Pharmacy Grand Rounds

200 First Street SW
Rochester, Minnesota 55905
https://ce.mayo.edu/pharmacy-grandrounds-2026

Evolocumab, Enlicitide, and the Evolution of PCSK9 Inhibitors

Session Date: 11/03/2026
Session Time: 11:00 – 11:45 AM (CST)

Target Audience

This continuing education (CE) session was planned to meet the needs of professional staff who deal with the selection and monitoring of medication(s) as part of their patient care duties, including pharmacists, RNs, APRNs, PAs, MDs.

Activity Overview

Cardiovascular disease is the leading preventable cause of death in the world, and dyslipidemia is a major, modifiable, risk factor. Despite the availability of several lipid-lowering therapies, most Americans are not meeting target low-density lipoprotein cholesterol (LDL-C) levels. Proprotein convertase subtilisin-kexin type 9 (PSCK9) inhibitors significantly reduce LDL-C, yet they were not widely adopted following the 2018 AHA/ACC Guideline on the Management of Blood Cholesterol due to their financial implications. Since 2018, there has been new evidence to support their use in dyslipidemia, and several new PCSK9 inhibitors have entered the market. This presentation will discuss the historical role of PCSK9 inhibitors, explore their place in the 2026 ACC/AHA Guideline on the Management of Dyslipidemia, and evaluate the literature published prior to and following the release of the updated guideline.

Learning Objectives

At the conclusion of this knowledge-based CE session, participants should be able to:

1. Describe the mechanism of action of PCSK9 inhibitors and their historical place in dyslipidemia management
2. Evaluate the literature supporting the role of PCSK9 inhibitors in the updated 2026 ACC/AHA Guideline on the Management of Dyslipidemia
3. Differentiate PCSK9 inhibitor characteristics to guide optimal selection of patient-specific therapy

Faculty Information

Sarah Canfield, PharmD
PGY1 Pharmacy Resident
Mayo Clinic Hospital – Rochester, MN

Sarah received a Doctor of Pharmacy degree from the University of Iowa College of Pharmacy and is a current PGY1 pharmacy resident at Mayo Clinic Hospital – Rochester. Her practice interests include internal medicine and pediatrics.

Approved Provider Statement

In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statements

AMA

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 0.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPA

Mayo Clinic College of Medicine and Science has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 0.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

ACPE

ACPE Universal Activity Number (UAN): JA0000238-0000-26-051-L01-P
Mayo Clinic College of Medicine and Science designates this educational activity for a maximum of 0.75 ACPE Knowledge-based contact hours. Participants should claim only the credit commensurate with the extent of their participation in the activity

ANCC

Mayo Clinic College of Medicine and Science designates this activity for a maximum of 0.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

IPCE

This activity was planned by and for the healthcare team, and learners will receive 0.75 Interprofessional Continuing Education (IPCE) credit for learning and change.

Educational Format and CE Requirements

This CE session is available as a live presentation, including live webcast.
Participants must complete the following to record attendance and obtain CE credit:

1. Attend the entire session.
2. Text the session code to 507-200-3010 within 48 hours of the live presentation to record attendance.
   a. This number is only used for receiving text messages related to tracking attendance

b. Employees are encouraged to create a contact in their mobile phone, as the same number is used to record attendance for every session

3. Complete the online evaluation for the respective session within 2 weeks of live presentation.

Pharmacist CE credit is electronically transferred to the National Association of Boards of Pharmacy CPE Monitor. To track CE, please go to NABP CPE Monitor.

Non-pharmacist attendees can print out a record of attendance at ce.mayo.edu after completing the evaluation and claiming credit.

Live Webcast – Register from the Education SharePoint site

Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

Listed below are individuals with control of the content of this program who have disclosed:

The faculty report the following relationships:

- Sarah Canfield, PharmD
  - Declares no financial relationship(s) pertinent to this session
  - Declares off-label use of medications will not be discussed during this presentation

Course Director and Planning Committee Members declare the following relevant financial relationship(s) pertinent to this session.

- No relevant financial relationship(s) with ineligible companies:
  - Jennifer Elmer, DNP, APRN, CCNS
  - Andrew Herber, PA-C
  - Sarah Jane Kotval, MEd, BSW, RSS Coordinator
  - Scott Nei, PharmD, BCPS, BCCCP, FCCM, FMSHP

- Relevant financial relationship(s) with ineligible companies:
  - Wayne Nicholson, MD, PharmD, BCPS - Intellectual Property - Anivive Lifesciences, Inc.

All relevant financial relationships have been mitigated.

For additional disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee members visit ce.mayo.edu, About Us, Disclosures - or - https://ce.mayo.edu/content/disclosures

System and Technical Requirements

For participants viewing the webcast, sessions are delivered via Mayo Clinic intranet web browser and Adobe® PDF. For participants viewing outside the Mayo Clinic firewall, a VPN connection is required for remote access. Recommended web browser includes Google Chrome. This session is planned and coordinated by **the Department of Pharmacy, Mayo Clinic.**