

Psychiatry Clinical Updates 2027		
Grand Hyatt Kauai		
February 22-26, 2027		
All times listed are HST (Hawaii Standard Time)		

Day 1		Monday, February 22, 2027
Mood Disorders		
6:00 AM	7:00 AM	Registration, Breakfast and Exhibits
7:00 AM	7:15 AM	Introduction, Announcements, Schedule Review Melanie T. Gentry, M.D. & Craig N. Sawchuk, Ph.D., L.P., ABPP
7:15 AM	7:50 AM	Bipolar Spectrum Disorders Michael J. Gitlin, M.D.
7:50 AM	8:20 AM	Anxious Depression/Treatment Selection in TRD Mark A. Frye, M.D.
8:20 AM	8:50 AM	Lithium: Old Drug, New Data Michael J. Gitlin, M.D.
8:50 AM	9:05 AM	Questions and Answers
9:05 AM	9:40 AM	Depression in Cardiovascular Disease with Q&A Laura Suarez Pardo, M.D.
9:40 AM	9:55 AM	Refreshment Break
9:55 AM	10:25 AM	Perinatal Bipolar Disorder Hannah K. Betcher, M.D.
10:25 AM	11:00 AM	Suicide and Violence Risk: Assessment, Documentation, and Clinical Decision-Making Rebecca Weintraub Brendel, M.D., J.D.
11:00 AM	11:15 AM	Questions and Answers
11:15 AM	11:30 AM	Move to Breakout Sessions
11:30 AM	12:30 PM	Breakout 1/Livestream: Advanced Pharmacotherapy for Difficult to Treat Depression (Frye) Breakout 2: Adult Depression: Your Cases Discussed (Gitlin & Sawchuk) Breakout 3: Child Depression: Your Cases Discussed (Shekunov & Sim)
12:30 PM	12:30 PM	Adjourn

Day 2		Tuesday, February 23, 2027
Psychosis, Sleep Disorders		
6:00 AM	7:00 AM	Breakfast
6:30 AM	7:00 AM	Breakfast Roundtable Discussions with the Professors
7:00 AM	7:30 AM	Substance-Induced Psychosis Rob J. Morgan III, M.D., Ph.D.
7:30 AM	8:00 AM	Long-Acting Injectables Jonathan G. Leung, Pharm.D., R.Ph., BCPS
8:00 AM	8:20 AM	Update on Catatonia Rob J. Morgan III, M.D., Ph.D.
8:20 AM	8:35 AM	Questions and Answers
8:35 AM	9:05 AM	Psychosis and Antipsychotic Prescribing in Children Julia Shekunov, M.D.
9:05 AM	9:35 AM	Late Life Psychosis Melanie T. Gentry, M.D.
9:35 AM	9:45 AM	Questions and Answers
9:45 AM	10:00 AM	Refreshment Break
10:00 AM	10:30 AM	Sleep Updates Bhanu Kolla, M.B.B.S., M.D.
10:30 AM	11:00 AM	CBT for Nightmares Craig N. Sawchuk, Ph.D., L.P., ABPP
11:00 AM	11:15 AM	Questions and Answers
11:15 AM	11:30 AM	Move to Breakout Sessions
11:30 AM	12:30 PM	Breakout 1/Livestream: Wearables for Sleep: What's the Evidence? (Kolla & Athreya) Breakout 2: Management of Agitation in Dementia (Gentry) Breakout 3: Clozapine Updates: When to Rechallenge (Leung & Morgan)
12:30 PM	12:30 PM	Adjourn

Day 3		Wednesday, February 24, 2027
ADHD, Men's Health		
6:00 AM	7:00 AM	Breakfast
6:30 AM	7:00 AM	Breakfast Roundtable Discussions with the Professors
7:00 AM	7:30 AM	Bipolar Disorder with ADHD Michael J. Gitlin, M.D.
7:30 AM	8:00 AM	ADHD and Executive Functioning Difficulties among Healthcare Professionals Kristin S. Vickers, Ph.D., ABPP
8:00 AM	8:10 AM	Questions and Answers
8:10 AM	8:40 AM	Assessment and Treatment of ADHD in the Peripartum Period Katherine M. Moore, M.D.
8:40 AM	9:10 AM	What's new in ADHD Medications Magdalena Romanowicz, M.D.
9:10 AM	9:30 AM	Rapid Review: Stimulants and Cardiovascular Risk Laura Suarez Pardo, M.D.
9:30 AM	9:45 AM	Questions and Answers
9:45 AM	10:00 AM	Refreshment Break
10:00 AM	10:30 AM	Adult-Onset ADHD or Something Else? Evaluating Attention and Cognitive Complaints Melanie T. Gentry, M.D.
10:30 AM	11:00 AM	Beyond Low T: Testosterone, Aging, Mood Matt J. Ziegelmann, M.D.
11:00 AM	11:15 AM	Questions and Answers
11:15 AM	11:30 AM	Move to Breakout Sessions
11:30 AM	12:30 PM	Breakout 1/Livestream: Ethical Dilemmas in Clinical Practice (Brendel) Breakout 2: Behavioral Strategies for ADHD: Your Cases Discussed (Vickers, Sim, Romanowicz) Breakout 3: Addressing Sexual Dysfunction in Men (Ziegelmann)
12:30 PM	12:30 PM	Adjourn

Day 4		Thursday, February 25, 2027
GLP-1s, Eating Disorders, Trauma		
6:00 AM	7:00 AM	Breakfast
6:30 AM	7:00 AM	Breakfast Roundtable Discussions with the Professors
7:00 AM	7:25 AM	The Role of the Psychiatrist in GLP-1 Prescribing Laura Suarez Pardo, M.D.
7:25 AM	7:50 AM	What a Health Psychologist Wants You and Your Patients on GLP-1s to Know Karen Grothe, Ph.D., L.P.
7:50 AM	8:15 AM	Addressing Weight-Gaining Medications Jonathan G. Leung, Pharm.D., R.Ph., BCPS
8:15 AM	8:30 AM	Question and Answer
8:30 AM	9:10 AM	Perinatal PTSD Katherine M. Moore, M.D. and Craig N. Sawchuk, Ph.D., L.P., ABPP
9:10 AM	9:40 AM	Trauma-Focused Interventions in Children Magdalena Romanowicz, M.D.
9:40 AM	9:50 AM	Question and Answer
9:50 AM	10:05 AM	Refreshment Break
10:05 AM	10:35 AM	Avoidant Restrictive Food Intake Disorder (ARFID) Leslie A. Sim, Ph.D., L.P.
10:35 AM	11:05 AM	GLP-1s and Disordered Eating Jennifer L. Derenne, M.D.
11:05 AM	11:15 AM	Questions and Answers
11:15 AM	11:30 AM	Move to Breakout Sessions
11:30 AM	12:30 PM	Breakout 1/Livestream: Family-Based Interventions for Eating Disorders (Derenne & Sim) Break out 2: Perinatal Mood and Anxiety (Moore & Betcher) Breakout 3: Update on Suicide Prevention (Bostwick)
12:30 PM	12:30 PM	Adjourn

Day 5		Friday, February 26, 2027
New Frontiers in Psychiatry		
6:00 AM	7:00 AM	Breakfast
6:30 AM	7:00 AM	Breakfast Roundtable Discussions with the Professors
7:00 AM	7:45 AM	Wearable Technology and Mental Health with Q&A Magdalena Romanowicz, M.D. and Arjun P. Athreya, Ph.D., M.S.
7:45 AM	8:20 AM	Responsible AI in Healthcare: Ethical Principles for Clinical Practice with Q&A Rebecca Weintraub Brendel, M.D., J.D.
8:20 AM	8:55 AM	Best Articles 2026 with Q&A Rob J. Morgan III, M.D., Ph.D.
8:55 AM	9:45 AM	Diagnosis vs. Symptoms: What Are We Actually Treating? Bhanu Kolla, M.B.B.S., M.D. and J. Michael Bostwick, M.D., MFA
9:45 AM	10:00 AM	Refreshment Break
10:00 AM	10:30 AM	Ketogenic Diet for Mood Disorders Mark A. Frye, M.D.
10:30 AM	11:00 AM	Exercise and Stress Reduction and Mood Disorders Karen Grothe, Ph.D., L.P.
11:00 AM	11:15 AM	Questions and Answers
11:15 AM	11:30 AM	Move to Breakout Sessions
11:30 AM	12:30 PM	Breakout 1/Livestream: Technology and Childhood Mental Health (Derenne) Break out 2: Updates on Ketamine (Vande Voort) Breakout 3: Strategies for Health Behavior Change (Grothe)
12:30 PM	12:30 PM	Adjourn