

**28th Annual Mayo Clinic Internal Medicine Update
Session 1**

Hilton Sedona Resort

October 8-11, 2026

Mountain Standard Time

Tentative Schedule – Subject to Change

UAN: JA0000238-0000-26-101-L01-P

| Day 1 | | Thursday, October 8, 2026 |
|--------------|----------|---|
| 6:00 AM | 7:15 AM | Registration, Breakfast and Exhibits |
| 7:15 AM | 7:30 AM | Welcome & Introductions |
| 7:30 AM | 8:00 AM | Screening and Prevention for GYN Cancers in Primary Care Kristina Butler, M.D. |
| 8:00 AM | 8:30 AM | Assessment of Unexplained Dyspnea: Expanding your Differential Diagnosis Jan Stepanek, M.D., M.P.H. |
| 8:30 AM | 9:00 AM | GLP1 Update - Tips and Tricks Angela Coulter, Pharm.D., R.Ph. |
| 9:00 AM | 9:30 AM | Q & A Session Session Faculty |
| 9:30 AM | 10:00 AM | Refreshment Break and Exhibits |
| 10:00 AM | 10:30 AM | CGM Products - OTC, Implant, How to Analyze Jennie Dong, P.A.-C. Rosie Moses, M.S.N., R.N., CDCES Jamie Zalkus, R.N., CDCES |
| 10:30 AM | 11:00 AM | Updates in Prostate Cancer- Screening, Evaluation and Management Cassandra Moore, M.D. |

| Thursday, October 8, 2026 (Continued) | | |
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| 11:00 AM | 11:30 AM | Updates in 2026 Guidelines for Lipid-Lowering Therapy in Primary Care Regis Fernandes, M.D. |
| 11:30 AM | 12:00 PM | Managing Hidradenitis Suppurativa in Primary Care Stella Chen, M.D. |
| 12:00 PM | 12:30 PM | Q & A Session Session Faculty |
| 12:30 PM | 12:30 PM | Adjourn |
| 12:35 PM | 1:25 PM | Optional: Non-CME Product Theater Lunch Location: Dry Creek Canyon |
| 5:30 PM | 7:00 PM | Welcome Reception |

| Day 2 | | Friday, October 9, 2026 |
|--------------|----------|--|
| 6:00 AM | 7:15 AM | Breakfast and Exhibits |
| 7:15 AM | 7:30 AM | Announcements & Introductions |
| 7:30 AM | 8:00 AM | Management of GERD and Barrett's Esophagus Allon Kahn, M.D. |
| 8:00 AM | 8:30 AM | Managing Common Musculoskeletal Injuries in Primary Care Steven Poon, M.D. |
| 8:30 AM | 9:00 AM | Colorectal cancer screening and latest updates Suryakanth Gurudu, M.D. |
| 9:00 AM | 9:30 AM | Q & A Session Session Faculty |
| 9:30 AM | 10:00 AM | Refreshment Break and Exhibits |

| Friday, October 9, 2026 (Continued) | | |
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| 10:00 AM | 10:30 AM | Pelvic Floor PT Pauline Lucas, P.T., D.P.T. |
| 10:30 AM | 11:00 AM | Updates in Geriatrics Amit Shah, M.D. |
| 11:00 AM | 11:30 AM | Updates in Afib Dan Sorajja, M.D. |
| 11:30 AM | 12:00 PM | Managing Chronic Pain Without Pain Meds Cynthia Townsend, Ph.D., L.P. |
| 12:00 PM | 12:30 PM | Q & A Session Session Faculty |
| 12:30 PM | 12:30 PM | Adjourn |
| 12:35 PM | 1:25 PM | Optional: Non-CME Product Theater Lunch Location: Dry Creek Canyon |

| Day 3 | | Saturday, October 10, 2026 |
|--------------|---------|---|
| 6:00 AM | 7:15 AM | Breakfast and Exhibits |
| 7:15 AM | 7:30 AM | Announcements |
| 7:30 AM | 8:00 AM | Advanced cirrhosis and liver transplant for Primary Care Michele Barnhill, M.D. |
| 8:00 AM | 8:30 AM | Updates in Breast Imaging Dewonna Ferguson, M.D. |
| 8:30 AM | 9:00 AM | Practical approach to cervical and lumbar radiculopathy Lester Duplechan, M.D. |

| Saturday, October 10, 2026 (Continued) | | |
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| 9:00 AM | 9:30 AM | Q & A Session Session Faculty |
| 9:30 AM | 10:00 AM | Refreshment Break and Exhibits |
| 10:00 AM | 10:30 AM | Integrative medicine update Jyoti Patel, M.D. |
| 10:30 AM | 11:00 AM | Respiratory medicine update Richard Helmers, M.D. |
| 11:00 AM | 11:30 AM | Radiation therapy 101 for the primary care clinician Sarah James, M.D., Ph.D. |
| 11:30 AM | 12:00 PM | Managing Crystalline Arthropathies in Primary Care Nolan McBride, M.D. |
| 12:00 PM | 12:30 PM | Q & A Session Session Faculty |
| 12:30 PM | 12:30 PM | Adjourn |
| 12:35 PM | 1:25 PM | Optional: Non-CME Product Theater Lunch Location: Dry Creek Canyon |

| Day 4 | | Sunday, October 11, 2026 |
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| 6:00 AM | 7:15 AM | Breakfast and Exhibits |
| 7:15 AM | 7:30 AM | Announcements |
| 7:30 AM | 8:00 AM | Updates in Addiction Psychiatry Shirshendu Sinha, M.D. |
| 8:00 AM | 8:30 AM | Treatment resistant depression Eric Noble, M.D. |

Sunday, October 11, 2026 (Continued)

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| 8:30 AM | 9:00 AM | Measles and Vaccine-Preventable Illnesses for Primary Care Jamilah Shubeilat, M.D. |
| 9:00 AM | 9:30 AM | Q & A Session |
| 9:30 AM | 10:00 AM | Refreshment Break and Exhibits |
| 10:00 AM | 10:30 AM | Updates in CKD management- slowing the progression Evamaria Anvari, M.D. |
| 10:30 AM | 11:00 AM | Updates in Palliative Medicine Mark Edwin, M.D. |
| 11:00 AM | 11:30 AM | Procedural Interventions for Chronic Low Back Pain Jillian Maloney, M.D. |
| 11:30 AM | 12:00 PM | Q & A Session Session Faculty |
| 12:00 PM | 12:00 PM | Adjourn |