

**Clinical Updates in Pain Medicine**  
**Laguna Cliff JW Marriott**  
**April 8-10, 2027 (Pacific Time)**

| <b>Thursday, April 8, 2027</b> |                                                                                                            |
|--------------------------------|------------------------------------------------------------------------------------------------------------|
| 6:45 a.m.                      | Registration, Breakfast & Exhibits<br>Salon Foyer                                                          |
| 7:20 a.m.                      | <b>Welcome and Introduction</b><br><i>Matthew J. Pingree, M.D., Chanchrisna Kish, APRN, C.N.P., D.N.P.</i> |
| 7:30 a.m.                      | Clinical Approach to Neck Pain<br><i>Thomas P. Pittelkow, D.O., M.P.H.</i>                                 |
| 8:00 a.m.                      | Clinical Pearls: Low Back Pain<br><i>John A. Freeman, M.D.</i>                                             |
| 8:30 a.m.                      | Clinical Pearls: Cervical Myelopathy<br><i>Jennifer I. Stern, M.D.</i>                                     |
| 9:00 a.m.                      | Cases in Spine Care<br><i>Nick C. Canzanella, D.O.</i>                                                     |
| 9:30 a.m.                      | Panel Discussion - Q & A<br><i>Matthew J. Pingree, M.D., Chanchrisna Kish, APRN, C.N.P., D.N.P.</i>        |
| 9:45 a.m.                      | Refreshment Break & Exhibits                                                                               |
| 10:00 a.m.                     | Nutrition Interventions for Chronic Pain<br><i>Chelsey M. Hoffman, PA-C, M.S.</i>                          |
| 10:30 a.m.                     | The Obesity Epidemic and Chronic Pain<br><i>Mike J. Derr, D.O.</i>                                         |
| 11:00 a.m.                     | Addressing Co-Morbid Anxiety and Depression<br><i>Kristin J. Somers, M.D.</i>                              |
| 11:30 a.m.                     | Exhibitors break – Pick up box lunch                                                                       |
| 12:00 p.m.                     | Management of Opioid-Induced Side Effects                                                                  |
| 12:30 p.m.                     | Perioperative and Inpatient Management of Patients with Chronic Pain<br><i>Mark A. Bendel, M.D.</i>        |
| 1:00 p.m.                      | Q & A<br><i>Matthew J. Pingree, M.D., Chanchrisna Kish, APRN, C.N.P., D.N.P.</i>                           |
| 1:15 p.m.                      | Adjourn                                                                                                    |

| <b>Friday, April 9, 2027</b> |                                                                                                            |
|------------------------------|------------------------------------------------------------------------------------------------------------|
| 6:45 a.m.                    | Registration, Breakfast & Exhibits<br>Salon Foyer                                                          |
| 7:20 a.m.                    | <b>Welcome and Introduction</b><br><i>Matthew J. Pingree, M.D., Chanchrisna Kish, APRN, C.N.P., D.N.P.</i> |
| 7:30 a.m.                    | Vertebrogenic Spine Pain<br><i>Jillian A. Maloney, M.D.</i>                                                |

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| 8:00 a.m.  | Low-Dose Radiation Therapy in Osteoarthritis-Associated Joint Pain<br><i>Amanda F. Meyer, APRN, CNP, DNP</i>                       |
| 8:30 a.m.  | Advanced Neuromodulation: Application in Clinical Practice<br><i>W. David Mauck, M.D.</i>                                          |
| 9:00 a.m.  | Emerging Clinical Applications for High Intensity Focused Ultrasound: Chronic Back Pain<br><i>Christin A. Tiegs-Heiden, M.D.</i>   |
| 9:30 a.m.  | Panel Discussion - Q & A<br><i>Matthew J. Pingree, M.D., Chanchrisna Kish, APRN, C.N.P., D.N.P.</i>                                |
| 9:45 a.m.  | Refreshment Break & Exhibits                                                                                                       |
| 10:00 a.m. | Central Sensitization and Fibromyalgia<br><i>Christopher D. Sletten, Ph.D., L.P.</i>                                               |
| 10:45 a.m. | Weighing Our Options: GLP-1 Receptor Agonists in Pain and Periprocedural Management<br><i>Mark Friedrich B. Hurdle, M.D.</i>       |
| 11:30 a.m. | Break – Box Lunch                                                                                                                  |
| 12:00 p.m. | Approach to the Patient with Chronic Abdominal Pain<br><i>Tisha N. Lunsford, M.D.</i>                                              |
| 12:30 p.m. | Approach to the Female Patient with Chronic Pelvic Pain<br><i>Matthew J. Pingree, M.D., Chanchrisna Kish, APRN, C.N.P., D.N.P.</i> |
| 1:00 p.m.  | Panel Discussion - Q & A                                                                                                           |
| 1:15 p.m.  | Adjourn                                                                                                                            |

**Saturday, April 10, 2027**

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| 6:45 a.m. | Registration, Breakfast & Exhibits<br>Salon Foyer                                                          |
| 7:20 a.m. | <b>Welcome and Introduction</b><br><i>Matthew J. Pingree, M.D., Chanchrisna Kish, APRN, C.N.P., D.N.P.</i> |
| 7:30 a.m. | Common Medications to Treat Neuropathic Pain<br><i>James C. Watson, M.D.</i>                               |
| 8:00 a.m. | Approaches to Chronic Headache<br><i>Nathan P. Young, D.O.</i>                                             |
| 8:30 a.m. | Common Neuropathic Pain Conditions: Examination and Testing<br><i>James C. Watson, M.D.</i>                |
| 9:00 a.m. | Facial Pain<br><i>Narayan R. Kissoon, M.D.</i>                                                             |
| 9:30 a.m. | Panel Discussion - Q & A                                                                                   |

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|                                                                 | <i>Matthew J. Pingree, M.D., Chanchrisna Kish, APRN, C.N.P., D.N.P.</i>                             |
| 9:45 a.m.                                                       | Refreshment Break & Exhibits                                                                        |
| 10:00 a.m.                                                      | Buprenorphine for Patients with Chronic Pain<br><i>Benjamin Lai, M.B.B.Ch., BAO</i>                 |
| 10:45a.m.                                                       | Goals of Care Discussion                                                                            |
| 11:30 a.m.                                                      | Break - Box lunches                                                                                 |
| 12:00 p.m.                                                      | Lifestyle Medicine in Chronic Pain<br><i>Amy E. Rabatin, M.D.</i>                                   |
| 12:30 p.m.                                                      | Regenerative Medicine in Pain Medicine an Update<br><i>Stephen M. Covington, D.O.</i>               |
| 1:00 p.m.                                                       | Panel Discussion - Q & A<br><i>Matthew J. Pingree, M.D., Chanchrisna Kish, APRN, C.N.P., D.N.P.</i> |
| 1:15 p.m.                                                       | Adjourn                                                                                             |
| Cultural and Linguistic Competency (Optional, On-line offering) |                                                                                                     |