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Originally from Seattle, Dr. West received his M.D. and Ph.D. in Biostatistics from the University of Iowa in 1999. He completed residency and chief residency in internal medicine at Mayo Clinic, and joined the faculty in General Internal Medicine in 2004. He is currently Professor of Medicine, Medical Education, and Biostatistics at Mayo. Dr. West is Director of the Mayo Clinic Program on Physician Well-Being and was named the first Medical Director of Employee Well-Being for Mayo Clinic in 2022. Dr. West's research has focused on medical education and physician well-being, and has been widely published in prominent journals including Lancet, JAMA, Annals of Internal Medicine, and JAMA Internal Medicine.