

Internal Medicine Review for Nurse Practitioners, Physician Assistants & Primary Care Physicians

**Kahler Grand Hotel
September 16, 2026, to September 18, 2026
Central Time**

Day 1		Wednesday, September 16, 2026
7:30 AM	8:00 AM	Registration, Breakfast & Exhibits Windsor Hall
8:00 AM	8:15 AM	Welcome, Introductions, and Course Overview
8:15 AM	9:00 AM	1. Immunization Updates Robert M. Jacobson, M.D.  0.75
9:00 AM	9:45 AM	2. Common Conditions of the Hand/Wrist: Workup and Management Lauren E. Tagliero, M.D.
9:45 AM	10:00 AM	Refreshment Break & Visit Exhibits Windsor Hall
10:00 AM	10:45 AM	3. Smarter Joint Replacement: Merging Surgical Skill, Medical Optimization, and AI Insight Joaquin Sanchez-Sotelo, M.D., Ph.D.
10:45 AM	11:30 PM	4. Updates in Bronchiectasis Megan Dulohery Scrodin, MD
11:30 AM	12:45 PM	Lunch Windsor Hall

12:45 PM	1:30 PM	5. Resilience and Stress Management Dawn Marie R. Davis, M.D.
1:30 PM	2:15 PM	6. Multiple Sclerosis: A Primary Care Approach Nathan P. Young, D.O.  0.1
2:15 PM	3:00 PM	7. HRT in Treatment of Perimenopause/Menopause Jenny A. Buzzard, D.O.  0.75
3:00 PM	3:30 PM	Refreshment Break & Visit Exhibits Windsor Hall
3:30 PM	4:15 PM	8. Radiology Pearls Jason S. O'Grady SR, M.D.
4:15 PM	5:00 PM	9. Opioid Use Disorder: Best Practices in Primary Care Jessica A. Richardson, APRN, C.N.P., M.S.N.  0.75
5:00 PM	5:10 PM	Closing Comments
5:15-6:30 PM Please Join us for a Welcome Reception and Poster Viewing Location: Elizabethan Room		

Day 2		Thursday, September 17, 2026
7:30 AM	8:00 AM	Registration, Breakfast & Exhibits Windsor Hall
8:00 AM	8:05 AM	Welcome, Introductions, and Announcements

8:05 AM	8:50 AM	10. Obesity Medication Management: What We Have Known and What We Are Learning Roshini I. Selladurai, M.D.  0.75
8:50 AM	9:35 AM	11. CAD Risk Factor Reduction Kyla M. Lara-Breitingner, M.D., M.H.S.
9:35 AM	9:50 AM	Refreshment Break & Visit Exhibits Windsor Hall
9:50 AM	10:35 AM	12. Home Sleep Apnea Testing and Sleep Apnea Pearls for PCPs Meghna P. Mansukhani, MD
10:35 AM	11:20 AM	13. Hyperlipidemia Updates Anna Svatikova, M.D., Ph.D.  0.75
11:20 AM	12:05 PM	14. Antimicrobial Stewardship in Practice Kelsey L. Jensen, Pharm.D., R.Ph., BCPS  0.75
12:05 PM	1:00 PM	Lunch Windsor Hall
1:00 PM	1:45 PM	15. Diabetes Management Pearls for the PCP Laurel N. Lake, Pharm.D., R.Ph.  0.75
1:45 PM	2:30 PM	16. Polypharmacy Management in Older Adults Bonnie C. Sohn, M.D.  0.75
2:30 PM	2:50 PM	Refreshment Break & Visit Exhibits Windsor Hall
2:50 PM	3:35 PM	Concurrent Sessions – Choose One to Attend in Each Time Slot

		Heritage Ballroom – General Session **Live and Livestreamed Session** 17. Top 5 GI Conundrums/Consults in Primary Care Stephanie L. Hansel, M.D., M.S  0.1 or Heritage Ballroom - Ballroom III **In-Person Only** 18. Updates on Lupus Management including Biologics Andrea Pauly APRN, CNP & Jessica Baker APRN, CNP, DNP.  0.4
3:35 PM		Rotate to your next break out session
3:40 PM	4:25 PM	Heritage Ballroom – General Session **Live and Livestreamed Session** 19. Coronary Artery Disease, Stress Testing and CT scans. Dr. Jonathan M. Wong Or Heritage Ballroom - Ballroom III **In-Person Only** 20. Men's Health Updates Stephen M. Carlson, APRN, C.N.P.  0.4
4:25 PM	4:35 PM	Closing Comments

Day 3		Friday, September 18, 2026
		Registration & Breakfast
7:30 AM	8:00 AM	Windsor Hall
8:00 AM	8:05 AM	Welcome Back – Overview of the Day

8:05 AM	8:50 AM	21. Valvular Heart Disease Updates Jeffrey B. Geske, M.D.  0.1
8:50 AM	9:35 AM	22. Hypertension guideline update: How to go from the basics to challenging patient cases Sandra Taler, M.D.  0.75
9:35 AM	10:00 AM	Refreshment Break & Visit Exhibits
10:00 AM	10:45 AM	Windsor Hall
		Concurrent Sessions – Choose One to Attend in Each Time Slot
		Heritage Ballroom – General Session **Live and Livestreamed Session** 23. Wound Care 101 Abigail K. Stockland, APRN, C.N.P., M.S.N. or Heritage Ballroom - Ballroom III **In-Person Only** 24. Beyond Tolerable: Advancing Pain Management in GYN Office Procedures Jennifer R. Sveen, APRN, C.N.P., M.S.N.
10:45 AM		
		Heritage Ballroom – General Session **Live and Livestreamed Session** 25. Silent but Progressive: CKD Management in Primary Care Becky M. Ness, P.A.-C.  0.4 Or Heritage Ballroom - Ballroom III **In-Person Only** 26. Moody and Misunderstood: Demystifying PMDD Katherine M. Moore, M.D.

		Nicole K. Callahan, APRN, C.N.P., M.S.
11:35 AM	12:15 PM	Lunch Windsor Hall
12:15 PM	1:00 PM	27. Human Optimization for Medical Professionals: How to Achieve More While Increasing Well-Being Christopher L. Camp, M.D.
1:00 PM	1:45 PM	28. Cardiology Potpourri David A. Foley, M.D.  0.2
1:45 PM	2:30 PM	29. Pharmacology Updates Christopher J. Arendt, Pharm.D., R.Ph.  0.75
2:30 PM	2:45 PM	Course Review and Closing Comments
2:45 PM	3:00 PM	Adjourn