| Integrated Behavioral Health in Primary Care 2027 - Approaches that Work |
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| Mayo Clinic Franke Education Center |
| January 29-30, 2027 |
| Arizona Time Zone |

| Day 1 | | Chronic Medical Conditions with Behavioral Complexity |
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| 7:00 AM | 8:00 AM | Registration, Breakfast, Exhibitors |
| 8:00 AM | 8:15 AM | Welcome, Introduction to Course, and Day 1 Overview<br>Scott A. Breitinger, M.D. & Craig N. Sawchuk, Ph.D., L.P. |
| 8:15 AM | 8:35 AM | Integrated Care for Chronic Conditions: What We Know and Where We Need to Go<br>Craig N. Sawchuk, Ph.D., L.P. |
| 8:35 AM | 9:30 AM | Treating the Whole Patient: The Intersection of Psychiatric Disorders and Obesity Medicine<br>Palak D. Shah, M.D., M.P.H. & Claudine J. Egol, M.D. |
| 9:30 AM | 9:45 AM | Q&A Panel: Sawchuk, Shah, Egol |
| 9:45 AM | 10:00 AM | Refreshment Break and Exhibitors |
| 10:00 AM | 10:40 AM | How Pharmacy can Advance Diabetes Outcomes in Primary Care<br>Kristina M. Thurber, Pharm.D., R.Ph., BCPS |
| 10:40 AM | 11:20 AM | Behavioral Strategies to Enhance Adherence to Chronic Disease Care<br>Kim A. Haala, Ph.D., L.P. & Jennifer Bailey, Ph.D., L.P., ABPP |
| 11:20 AM | 11:45 AM | Management of Chronic Illness in Children<br>Sarah T. Trane, PH.D. |
| 11:45 AM | 12:00 PM | Q&A Panel: Thuber, Haala, Bailey, Trane |
| 12:00 PM | 1:00 PM | Lunch - Networking |
| 1:00 PM | 1:35 PM | Problem-Solving Social Determinants of Health<br>Randa R. Soubra, M.S.W., L.I.C.S.W. & Jaime M. Leimer Decker, M.S.W., L.I.C.S.W. |
| 1:35 PM | 2:15 PM | Single-Session Interventions for Chronic Disease, Mental Health, and Well-Being<br>Anne I. Roche, Ph.D., L.P., ABPP |
| 2:15 PM | 2:30 PM | Q&A Panel: Soubra, Decker, Roche |
| 2:30 PM | 2:45 PM | Refreshment Break and Exhibitors |
| 2:45 PM | 3:25 PM | Building Models for Integrated Chronic Pain Management<br>Jay D. Mitchell, M.D. & William B. Leasure, M.D. |

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| 3:25 PM | 3:50 PM | Chronic Pain and Trauma in Primary Care<br>Deirdre L Paulson, Ph.D., L.P., ABPP |
| 3:50 PM | 4:15 PM | Psychiatric Management of Chronic Pain<br>Claudine J. Egol, M.D. & William B. Leasure, M.D. |
| 4:15 PM | 4:30 PM | Q&A Panel: Mitchell, Leasure, Paulson, Egol, Leasure |
| 4:30 PM | 4:45 PM | Day 1 Wrap Up and Day 2 Preview<br>Scott A. Breitinger, M.D. & Craig N. Sawchuk, Ph.D., L.P. |
| 4:45 PM | 4:45 PM | Adjourn |

| **Day 2** | | **Approaches for Complex and Diverse Populations (AM); Navigating Mental Health in the Digital Age (PM)** |
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| 7:00 AM | 8:00 AM | Breakfast and Exhibitors |
| 8:00 AM | 8:15 AM | Welcome and Overview of Day 2<br>Scott A. Breitinger, M.D. & Craig N. Sawchuk, Ph.D., L.P. |
| 8:15 AM | 8:55 AM | Upskilling Teams for Complex Patient Populations<br>Prabhjot Singh, M.D., Ph.D. |
| 8:55 AM | 9:30 AM | Best Practices to Support Care Needs of LGBTQ+ Patients<br>Cesar A. Gonzalez, Ph.D., L.P., ABPP & Emrys Fonseca, M.B., B.Ch., B.A.O., M.S. |
| 9:30 AM | 9:45 AM | Q&A Panel: Singh, Gonzalez, Fonseca |
| 9:45 AM | 10:00 AM | Refreshment Break & Exhibitors |
| 10:00 AM | 10:25 AM | Effectively Managing Patients with Personality Disorders in the Primary Care Setting<br>Scott A. Breitinger, M.D. |
| 10:25 AM | 10:50 AM | Updates in Sleep Medicine for Primary Care<br>Bhanu Kolla, M.D. |
| 10:50 AM | 11:15 AM | Expanding Care Coordination to New Stakeholders<br>William B. Leasure, M.D. |
| 11:15 AM | 11:40 AM | Adolescent Mental Health Care in the Era of Social Media<br>Eric R. Pease, D.O., M.B.A. |
| 11:40 AM | 12:00 PM | Q&A Panel: Breitinger, Kolla, Leasure, Pease |
| 12:00 PM | 1:00 PM | Lunch - Networking |
| 1:00 PM | 1:30 PM | Health Policy and Digital Mental Health<br>Prabhjot Singh, M.D., Ph.D. |
| 1:30 PM | 2:00 PM | Research Updates on AI and its impact on Mental Health Care<br>Scott A. Breitinger, M.D. |
| 2:00 PM | 2:15 PM | Q&A Panel: Singh, Breitinger |

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| 2:15 PM | 2:30 PM | Refreshment Break, Exhibitors |
| 2:30 PM | 2:55 PM | Technology Updates for Sleep: What's the Evidence?<br>Bhanu Kolla, M.D. |
| 2:55 PM | 3:30 PM | Design, Development, and Implementation of a Novel Digital Care Coordination Platform<br>Tyler S. Oesterle, M.D., M.P.H. & Scott A. Breitinger, M.D. |
| 3:30 PM | 3:45 PM | Q&A Panel: Kolla, Oesterle, Breitinger |
| 3:45 PM | 4:00 PM | Conference Wrap Up<br>Scott A. Breitinger, M.D. & Craig N. Sawchuk, Ph.D., L.P. |
| 4:00 PM | 4:00 PM | Adjourn |