

Mayo Clinic Adrenal Symposium

*all times are PDT

March 18, 2027 – Adrenal Incidentaloma, MACS & Bilateral Adrenal Tumors

6:30-7:00 AM	Breakfast & Registration	
7:00-7:10 AM	Welcome and Course Overview	
7:10-7:40 AM	From Pixels to Patients: Adrenal Imaging Pearls Every Clinician Should Know	Patrick Navin, M.B., B.Ch., B.A.O.
7:40-8:10 AM	The Adrenal Incidentaloma Dilemma: When to Watch, When to Worry, When to Act	Diane Donegan, M.D.
8:10-8:40 AM	Mild Autonomous Cortisol Secretion: Who to Test, Who to Treat, and How	Irina Bancos, M.D.
8:40-9:00 AM	Break	
9:00-9:30 AM	One Adrenal Mass Is Hard Enough: A Practical Approach to Bilateral Adrenal Tumors	Oksana Hamidi, D.O.
9:30-10:00 AM	Year in Review: Adrenal Incidentaloma, MACS, and Bilateral Adrenal Tumors – Key Publications and Ongoing Research	Diane Donegan, M.D.
10:00-10:20 AM	Break	
10:20-11:50 AM	Real Cases, Real Decisions: Multidisciplinary Adrenal Tumor Board (Adrenal Incidentaloma, MACS, Bilateral Adrenal Tumors)	Patrick Navin, M.B., B.Ch., B.A.O. Travis McKenzie, M.D. Diane Donegan, M.D. Oksana Hamidi, D.O. Irina Bancos, M.D.
11:50-12:00 PM	Key Takeaways	

March 19, 2027 – Adrenal Insufficiency, CAH, Primary Aldosteronism & Precision Endocrinology

6:30-7:00 AM	Breakfast	
7:00-7:30 AM	CAH Across the Lifespan: From Steroidogenesis to Precision Care	Oksana Hamidi, D.O.
7:30-8:00 AM	Adrenal Insufficiency in Clinical Practice: Challenges in Diagnosis and Modern Management	Lucinda Gruber, M.D.
8:10-8:30 AM	Break	
8:30-9:15 AM	Precision Endocrinology: Steroid Metabolomics, Laboratory Testing, and Emerging Biomarkers for Adrenal Disorders	Tony Maus, Ph. D.
9:15-10:00 AM	Dissecting the Primary Aldosteronism Guidelines: What Matters in Daily Practice	Adina Turcu, M.D., M.S.
10:00-10:20 AM	Break	
10:20-10:40 AM	Year in Review: Adrenal Insufficiency and CAH	Neena Natt, M.D.
10:40-11:50 AM	Real Cases, Real Decisions: Multidisciplinary Adrenal Disorders Tumor Board (Adrenal Insufficiency, CAH, Primary Aldosteronism, and Diagnostic Challenges)	Lucinda Gruber, M.D. Oksana Hamidi, D.O. Neena Natt, M.D.

11:50–12:00 PM	Key Takeaways	
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March 20, 2027– Pheochromocytoma, Rare tumors & Adrenal Oncology

6:30–7:00 AM	Breakfast	
7:00–7:30 AM	PPGL in 2026: When and Why to Consider Genetic Testing	Lucinda Gruber, M.D.
7:30–8:00 AM	The Adrenal Hall of Fame: Rare Tumors, Unusual Cases, and Lessons Learned	William Young, M.D.
8:00–8:20 AM	Break	
8:20–8:50 AM	When an Adrenal Mass Is Cancer: Practical Management of Adrenal Malignancies	William Young, M.D.
8:50–9:20 AM	The ACC Journey: Diagnosis, Treatment, and Surveillance	Julie Hallanger-Johnson, M.D.
9:20–9:50 AM	Year in Review: PPGL and Adrenal Oncology – Key Publications and Ongoing Research	Julie Hallanger-Johnson, M.D.
9:50–10:10 AM	Break	
10:10–10:40 AM	Adrenal Surgery in Practice: Which Approach, When, and Why?	Trenton Foster, M.D.
10:40–11:50 AM	Real Cases, Real Decisions: Multidisciplinary Adrenal Oncology Tumor Board	Patrick Navin, M.B., B. Ch., B.A.O. Trenton Foster, M.D. William Young, M.D. Julie Hallanger Johnson, M.D.
11:50–12:00 PM	Closing Remarks	