 AM	Updates in Nephrology Ginny A. Dines, MD
10:55 AM	11:05 AM	Q&A
11:05 AM	11:50 AM	Radiology for the Primary Care Provider Avinash K. Nehra, MD
11:50 AM	12:00 PM	Q&A
12:00 PM	12:45 PM	Updates in Hospital Medicine Sagar Dugani, MD, PhD
12:45 PM	12:55 PM	Q&A
12:55 PM		Adjourn Day One

General Session

Friday, October 16, 2026

All times listed are Eastern Time Zone

Start time	End time	Title
6:30 AM	7:00 AM	Breakfast 6:45 AM- Livestream Begins
7:00 AM	7:05 AM	Introductions and Announcements Rayya A. Saadiq, DO
7:05 AM	7:35 AM	*HIV PrEP Guidelines Update MJ Kasten, MD
7:35 AM	7:45 AM	Q&A
7:45 AM	8:30 AM	Updates in Perioperative Medicine Michael A. Mikhail, MD
8:30 AM	8:40 AM	Q&A
8:40 AM	9:25 AM	*Updates in Rheumatology Kerry Wright, MBBS
9:25 AM	9:35 AM	Q&A
9:35 AM	9:55 AM	Break
9:55 AM	10:40 AM	*Updates in Diabetes Jennifer E. Clark, MD
10:40 AM	10:50 AM	Q&A
10:50 AM	11:20 AM	Updates in Geriatric Medicine Tito D. Pena Guzman, MD
11:20 AM	11:30 AM	Q&A
11:30 AM	12:05 PM	Women's Sexual Health and Cervical Health Guideline Update Richa Sood, MD, MS
12:05 PM	12:15 PM	Q&A
12:15 PM	12:45 PM	Hyperbaric Oxygen Therapy: Indications Jayanth Adusumalli, MBBS, MPH
12:45 PM	12:55 PM	Q&A
12:55 PM		Adjourn Day Two

General Session

Saturday, October 17, 2026

All times listed are Eastern Time Zone

Start time	End time	Title
6:30 AM	7:00 AM	Breakfast 6:45 AM- Livestream Begins
7:00 AM	7:05 AM	Introductions and Announcements LaSonya T. Natividad, APRN, CNP, MSN
7:05 AM	7:50 AM	*Updated Approach: Cognitive Impairment and Dementia Rodolfo Savica, MD, PhD
7:50 AM	8:00 AM	Q&A
8:00 AM	8:45 AM	*Depression Evaluation and Management for the General Practitioner Fouad El Chidiac, MD
8:45 AM	8:55 AM	Q&A
8:55 AM	9:25 AM	*GLP-1 and Fatty Liver Sahil Khanna, MBBS, MS
9:25 AM	9:35 AM	Q&A
9:35 AM	9:55 AM	Break
9:55 AM	10:35 AM	Updates in Gastroenterology Stephanie L. Hansel, MD, MS
10:35 AM	10:45 AM	Q&A
10:45 AM	11:30 AM	*Updates in Pulmonary Medicine Misbah Baqir, MBBS
11:30 AM	11:40 AM	Q&A
11:40 AM	12:20 PM	Optimizing Outpatient Clinical Practice with AI Alexander Ryu, MD
12:20 PM	12:30 PM	Q&A
12:30 PM		Adjourn – Thank you for attending!