

11th Annual Mayo Clinic Sports Medicine Summit: Advances for the Clinician  
February 5 – February 7, 2027  
Disney Contemporary Resort at Walt Disney World® Resort, Lake Buena Vista, FL  
*All Times are in Eastern Time Zone*

| <b>Friday, February 5, 2027 (Arizona Day)</b>                                                          |                                                                                                                               |
|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| 7:00 a.m.                                                                                              | Registration / Continental Breakfast / Exhibit Hall                                                                           |
| 7:45                                                                                                   | Introduction / Pre-Test                                                                                                       |
| <i>Upper Extremity Overview in the Athletic Population</i><br><b>Moderator: Anikar Chhabra, MD MBA</b> |                                                                                                                               |
| 8:00                                                                                                   | <i>Biomechanical Evaluation of the Throwing Athlete: Arizona State University Pitching Lab</i><br><b>Matthew Anastasi, MD</b> |
| 8:20                                                                                                   | <i>Throwing Video analysis for the Rehab Clinician</i><br><b>John Zajac, PT</b>                                               |
| 8:40                                                                                                   | <i>Rehabilitation to Return: Comprehensive Return to Throw Framework</i><br><b>Terrance Sgori, MD</b>                         |
| 9:00                                                                                                   | <i>PA's Role in Return to Play Protocol after Shoulder Surgery</i><br><b>Don Dulle, PaC</b>                                   |
| 9:20                                                                                                   | <i>Live Shoulder and Elbow Ultrasound Demonstration:</i><br><b>Callies Davies, MD and Aaron Thomas, MD</b>                    |
| 9:40                                                                                                   | Q&A Panel                                                                                                                     |
| 10:00                                                                                                  | Paper Poster Presentations / Exhibit Hall / Break                                                                             |
| <i>2027 Lower Extremity Updates</i><br><b>Moderator: Matthew Anastasi, MD</b>                          |                                                                                                                               |
| 10:30                                                                                                  | <i>Comprehensive Review of Procedural Treatment Options for Knee Osteoarthritis</i><br><b>Min Yoo, MD</b>                     |
| 10:50                                                                                                  | <i>Update in Interosseous Orthobiologics</i><br><b>Bryan Ganter, MD</b>                                                       |
| 11:10                                                                                                  | <i>Synergistic use of Shockwave and Biologics in Athletes and MSK Conditions</i><br><b>Chris Ha, MD</b>                       |
| 11:30                                                                                                  | <i>Overview of Achilles Tendonitis: Diagnosis/Treatment/Clinical Pearls</i><br><b>Karan Patel, MD</b>                         |
| 11:50                                                                                                  | Q&A Panel                                                                                                                     |
| 12:00 pm                                                                                               | Lunch / Paper Poster Presentations / Exhibit Hall / Adjourn General Session                                                   |
| <i>Knee Injuries with a focus on ACL and Return to Play</i><br><b>Moderator: Bryan Ganter, MD</b>      |                                                                                                                               |
| 1:00                                                                                                   | <i>Sonography of the Quad/Hamstring in Athletes</i><br><b>Lester Duplechan, MD</b>                                            |
| 1:20                                                                                                   | <i>Quad Atrophy and its Effects on Return to Sport after ACL Reconstruction</i><br><b>Kostas Economopoulos, MD</b>            |
| 1:40                                                                                                   | <i>Return to Running/Sprinting after Knee Injury</i><br><b>Julie Pohlada, PT</b>                                              |
| 2:00                                                                                                   | <i>Return to Sport Exercise Progression for ACL Rehabilitation in a Lab Setting</i><br><b>Meghan Leftwich, PT</b>             |
| 2:20                                                                                                   | <i>ACL Controversies in 2027</i><br><b>Anikar Chhabra, MD, MBA</b>                                                            |

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| 2:40              | Q&A Panel                                                                                                                                                                              |
|                   | <b>BREAK / Workshops – Additional Fee</b>                                                                                                                                              |
| 3:00 –<br>4:00 pm | <i>Upper extremity plyometric rehab in the active patient including the throwing athlete</i><br><b>Brittany Bilodeau, PT, John Zajac, PT</b>                                           |
| 4:00 -<br>5:00 pm | <i>Intro to Ultrasound: Hands on approach to ultrasound use for upper and lower extremities</i><br><b>Callies Davies, MD, Aaron Thomas, MD, Bryan Ganter, MD, Lester Duplechan, MD</b> |
| 5:00 pm           | Adjourn Mayo Clinic Arizona Day                                                                                                                                                        |

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| <b>Saturday, February 6, 2027</b><br><b>(Florida Day 1) - The Future of Sports Medicine</b>                          |                                                                                                                                                                                     |
|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:00 am                                                                                                              | Registration / Continental Breakfast / Exhibit Hall                                                                                                                                 |
| <b>Artificial Intelligence, Wearables, and the Digital Athlete</b><br><b>Moderator: Robert D. Pagan-Rosado, M.D.</b> |                                                                                                                                                                                     |
| 8:00                                                                                                                 | Robotics and Arthroscopy in Shoulder Surgery: Current Applications and Future Directions<br><b>Erick M. Marigi, M.D.</b>                                                            |
| 8:20                                                                                                                 | Beyond the Stopwatch: Wearable Technology, Ultrasound, and Modern Athlete Care<br><b>Tyler M. Janitz, D.O.</b>                                                                      |
| 8:40                                                                                                                 | Predicting and Preventing Overuse Injuries: Prevention and the Future of Athlete Safety<br><b>Daniel P. Montero, M.D.</b>                                                           |
| 9:00                                                                                                                 | Minimally Invasive Techniques and the Evolution of Accelerated Rehabilitation<br><b>Edward T. Haupt, M.D.</b>                                                                       |
| 9:20                                                                                                                 | The Connected Hand: Technology-Enabled Carpal Tunnel Diagnosis and Treatment<br><b>Wesley D. Troyer, D.O.</b>                                                                       |
| 9:40                                                                                                                 | Q&A Panel                                                                                                                                                                           |
| 10:00                                                                                                                | Paper Poster Presentations / Exhibit Hall / Break                                                                                                                                   |
| 10:15                                                                                                                | <b>Precision and Regenerative Sports Medicine</b><br><b>Moderator: Daniel P. Montero, M.D.</b>                                                                                      |
| 10:30                                                                                                                | Hip, Knee, and Shoulder Preservation in the Modern Era: The Future of Regenerative Sports Medicine and Orthopedic Innovation<br><b>Matthew M. Crowe, M.D.</b>                       |
| 10:50                                                                                                                | Precision Sports Medicine for the Modern Athlete: Personalized Injury Prevention, Recovery, Wellness, and Performance<br><b>Kristina F. DeMatas, D.O.</b>                           |
| 11:10                                                                                                                | Beyond Surgery: Ultrasound-Guided Regenerative Medicine and the Future of Athletic Recovery<br><b>Shanterian King, D.O.</b>                                                         |
| 11:30                                                                                                                | The Next Generation Endurance Athlete: Precision Medicine, Nutrition, Wellness, and Human Performance<br><b>Sara Filmalter, M.D.</b>                                                |
| 11:50                                                                                                                | Q&A Panel                                                                                                                                                                           |
| 12:00 pm                                                                                                             | Lunch / Paper Poster Presentations / Exhibit Hall / Adjourn General Session                                                                                                         |
| <b>Workshops – Additional Fee</b>                                                                                    |                                                                                                                                                                                     |
| 1:00 – 2:00 pm                                                                                                       | Ultrasound-Guided Injection Workshop<br><b>Robert D. Pagan-Rosado, MD, Shanterian King, DO, Jeff Nadwodny, DO, Wesley Troyer, DO</b>                                                |
| 2:00 – 3:00 pm                                                                                                       | Sideline Emergencies and Sports Trauma Simulation Bootcamp<br><b>Kristina F. Dematas, DO, Jennifer R. Maynard, MD, Tyler M. Janitz, DO, Cassandra M. Stoll, and Justin A. Bland</b> |
| 3:00 – 4:00 pm                                                                                                       | Weightlifting in Young Athletes: Performance for Youth Athlete Safety<br><b>Irvin (Scott) Haak, PT, DPT, MTC, CSCS and Tyler M. Janitz, DO</b>                                      |

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| 4:00 -<br>5:00 pm | Orthobiologics and Regenerative Medicine Procedures Masterclass (FREE!)<br><b><i>Shane A. Shapiro, M.D., Jennifer R. Arthurs, APRN, Robert D. Pagan-Rosado, MD, Shanterian King, DO, Jeff Nadwodny, DO, and Wesley Troyer, DO</i></b> |
| 5:00 pm           | Adjourn Mayo Clinic Florida Day 1                                                                                                                                                                                                     |

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| <b>Sunday, February 7, 2027</b><br><b>(Florida Day 2) - The Future of Sports Medicine</b>                |                                                                                                                                         |
|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| 7:00 am                                                                                                  | Registration / Continental Breakfast / Exhibit Hall                                                                                     |
| <b>Human Performance, Longevity, and Recovery Science</b><br><b>Moderator: George G.A. Pujalte, M.D.</b> |                                                                                                                                         |
| 8:00                                                                                                     | Musculoskeletal Medicine and Human Performance: Optimizing the Modern Athlete<br><b>Joshua M. Romero, M.D.</b>                          |
| 8:20                                                                                                     | Longevity in Athletics: Shoulder Arthroplasty, Predictive Outcomes, and the Future of Performance<br><b>Micah J. Nieboer, M.D.</b>      |
| 8:40                                                                                                     | Recovery Revolution in Sports Medicine: Concussion, Performance, and the Future of Athlete Recovery<br><b>Jennifer R. Maynard, M.D.</b> |
| 9:00                                                                                                     | The Resilient Athlete: Non-Surgical Sports Medicine, Recovery Science, and Performance Optimization<br><b>Jeff Nadwodny, D.O.</b>       |
| 9:15                                                                                                     | Regenerative Orthopedic Medicine and Biohacking Performance: The Future of Human Optimization<br><b>Shane A. Shapiro, M.D.</b>          |
| 9:45                                                                                                     | Q&A Panel                                                                                                                               |
| 10:00                                                                                                    | Paper Poster Presentations / Exhibit Hall / Break                                                                                       |
| 10:15                                                                                                    | <b><i>The Future Athlete: Innovation and Global Health in Sports Medicine</i></b><br><b>Moderator: Robert D. Pagan-Rosado, MD</b>       |
| 10:30                                                                                                    | Beyond Borders: Neuropsychiatry, Sports Psychiatry, and the Future of Global Human Performance<br><b>Fouad El Chidiac, M.D.</b>         |
| 10:50                                                                                                    | Sports Medicine Service, Leadership, and Advancing Athlete Care All Over<br><b>Walter C. Taylor, III, M.D.</b>                          |
| 11:10                                                                                                    | The Future of the Cardiac Care of Athletes: Technology, Imaging and the Connected Athlete<br><b>Matt W. Martinez, M.D.</b>              |
| 11:30                                                                                                    | The Longevity Athlete: Peptide Medicine, Performance, and the Future of Sports Medicine<br><b>Pamila K. Brar, M.D.</b>                  |
| 11:50                                                                                                    | Q&A Panel                                                                                                                               |
| 12:20                                                                                                    | Post Test                                                                                                                               |
| 12:30 pm                                                                                                 | Paper Poster Presentations / Exhibit Hall / Adjourn General Session                                                                     |
|                                                                                                          | Adjourn Mayo Clinic Florida Day 2                                                                                                       |