



Mayo Osteopathic Research and Education (MORE) Conference

September 18-19, 2026
Assisi Heights - Rochester, Minnesota

September 18, 2026		
8:30 am	Conference Registration Coffee available	
9:00 am	Introduction and Course Overview Stephen K. Stacey, DO, FAAFP Keynote Presentation: <i>Quantifying Functional Pathology of the Musculoskeletal System (FPMSS) Following Cerebral Ischemia: The SOMADC-AC Study</i> William James Brooks, DO and Alan Yee, DO	
9:50 am	Break	
10:00 am	Rotating Workshops Session A Choose one of the options listed below.	OMM Essentials Session 1 See options schedule below
10:45 am	Transition	
10:55 am	Rotating Workshops Session B Choose one of the options listed below.	
11:40 am	Lunch Break	
12:00 pm	Platform Presentation: <i>A Survey of Cutting-Edge OMM Research</i> Brian Degenhardt, DO	
12:50 pm	Oral Scholarship Presentations	
	12:50-1:06 pm	<i>Quantifying Palpatory Force Symmetry: A Cross-Sectional Comparison of Student and Postgraduate Osteopathic Manipulative Medicine (OMM) Specialists</i> Zane Starks
	1:06-1:22 pm	<i>Osteopathic Manipulative Treatment and Breastfeeding- Correlation Between Age at Presentation, Mode of Delivery, and LATCH Score</i> Wassim Drissi
	1:22-1:38 pm	<i>Estimating Age in Early Life Using the Spheno-Occipital Synchondrosis- A Computed Tomography Study</i> Ashley Funkhouser
1:40 pm	Poster Session Explore the poster hall to view scholarly work. Engage with the authors to ask questions, share ideas, and discuss their research. <i>No CME credit offered for this session.</i> Earth Room	
2:20 pm	Rotating Workshops Session C Choose one of the options listed below.	OMM Essentials Session 2 See schedule below
3:05 pm	Transition	
3:15 pm	Rotating Workshops Session D Choose one of the options listed below.	
4:00 pm	Adjourn	
4:00 – 6:00 pm	Residency Fair Earth Room	

Rotating Workshops

Each workshop is delivered during four rotating sessions, giving attendees multiple opportunities to find room in a workshop.

Workshop 1: *Muscle Energy 2.0: Isolating the Barrier*

Joanne Genewick, DO

Workshop 2: *Using the Fascial Distortion Model in Acute Care Settings*

Jessica Pelletier, DO, MHPE, FDM-IC

Workshop 3: *FDM Essentials*

Leif Magnusson, DO and Chris Martinez, DO

Workshop 4: *Mastering Indirect Techniques*

Tony Furlano, DO

Workshop 5: *OMT for Pregnancy-Related Pain and Dysfunction*

Andrew Slattengren, DO

Workshop 6: *OMM for the Upper Extremity*

Jonathon Kirsch, DO

Workshop 7: *Bench to Bedside: Advanced Palpation Calibration with Objective Feedback*

Brian Degenhardt, DO

Workshop 8: *Clinical Application of the Functional Pathology of the Musculoskeletal System (FPMSS) Paradigm*

William James Brooks, DO; John Schousboe, MD, PhD; Alan Yee, DO

OMM Essentials Track

OMM Essentials offers hands-on, practical training in osteopathic manual medicine for MDs, DOs, APPs, therapists, and other healthcare professionals seeking foundational skills and integration into practice. This track is ideal for providers new to OMM, as well as DOs and other clinicians looking to refresh skills, rebuild confidence, and reintroduce OMM into clinical care.

Session 1 (10:00–11:40): *Foundations of Osteopathic Manipulative Medicine: Part 1*

Leif Magnusson, DO and Sarah James, DO

Location: Sun Room

Session 2 (2:20–4:00): *Foundations of Osteopathic Manipulative Medicine: Part 2*

Leif Magnusson, DO and Sarah James, DO

Location: Sun Room

September 19, 2026			
7:15 am	Registration & Breakfast		
8:00 am	Introduction and Course Overview Stephen K Stacey, DO, FAAFP		
8:05 am	Keynote Presentation: <i>Connecting Osteopathic Principles to Biological Mechanisms</i> Lisa Hodge, PhD		
8:50 am	Break, Transition		
	Clinical Track <i>Auditorium</i>	Research & Education Track <i>Earth Room</i>	OMM Essentials Workshops <i>Sun Room</i>
	Clinical Matery in OMT Workshops <i>Hands-on workshop for experienced OMM practitioners</i>	Osteopathic Scholarship & Education Forum <i>Sessions on research, curriculum, and academic development</i>	OMM Essentials Workshops <i>Foundational, hands-on sessions</i>
9:00 am	<i>From Technical Rationality to Professional Artistry: How to Master Spinal HVLA</i> Julien Moreno, DO, Msc	<i>Extending Osteopathic Training to Allopathic Learners</i> Andrew Slattengren, DO	<i>Osteopathic Manipulative Medicine Essentials Workshop: Headache</i> Sarah James, DO
9:50 am	Break, Transition		
10:00 am	<i>OMT for Athletic Injury and Performance</i> Nicholas Hora, DO	<i>The Science of Touch: A Panel Discussion</i> William Brooks, DO; Brian Degenhardt, DO; Stephen K Stacey, DO, FAAFP; Alan Howe Yee, DO	<i>Osteopathic Manipulative Medicine Essentials Workshop: URI</i> Sarah James, DO
10:50 am	Break, Transition		
11:00 am	<i>Evaluation and Osteopathic Treatment of Gastrointestinal Disorders</i> Joanne Genewick, DO	<i>Turning Clinical Curiosity into Mechanistic Research</i> Lisa Hodge, PhD	<i>Osteopathic Manipulative Medicine Essentials Workshop: Shoulder</i> Sarah James, DO
11:50 am	Lunch is served		
12:10 pm	Lunchtime platform presentation: <i>Mapping Myofascial Mobility with Imaging: Progress with MR Elastography</i> Ziying Yin, PhD		
1:00 pm	Poster Session Explore the poster hall to view scholarly work. Engage with the authors to ask questions, share ideas, and discuss their findings. <i>No CME credit offered for this session.</i> <i>Earth Room</i>		
1:30 pm	<i>Using the Fascial Distortion Model to Treat Complex Pain</i> Jessica Pelletier, DO, MHPE, FDM-IC	<i>What High-Value Osteopathic Precepting Looks Like and Why It Matters</i> Christopher Medina, DO	<i>Osteopathic Manipulative Medicine Essentials Workshop: Pneumonia</i> Sarah James, DO
2:20 pm	Break, Transition		

2:30 pm	<i>Needle in a Haystack: Precision Detection of Myofascial Dysfunction</i> Stephen K. Stacey, DO, FAAFP	<i>Measuring the Clinical Impact of Osteopathic Recognition</i> Tony Furlano, DO	<i>Osteopathic Manipulative Medicine Essentials Workshop: Hip Pain</i> Sarah James, DO
3:20 pm	Break, Transition		
3:30 pm	Platform presentation: <i>Advancing Osteopathic Medicine: Education, Evidence, and the Responsibility to Lead</i> Robert Cain, DO, FACOI, FAODME		
4:20 pm	Closing Remarks, Research Awards Presentation Stephen K Stacey, DO, FAAFP		
4:30 pm	Adjourn		

*Program schedule subject to change.

Day	Total
Fri	5.75
Sat	6.5
	12.25