

Integrated Behavioral Health in Primary Care 2027 - Approaches that Work		
Mayo Clinic Franke Education Center		
January 29-30, 2027		
Arizona Time Zone		

Day 1		Date
7:00 AM	8:00 AM	Registration, Breakfast, Exhibitors Craig Sawchuk, PhD
8:00 AM	8:15 AM	Welcome, Introduction to Course, and Day 1 Overview Craig Sawchuk, Ph.D.
8:15 AM	8:45 AM	Integrated Care for Chronic Conditions: What We Know and Where We Need to Go
8:45 AM	9:45 AM	Building Models of Chronic Disease and Mental Health
9:45 AM	10:00 AM	Refreshment Break and Exhibitors
10:00 AM	10:45 AM	How Pharmacy can Advance Diabetes Outcomes in Primary Care
10:45 AM	11:30 AM	Behavioral Strategies to Enhance Adherence to Chronic Disease Care
11:30 AM	12:15 PM	The Age of GLP1s in Obesity Management in Primary Care
12:15 PM	1:15 PM	Lunch - Networking
1:15 PM	2:00 PM	Management of Chronic Illness in Children
2:00 PM	2:30 PM	Problem-Solving Social Determinants of Health
2:30 PM	3:00 PM	Single-Session Interventions for Chronic Disease, Mental Health, and Well-Being
3:00 PM	3:15 PM	Refreshment Break and Exhibitors
3:15 PM	4:00 PM	Chronic Pain and Trauma in Primary Care
4:00 PM	4:30 PM	Psychiatric Management of Chronic Pain

4:30 PM	4:45 PM	Day 1 Wrap Up and Day 2 Preview Craig Sawchuk, PhD & Scott Breitingner, MD
4:45 PM	4:45 PM	Adjourn

Day 2		Date
7:00 AM	8:00 AM	Breakfast and Exhibitors
8:00 AM	8:15 AM	Welcome and Overview of Day 2 Scott Breitingner, MD
8:15 AM	8:45 AM	Expanding Care Coordination to new stakeholders
8:45 AM	9:45 AM	Best Practices to Support Care Needs of LGBTQ+ Patients
9:45 AM	10:00 AM	Refreshment Break & Exhibitors
10:00 AM	10:45 AM	Effectively Managing Patients with Personality Disorders in the Primary Care Setting
10:45 AM	11:45 AM	Deprescribing and Psychodynamic Psychopharmacology
11:45 AM	12:15 PM	Updates and best practices from Sleep Medicine
12:15 PM	1:15 PM	Lunch - Networking
1:15 PM	2:00 PM	Adolescent Mental Health Care in the Era of Social Media
2:00 PM	2:45 PM	Research Updates on AI and its impact on Mental Health Care
2:45 PM	3:00 PM	Refreshment Break, Exhibitors
3:00 PM	3:45 PM	Design, Development, and Implementation of a Novel Digital Care Coordination Platform
3:45 PM	4:00 PM	Conference Wrap Up
4:00 PM	4:00 PM	Adjourn