

Mayo Clinic Cardiology Update: The Heart of the Matter 2026

The Enchantment Resort – Sedona, AZ
July 29 – August 1, 2026
Mountain Standard Time

Day 1: Wednesday, July 29th

11:50 AM	Registration, Appetizers & Exhibits
12:50 PM	Welcome Announcements Luis R. Scott, M.D. and Fadi Shamoun, M.D.
Moderators: Luis R. Scott, M.D. and Win-Kuang Shen, M.D.	
1:00 PM	Success Rates, Anticoagulation, Re-Do Ablations: How is PFA Changing the Landscape of AF Treatment Komandoor Srivathsan, M.D.
1:25 PM	Is Physiologic Pacing the Default Pacing Strategy for All Patients? Siva K. Mulpuru, M.D., M.P.H.
1:50 PM	Ventricular Arrhythmias: When Do I Need to Worry? Win-Kuang Shen, M.D.
2:15 PM	Inherited Arrhythmia Syndromes: Diagnosis and Risk Stratification Mayank Sardana, M.B.B.S., M.D.
2:40 PM	Practical ECG Interpretation: Session 1 Christopher N. Kanaan, M.D.
3:05 PM	Panel Q&A
3:25 PM	Break & Exhibits
Moderators: Luis R. Scott, M.D. and Siva K. Mulpuru, M.D., M.P.H.	
3:45 PM	Rhythm Issues in HCM: How to Stratify and Treat Luis R. Scott, M.D.
4:10 PM	Rhythm Issues in Cardiac Sarcoidosis: How to Stratify and Treat Hicham Z. El Masry, M.D.
4:35 PM	The Evolution of Primary Prevention ICD: Where Are We In 2026 Ciorsti J. MacIntyre, M.D.
5:00 PM	Practical ECG Interpretation: Session 2 Michael B. Liu, M.D.
5:25 PM	Challenging Case Presentation and Panel Discussion Eiad A. Habib, M.B.B.S.
5:45 PM	Panel Q&A
6:00PM	Attendee Welcome Reception

Day 2: Thursday, July 30th

6:30 AM	Breakfast & Exhibits
7:20 AM	Announcements Luis R. Scott, M.D.
Moderators: Barbara S. Novais, APRN, D.N.P., R.N. and Kwan S. Lee, M.B., B.Ch., M.D.	
7:25 AM	PCI in Patients with Atrial Fibrillation on DOAC Therapy Kwan S. Lee, M.B., B.Ch., M.D.
7:50 AM	Top 5 New Trials that will Shape Your CAD Practice Malcolm R. Bell, M.D.
8:15 AM	ANOCA / INOCA / MINOCA Understanding Healthy and Pathogenic Coronary Physiology Claire E. Raphael, M.B.B.S., Ph.D.
8:40 AM	Management of Hypertension Evidence and Guidelines in Practice Amy W. Pollak, M.D.
9:05 AM	Medical Therapy vs. Angioplasty in Ischemic Heart Disease Charles Cannan, M.D.
9:30 AM	Panel Q&A
9:55 AM	Break & Exhibits
Moderators: Fadi Shamoun, M.D. and Courtney R. Kenyon, P.A.-C., M.S.	
10:15 AM	Cardiovascular Effect of G LP 1 Receptor Agonist: Mechanisms Beyond Glycemic Control Regis I. Fernandes, M.D.
10:40 AM	Optimizing Lipid Lowering Therapy: Indication Timing and Agent Selection Susan M. Halli Demeter, APRN, D.N.P., F.N.P.
11:05 AM	Nutrition in Cardiovascular Disease: Evidence-Based Dietary Approaches Kyla M. Lara-Breitinger, M.D., M.H.S.
11:30 AM	Physiologic Cardiac Remodeling in Athletes: When to Reassure and When to Worry Satyajit T. Reddy, M.D.
11:55 AM	Challenging Case Presentation and Panel Discussion Mohamed N. Allam, M.D.
12:25 PM	Panel Q&A
12:45 PM	Adjourn
12:50 PM	Optional Non-CME Product Theatre Lunch <i>Regeneron: Ocotillo Ballroom</i>

Day 3: Friday, July 31st	
7:30 AM	POCUS Session Attendees Breakfast (<i>POCUS attendees only</i>)
8:00 AM	POCUS Session Justin N. Shipman, M.D. and Nikita R. Krause, M.D.
9:45 AM	Break and Exhibits (<i>all attendees</i>)
10:00 AM	Announcements Fadi Shamoun, M.D.
Moderators: Courtney R. Kenyon, P.A.-C., M.S. and Said Alsidawi, M.D.	
10:05 AM	Tricuspid Valve Regurgitation: Imaging and Classification Said Alsidawi, M.D.
10:30 AM	Transcatheter Solutions for Tricuspid Valve Regurgitation John P. Sweeney, M.D.
10:55 AM	Mitral Valve Regurgitation: Imaging-Based Assessment and Classification Rohit Mital, M.D.
11:20 AM	Transcatheter Treatment Strategies for Mitral Regurgitation Peter M Pollak, M.D.
11:45 AM	Panel Q&A
12:10 PM	Lunch Provided
12:10 PM	Optional Non-CME Product Theatre Lunch <i>AstraZeneca</i> : Ocotillo Ballroom
Moderators: Rohit Mital, M.D. and Barbara S. Novais, APRN, D.N.P., R.N.	
1:10 PM	Exercise Testing Beyond Obstructive Coronary Disease: Interpreting Ischemia in the Moderate Era Mayurkumar D. Bhakta, M.D.
1:35 PM	Acute Aortic Syndromes: Diagnosis and Management George Wang, M.D.
2:00 PM	Artificial Intelligence in Cardiology: Transforming Diagnosis Risk Stratification and Care Reza Arsanjani, M.D.
2:25 PM	Applied Hemodynamics and Case-Based Learning in Echocardiography Rohit Mital, M.D. and Reza Arsanjani, M.D.
2:50 PM	Challenging Case in Valvular Heart Disease: Presentation and Panel Discussion Ramzi Ibrahim, M.D., Girish Pathangey, M.D., and Omar J. Baqal, M.B.B.S.
3:50 PM	Adjourn

Day 4: Saturday, August 1 st	
6:10 AM	Registration, Breakfast & Exhibits
7:00 AM	Announcements Luis R. Scott, M.D.
Moderators: Fadi Shamoun, M.D.	
7:05 AM	Cardiogenic Shock Early Recognition and Contemporary Management Brian W. Hardaway, M.D.
7:30 AM	A Case-Based Approach to Initiating GDMT for HFrEF: Guidelines and Management Update Courtney R. Kenyon, P.A.-C., M.S.
7:55 AM	Cardiac Amyloidosis: Diagnosis and Management D. Eric Steidley, M.D.
8:20 AM	Mechanical Circulatory Support an Update for General Cardiology Practice Brian W. Hardaway, M.D.
8:45 AM	Complex Heart Failure Case Presentation and Panel Discussion Sofia Lakhdar, M.D.
9:10 AM	Panel Q&A
9:35 AM	Break and Exhibits
Moderators: Fadi Shamoun, M.D. and George Wang, M.D.	
9:55 AM	Cardio-Oncology: Cardiovascular Complications of Cancer Therapy Balaji Tamarappoo, M.D., Ph.D.
10:20 AM	Hypertrophic Cardiomyopathy: Diagnosis and Management in the Era of New Therapeutic Options Said Alsidawi, M.D.
10:45 AM	Arterial Aneurysms and Dissection A Case Based Approach to Diagnosis Imaging and Management Fadi Shamoun, M.D.
11:10 AM	Tour de Hearts: A Guide Through Adult Congenital Heart Disease Francois Marcotte, M.D.
11:35 AM	Pulmonary Hypertension: Classification, Hemodynamics, and Contemporary Management Robert L. Scott, M.D., Ph.D.
12:00 PM	Complex Aortic Case Presentation and Panel Discussion Mahmoud H. Abdelnabi, M.B., B.Ch., M.S.
12:25 PM	Panel Q&A
12:50 PM	Adjourn