

General Session

Thursday, October 15, 2026

*ACPE UAN number JA0000238-0000-26-103-L99-P

All times listed are Eastern Time Zone

Start time	End time	Title
6:30 AM	7:00 AM	Breakfast and Registration 6:45 AM- Livestream Begins
7:00 AM	7:05 AM	Introductions and Announcements Sanjeev Nanda, MD
7:05 AM	7:50 AM	Literature Review in General Internal Medicine Jason H. Szostek, MD
7:50 AM	8:00 AM	Q&A
8:00 AM	8:45 AM	*Medication Updates for the General Practice Christopher M. Wittich, MD, PharmD
8:45 AM	8:55 AM	Q&A
8:55 AM	9:40 AM	Genomics in Primary Care Robb Rowley, MD
9:40 AM	9:50 AM	Q&A
9:50 AM	10:10 AM	Break
10:10 AM	10:55 AM	Updates in Nephrology Ginny A. Dines, MD
10:55 AM	11:05 AM	Q&A
11:05 AM	11:50 AM	Radiology for the Primary Care Provider Avinash K. Nehra, MD
11:50 AM	12:00 PM	Q&A
12:00 PM	12:45 PM	Updates in Hospital Medicine Sagar Dugani, MD, PhD
12:45 PM	12:55 PM	Q&A
12:55 PM		Adjourn Day One
1:15 PM	2:00 PM	Abbott Medical Symposium (In-person Only) The Evolution of Cancer Screening: Colorectal Cancer Screening and MCED testing. Presenter: Dr. Jordan Karlitz, MD, FACG, AGAF Optional, not for Continuing Medical Education (CME) credit. This session is being provided in support of Mayo Clinic Updates in Internal Medicine 2026 on behalf of Abbott, a commercial interest entity. Lunch provided for those who attend the Abbott Medical Symposium.

General Session

Friday, October 16, 2026

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Start time	End time	Title
6:30 AM	7:00 AM	Breakfast 6:45 AM- Livestream Begins
7:00 AM	7:05 AM	Introductions and Announcements Rayya A. Saadiq, DO
7:05 AM	7:35 AM	*HIV PrEP Guidelines Update MJ Kasten, MD
7:35 AM	7:45 AM	Q&A
7:45 AM	8:30 AM	Updates in Perioperative Medicine Michael A. Mikhail, MD
8:30 AM	8:40 AM	Q&A
8:40 AM	9:25 AM	*Updates in Rheumatology Kerry Wright, MBBS
9:25 AM	9:35 AM	Q&A
9:35 AM	9:55 AM	Break
9:55 AM	10:40 AM	*Updates in Diabetes Jennifer E. Clark, MD
10:40 AM	10:50 AM	Q&A
10:50 AM	11:20 AM	Updates in Geriatric Medicine Tito D. Pena Guzman, MD
11:20 AM	11:30 AM	Q&A
11:30 AM	12:05 PM	Women's Sexual Health and Cervical Health Guideline Update Richa Sood, MD, MS
12:05 PM	12:15 PM	Q&A
12:15 PM	12:45 PM	Hyperbaric Oxygen Therapy: Indications Jayanth Adusumalli, MBBS, MPH
12:45 PM	12:55 PM	Q&A
12:55 PM		Adjourn Day Two

General Session

Saturday, October 17, 2026

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Start time	End time	Title
6:30 AM	7:00 AM	Breakfast 6:45 AM- Livestream Begins
7:00 AM	7:05 AM	Introductions and Announcements Course Directors
7:05 AM	7:50 AM	*Updated Approach: Cognitive Impairment and Dementia Rodolfo Savica, MD, PhD
7:50 AM	8:00 AM	Q&A
8:00 AM	8:45 AM	*Depression Evaluation and Management for the General Practitioner Fouad El Chidiac, MD
8:45 AM	8:55 AM	Q&A
8:55 AM	9:25 AM	*GLP-1 and Fatty Liver Sahil Khanna, MBBS, MS
9:25 AM	9:35 AM	Q&A
9:35 AM	9:55 AM	Break
9:55 AM	10:35 AM	Updates in Gastroenterology Stephanie L. Hansel, MD, MS
10:35 AM	10:45 AM	Q&A
10:45 AM	11:30 AM	*Updates in Pulmonary Medicine Misbah Baqir, MBBS
11:30 AM	11:40 AM	Q&A
11:40 AM	12:20 PM	Optimizing Outpatient Clinical Practice with AI Alexander Ryu, MD
12:20 PM	12:30 PM	Q&A
12:30 PM		Adjourn – Thank you for attending!