

Practice of Internal Medicine 2027
Hilton Rochester Mayo Clinic Area Hotel and LIVESTREAM
May 10 – May 14, 2027

All times noted are Central Time (CT)

Monday, May 10, 2027	
6:45 a.m.	Registration & Breakfast
7:45 a.m.	Welcome and Course Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Hyperlipidemia: An Update to the Guidelines <i>Kyla M. Lara-Bretinger, M.D.</i>
8:35 a.m.	Multicancer Detection: Who, What, and When <i>Liz A. Gilman, M.D.</i>
9:10 a.m.	Iron Deficiency, Beyond the Basics <i>Carrie A. Thompson, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Managing the Pregnant Patient: Pearls and Pitfalls in Primary Care <i>Marla A Dewitt, M.D.</i>
10:40 a.m.	The 15-Minute Pre-Travel Consult <i>MJ J. Kasten, M.D.</i>
11:15 a.m.	Clinical Pearls – TBD <i>TBD</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Primary Aldosteronism: Screening Simplified <i>Lucinda M. Gruber, M.D.</i>
1:35 p.m.	Gallbladder Disease in Primary Care <i>Stephanie L. Hansel, M.D., M.S.</i>
2:10 p.m.	Break
2:30 p.m.	Evaluation of Pulmonary Nodules <i>Mark R. Norton, M.D.</i>
3:05 p.m.	Inflammatory Bowel Disease Pearls <i>Laura E. Raffals, M.D.</i>
3:40 p.m.	Adjourn

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Tuesday, May 11, 2027	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Geriatric Health Maintenance – Beyond the Guidelines <i>Daniel E. Sanchez Pellecer, M.D.</i>
8:35 a.m.	Microbiome Powerhouse: Supporting Gut Health in Primary Care <i>Iris Wang, M.D.</i>
9:10 a.m.	Cases From the Men's Health Clinic <i>C. Scott Collins, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Goal-Directed Osteoporosis Care: A Paradigm Shift <i>Kurt A. Kennel, M.D.</i>
10:40 a.m.	Hyperbaric Oxygen Therapy: Indications <i>Jayanth Adusumalli, M.B.B.S., M.P.H.</i>
11:15 a.m.	Clinical Pearls - TBD <i>TBD</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Microhematuria – Stepwise Management <i>Daniel V. Dudenkov, M.D.</i>
1:35 p.m.	Rheumatoid Arthritis – Prevention and Management <i>Courtney A. Arment, M.D.</i>
2:10 p.m.	Break
2:30 p.m.	Chronic Dizziness – A New Approach to An Old Problem <i>Elizabeth Westby, M.D.</i>
3:05 p.m.	Does Menopausal Hormone Therapy Fix Everything? <i>Jean Marie McGowan, M.D.</i>
3:40 p.m.	Adjourn

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Wednesday, May 12, 2027	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Approach to Chronic GI Symptoms <i>Amindra S. Arora, M.B., B.Chir.</i>
8:35 a.m.	Polyendocrine Metabolic Ovarian Syndrome (PMOS) <i>Jennifer E. Clark, M.D.</i>
9:10 a.m.	Lifestyle Medicine: Assessing Lifestyle in a Pragmatic <i>Mary K. Finta, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Neurology Can't Miss Diagnosis – Cases from Primary Care <i>Nathan P. Young, D.O.</i>
10:40 a.m.	Practice Changing Articles from the Past Year <i>Majken T. Wingo, M.D.</i>
11:15 a.m.	Clinical Pearls – TBD <i>TBD</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Infertility Essentials for Primary Care <i>Nicole K. Callahan, APRN, C.N.P., M.S.</i>
1:35 p.m.	From Phenotype to Prescription – Tailoring Treatment in POTS <i>Alison M. Angeli, M.D.</i>
2:10 p.m.	Break
2:30 p.m.	The BMI Blind Spot – Seeing What Weight Alone Can't Tell You <i>Natalie Griffin, M.D.</i>
3:05 p.m.	Bipolar Disorder for the Generalist <i>Balwinder Singh, M.D., M.S.</i>
3:40 p.m.	Adjourn

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Thursday, May 13, 2027	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Updates in Primary Care for LGBTQIA+ Patients <i>Matthew P. Heinrich, M.D., M.B.A.</i>
8:35 a.m.	Common Foot & Ankle Injuries – What To Do & When To Refer <i>Daniel B. Ryssman, M.D.</i>
9:10 a.m.	Microhematuria – Stepwise Management <i>Daniel V. Dudenkov, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Approach to Pruritus <i>Kathleen M. Fletcher, M.D.</i>
10:40 a.m.	Home Sleep Apnea Testing (HSAT) – Indication and Interpretation <i>Tyler L. Herzog, M.D.</i>
11:15 a.m.	Clinical Pearls – TBD <i>TBD</i>
11:55 a.m.	Lunch Break (on your own)
1:00 p.m.	Alopecia Identification and Management <i>Sindhuja Sominidi Damodaran, M.B.B.S., M.D.</i>
1:35 p.m.	Management of Atrial Fibrillation for the Generalist <i>Abhishek J. Deshmukh, M.B.B.S.</i>
2:10 p.m.	Break
2:30 p.m.	Bronchiectasis – What the PCP Needs to Know <i>Joseph H. Skalski, M.D.</i>
3:05 p.m.	Approach to Proteinuria <i>Ginny A. Dines, M.D.</i>
3:40 p.m.	Adjourn

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Friday, May 14, 2027	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	First Time Seizure in Adults <i>Andrea N. Leep Hunderfund, M.D., M.H.P.E.</i>
8:35 a.m.	Approach to Pelvic Pain and Dysfunction <i>Isabel C. Green, M.D., M.H.P.E.</i>
9:10 a.m.	Updates in Allergic Disease for the PCP <i>Philip J. Link, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Office Assessment of the Older Driver <i>Larisa J. Hill, M.D.</i>
10:40 a.m.	The Aging Eye <i>Brittini A. Scruggs, M.D., Ph.D.</i>
11:15 a.m.	Exercise and the Heart – What the PCP Needs to Know <i>Kathryn F. Larson, M.D.</i>
11:50 a.m. 12:00 pm.	Wrap-Up and Closing Remarks – Drs. Nordhues and Verdoorn Adjourn