# Practice of Internal Medicine 2027
# Hilton Rochester Mayo Clinic Area Hotel and LIVESTREAM
**May 10 – May 14, 2027**

***All times noted are Central Time (CT)***

| Monday, May 10, 2027 | |
|---|---|
| 6:45 a.m. | **Registration & Breakfast** |
| 7:45 a.m. | **Welcome and Course Overview**<br>*Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.* |
| 8:00 a.m. | **Hyperlipidemia: An Update to the Guidelines**<br>*Kyla M. Lara-Bretinger, M.D.* |
| 8:35 a.m. | **Multicancer Detection: Who, What, and When**<br>*Liz A. Gilman, M.D.* |
| 9:10 a.m. | **Iron Deficiency, Beyond the Basics**<br>*Carrie A. Thompson, M.D.* |
| ***9:45 a.m.*** | ***Break*** |
| 10:05 a.m. | **Managing the Pregnant Patient: Pearls and Pitfalls in Primary Care**<br>*Marla A Dewitt, M.D.* |
| 10:40 a.m. | **The 15-Minute Pre-Travel Consult**<br>*MJ J. Kasten, M.D.* |
| 11:15 a.m. | **Clinical Pearls – TBD**<br>*TBD* |
| ***11:55 a.m.*** | ***Lunch Break*** |
| 1:00 p.m. | **Primary Aldosteronism: Screening Simplified**<br>*Lucinda M. Gruber, M.D.* |
| 1:35 p.m. | **Gallbladder Disease in Primary Care**<br>*Stephanie L. Hansel, M.D., M.S.* |
| ***2:10 p.m.*** | ***Break*** |
| 2:30 p.m. | **Evaluation of Pulmonary Nodules**<br>*Mark R. Norton, M.D.* |
| 3:05 p.m. | **Inflammatory Bowel Disease Pearls**<br>*Laura E. Raffals, M.D.* |
| 3:40 p.m. | **Adjourn** |

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| Tuesday, May 11, 2027 | |
|---|---|
| 7:00 a.m. | **Breakfast** |
| 7:55 a.m. | **Daily Overview**<br>*Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.* |
| 8:00 a.m. | **Geriatric Health Maintenance – Beyond the Guidelines**<br>*Daniel E. Sanchez Pellecer, M.D.* |
| 8:35 a.m. | **Microbiome Powerhouse: Supporting Gut Health in Primary Care**<br>*Iris Wang, M.D.* |
| 9:10 a.m. | **Cases From the Men's Health Clinic**<br>*C. Scott Collins, M.D.* |
| ***9:45 a.m.*** | ***Break*** |
| 10:05 a.m. | **Goal-Directed Osteoporosis Care: A Paradigm Shift**<br>*Kurt A. Kennel, M.D.* |
| 10:40 a.m. | **Hyperbaric Oxygen Therapy: Indications**<br>*Jayanth Adusumalli, M.B.B.S., M.P.H.* |
| 11:15 a.m. | **Clinical Pearls - TBD**<br>*TBD* |
| ***11:55 a.m.*** | ***Lunch Break*** |
| 1:00 p.m. | **Microhematuria – Stepwise Management**<br>*Daniel V. Dudenkov, M.D.* |
| 1:35 p.m. | **Rheumatoid Arthritis – Prevention and Management**<br>*Courtney A. Arment, M.D.* |
| ***2:10 p.m.*** | ***Break*** |
| 2:30 p.m. | **Chronic Dizziness – A New Approach to An Old Problem**<br>*Elizabeth Westby, M.D.* |
| 3:05 p.m. | **Does Menopausal Hormone Therapy Fix Everything?**<br>*Jean Marie McGowan, M.D.* |
| 3:40 p.m. | **Adjourn** |

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| Wednesday, May 12, 2027 | |
|---|---|
| 7:00 a.m. | **Breakfast** |
| 7:55 a.m. | **Daily Overview**<br>*Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.* |
| 8:00 a.m. | **Approach to Chronic GI Symptoms**<br>*Amindra S. Arora, M.B., B.Chir.* |
| 8:35 a.m. | **Polyendocrine Metabolic Ovarian Syndrome (PMOS)**<br>*Jennifer E. Clark, M.D.* |
| 9:10 a.m. | **Lifestyle Medicine: Assessing Lifestyle in a Pragmatic**<br>*Mary K. Finta, M.D.* |
| ***9:45 a.m.*** | ***Break*** |
| 10:05 a.m. | **Neurology Can't Miss Diagnosis – Cases from Primary Care**<br>*Nathan P. Young, D.O.* |
| 10:40 a.m. | **Practice Changing Articles from the Past Year**<br>*Majken T. Wingo, M.D.* |
| 11:15 a.m. | **Clinical Pearls – TBD**<br>*TBD* |
| ***11:55 a.m.*** | ***Lunch Break*** |
| 1:00 p.m. | **Infertility Essentials for Primary Care**<br>*Nicole K. Callahan, APRN, C.N.P., M.S.* |
| 1:35 p.m. | **From Phenotype to Prescription – Tailoring Treatment in POTS**<br>*Alison M. Angeli, M.D.* |
| ***2:10 p.m.*** | ***Break*** |
| 2:30 p.m. | **The BMI Blind Spot – Seeing What Weight Alone Can't Tell You**<br>*Natalie Griffin, M.D.* |
| 3:05 p.m. | **Bipolar Disorder for the Generalist**<br>*Balwinder Singh, M.D., M.S.* |
| 3:40 p.m. | **Adjourn** |

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| Thursday, May 13, 2027 | |
|---|---|
| 7:00 a.m. | **Breakfast** |
| 7:55 a.m. | **Daily Overview**<br>*Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.* |
| 8:00 a.m. | **Updates in Primary Care for LGBTQIA+ Patients**<br>*Matthew P. Heinrich, M.D., M.B.A.* |
| 8:35 a.m. | **Common Foot & Ankle Injuries – What To Do & When To Refer**<br>*Daniel B. Ryssman, M.D.* |
| 9:10 a.m. | **Microhematuria – Stepwise Management**<br>*Daniel V. Dudenkov, M.D.* |
| ***9:45 a.m.*** | ***Break*** |
| 10:05 a.m. | **Approach to Pruritus**<br>*Kathleen M. Fletcher, M.D.* |
| 10:40 a.m. | **Home Sleep Apnea Testing (HSAT) – Indication and Interpretation**<br>*Tyler L. Herzog, M.D.* |
| 11:15 a.m. | **Clinical Pearls – TBD**<br>*TBD* |
| ***11:55 a.m.*** | ***Lunch Break*** |
| 1:00 p.m. | **Alopecia Identification and Management**<br>*Sindhuja Sominidi Damodaran, M.B.B.S., M.D.* |
| 1:35 p.m. | **Management of Atrial Fibrillation for the Generalist**<br>*Abhishek J. Deshmukh, M.B.B.S.* |
| ***2:10 p.m.*** | ***Break*** |
| 2:30 p.m. | **Bronchiectasis – What the PCP Needs to Know**<br>*Joseph H. Skalski, M.D.* |
| 3:05 p.m. | **Approach to Proteinuria**<br>*Ginny A. Dines, M.D.* |
| 3:40 p.m. | **Adjourn** |

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| Friday, May 14, 2027 | |
|---|---|
| 7:00 a.m. | **Breakfast** |
| 7:55 a.m. | **Daily Overview**<br>*Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.* |
| 8:00 a.m. | **First Time Seizure in Adults**<br>*Andrea N. Leep Hunderfund, M.D., M.H.P.E.* |
| 8:35 a.m. | **Approach to Pelvic Pain and Dysfunction**<br>*Isabel C. Green, M.D., M.H.P.E.* |
| 9:10 a.m. | **Updates in Allergic Disease for the PCP**<br>*Philip J. Link, M.D.* |
| ***9:45 a.m.*** | ***Break*** |
| 10:05 a.m. | **Office Assessment of the Older Driver**<br>*Larisa J. Hill, M.D.* |
| 10:40 a.m. | **The Aging Eye**<br>*Brittni A. Scruggs, M.D., Ph.D.* |
| 11:15 a.m. | **Exercise and the Heart – What the PCP Needs to Know**<br>*Kathryn F. Larson, M.D.* |
| ***11:50 a.m.***<br>***12:00 pm.*** | ***Wrap-Up and Closing Remarks – Drs. Nordhues and Verdoorn***<br>***Adjourn*** |