

MAYO CLINIC ARIZONA / PHOENIX CHILDREN'S IBD COLLABORATIVE CARE TEAM BOOTCAMP

Second Annual Conference (2027)

Mayo Clinic Arizona · Phoenix Children's

Saturday–Sunday, February 6–7, 2027 | All Times Mountain Standard Time

Mayo Clinic Arizona — Integrated Education & Research Building (IERB)

CONFERENCE LEADERSHIP

COURSE DIRECTORS Talha A. Malik, M.D. (Mayo Clinic) Michelle M. Gonzalez, M.D. (Phoenix Children's)

KEY REFINEMENTS INCORPORATED FOR 2027

- Shorter didactic slots (≈15 min) with **protected panel Q&A** and **protected breaks** that are not shortened when sessions run long.
- A more **family-centered Day 2**: a new Parent & Patient Advisory Voices session, plain-language framing, and expanded lived-experience panels.
- New **case-based interludes** (the #1 format request in the 2026 evaluations).
- Optional **Night-1 Welcome Reception & Networking** (Saturday evening; possible reception sponsor).
- Faculty-coordination note to **reduce topic overlap between presenters** and to repeat/mic audience questions during Q&A.

DAY 1 — SATURDAY, FEBRUARY 6, 2027

FOR PROVIDERS & ALLIED HEALTH

7:00 AM	Registration, Breakfast & Exhibits	
7:50 AM	Welcome & Conference Overview — Talha A. Malik, M.D. & Michelle M. Gonzalez, M.D.	
PLENARY 1 — IBD EPIDEMIOLOGY, PATHOGENESIS & DIAGNOSIS		
Session Moderators: Anna L. Silverman, M.D. & Manreet Kaur, M.B.B.S., M.D.		
8:00 AM	William A. Faubion, M.D.	Pathogenesis of IBD: Emerging Mechanisms & Clinical Implications
8:15 AM	Talha A. Malik, M.D.	Epidemiology & Disease Burden of IBD
8:30 AM	Christina Ha, M.D.	Establishing the Diagnosis: A Practical, Guideline-Based Approach
8:45 AM	TBD: Michelle Gonzalez or other PCH M.D.	When the Diagnosis Doesn’t Fit: Atypical IBD, Mimics, and Immune Dysregulation
9:00 AM	PROTECTED Panel Q&A Session Faculty	
9:20 AM	Break & Exhibits (protected)	
PLENARY 2 — IBD MEDICAL & ENDOSCOPIC MANAGEMENT (18 min talks, 25 min case)		
Session Moderators: Shabana Pasha, M.D. & Talha A. Malik, M.D.		
9:40 AM	Gui Ramos, M.D.	Medical Therapy for Adult IBD: Agent Selection & Positioning
9:58 AM	Siddharth Singh, M.B.B.S.	Monitoring Disease Activity: Monitoring, Endoscopic Targets & When to Reassess
10:16 AM	Anna L. Silverman, M.D.	Intestinal Ultrasound in IBD: Integrating IUS into Disease Monitoring
10:34 AM	Manreet Kaur, M.D.	When Treatment Isn't Working: Medical Approach to the Refractory IBD Patient
10:52 AM	Session Faculty	► NEW Case-Based Interlude: Working Up & Positioning Therapy in a Complex Patient
11:17 AM	PROTECTED Panel Q&A Session Faculty (18 min)	
11:35 AM	Lunch & Exhibits	

PLENARY 3 – TREATMENT DECISIONS IN IBD: REAL-WORLD COMPLEXITIES		
Session Moderators: Paula M. Tizzard and Siddharth Singh		
12:35 PM	Siddharth Singh, M.B.B.S.	Comparative Effectiveness & Real-World Evidence
12:50 PM	Paula M. Tizzard, M.D.	Complementary Therapies in IBD: What We Know, What We Think, and What Patients Are Already Trying
1:05 PM	Elizabeth Hilow, MD	The Vulnerable Adolescent and Young Adult with IBD: Where Good Treatment Plans Break Down
1:20 PM	Brad Pasternak, MD	When Insurance Drives the Switch: Biosimilars in IBD
1:35 PM	PROTECTED Case-Based Track Panel Q&A Track Faculty	
PLENARY 4 – WHEN MEDICAL THERAPY IS NOT ENOUGH		
Session Moderators: Nimesh Naik, M.D. & Lisa E. McMahon, M.D.		
1:55 PM	Justin Brady, M.D.	Surgical Decision-Making in IBD: Indications, Timing & Patient Selection
2:10 PM	Lisa McMahon, MD	Pre and Post Surgical Considerations in Children and Adolescents
2:25 PM	PROTECTED Case-Based Track Panel Q&A Track Faculty: Perianal Crohn’s Disease in Practice: Antibiotics, Biologics, Setons & Beyond	
2:45 PM	Break & Exhibits (protected)	
AFTERNOON PLENARY — ALLIED HEALTH, PHARMACY & TEAM-BASED CARE		
Session Moderators: Marina Ivanov, Pharm.D. & Braiden C. Fairbanks, P.A.-C.		
3:05 PM	Marina Ivanov, Pharm.D.	IBD Pharmacology: Safety, Interactions & Practical Prescribing
3:20 PM	Braiden C. Fairbanks, P.A.-C.	Health Maintenance & Preventive Care Across the IBD Lifespan
3:35 PM	Nicole Schuren, M.S.W., L.M.S.W.	Social Determinants of Health & IBD: Navigating Complex Care Environments
3:50 PM	Anne Rabasca & Carli Hermann, R.N.	Making the IBD Team Work: Nursing, Care Coordination & Communication Across Settings
4:05 PM	PROTECTED Panel Q&A Session Faculty	
4:25 PM	Course Directors	Day 1 Wrap-Up & Preview of Family Day
4:30 PM	Day 1 Adjourn	
5:30 PM	► NEW Optional Welcome Reception & Networking (Night 1 · possible reception sponsor)	

DAY 2 — SUNDAY, FEBRUARY 7, 2027

FOR PATIENTS, FAMILIES & CAREGIVERS

Plain-language, family-centered format — providers and allied health welcome

7:00 AM	Registration, Breakfast & Exhibits	
7:50 AM	Welcome for Patients, Families & Caregivers — Talha A. Malik, M.D. & Brad A. Pasternak, M.D.	
SESSION 1 — UNDERSTANDING IBD ACROSS ALL AGES		
Moderators: Talha A. Malik, M.D. & Brad A. Pasternak, M.D. · Plain-language		
8:00 AM	Talha A. Malik, M.D. & Brad A. Pasternak, M.D.	Consider: Why Me? Understanding What Causes IBD
8:20 AM	Michelle Gonzalez, M.D.	Diagnosis & What to Expect: From First Symptoms to Confirmed IBD
8:35 AM	Ashish S. Patel, M.D.	Understanding Disease Activity: Tests, Scopes & What Results Mean
8:50 AM	PROTECTED Family Q&A with Providers Session Faculty	
9:10 AM	Break & Exhibits (protected)	
SESSION 2 — NAVIGATING TREATMENT		
Moderators: Michelle M. Gonzalez, M.D. & Marina Ivanov, Pharm.D.		
9:25 AM	William A. Faubion, MD	IBD Medications Explained: How IBD Drugs Work
9:40 AM	Marina Ivanov, Pharm.D.	Navigating Drug Approvals, Insurance & Specialty Pharmacy
9:55 AM	Justin Brady, M.D. & Lisa E. McMahon, M.D.	When Surgery Is on the Table: A Plain-Language Guide for Families
10:10 AM	Paula M. Tizzard, M.D. and Liz Langrek, RD	Food, Supplements & Complementary Therapies in IBD: What Really Helps?
10:25 AM	PROTECTED Family Q&A Session Faculty	
10:45 AM	Break & Exhibits (protected)	
SESSION 3 — PARENT & PATIENT ADVISORY VOICES		
Moderators: Patient/Family Advisory Council leads [TBD] · Facilitated lived-experience panels		
11:00 AM	Parent / Caregiver Advisory Panel	► NEW What We Wish We'd Known: Parents & Caregivers Share Their Journey
11:25 AM	Braiden C. Fairbanks, P.A.-C. (facilitator)	► NEW Voices of Experience: Teens & Young Adults Share Their Stories
11:50 AM	PROTECTED Open Family Q&A with the Panels	
12:10 PM	Lunch & Exhibits	
SESSION 4 — LIVING WELL WITH IBD: ALLIED HEALTH PERSPECTIVES		
Moderators: Sherry Tarleton, R.D. & Carli Hermann, R.N.		
1:05 PM	Jenna S. Rudo-Stern, Ph.D.	The Hidden Load of Living with IBD
1:20 PM	Braiden C. Fairbanks, P.A.-C.	Health Maintenance & Preventive Care: Vaccines, Screenings & Wellness
1:35 PM	Brian J. Arizmendi, Ph.D., L.P.	Mental Health, Relationships & IBD: Coping Across the Lifespan
1:50 PM	Sherry Tarleton, RD	Can Food Be Treatment? The Landscape of Dietary Therapy in IBD
2:05 PM	PROTECTED Family Q&A Session Faculty	
2:20 PM	Break & Exhibits (protected)	
SESSION 5 — TRANSITION OF CARE: TEENS, YOUNG ADULTS & FAMILIES		
Moderators: Nicole Schuren, M.S.W., L.M.S.W. & Jenna S. Rudo-Stern, Ph.D.		

2:35 PM	Elizabeth K. Hilow, M.D. (PCH)	When It’s Time to Transition: A Family Guide from Pediatric to Adult Care
2:50 PM	Nichole Shuren, MSW	Insurance 101 for Young Adults with IBD: What Changes and What to Know
3:05 PM	Anne Rabasca, RN & Carli Hermann, RN	► REVISED How Our Teams Work Together
3:20 PM	PROTECTED Family Q&A Session Faculty	
CLOSING — OPEN Q&A & NEXT STEPS <i>All Faculty</i>		
3:35 PM	All Faculty	Open Q&A: Bringing It All Together — Your Questions Answered
3:55 PM	Talha A. Malik, M.D. & Michelle Gonzalez, M.D.	Closing Remarks, Key Takeaways & Available Resources
4:10 PM	Conference Adjourn	

Program subject to change. CME/CE accreditation details to be announced. ► = new or revised for 2027. PROTECTED = time block not to be shortened.
Questions: [conference email]