Integrated Behavioral Health in Primary Care 2027 - Approaches that Work
Mayo Clinic Franke Education Center
January 29-30, 2027
Arizona Time Zone

Day 1		Chronic Medical Conditions with Behavioral Complexity
7:00 AM	8:00 AM	Registration, Breakfast, Exhibitors
8:00 AM	8:15 AM	Welcome, Introduction to Course, and Day 1 Overview Scott A. Breitinger, M.D. & Craig N. Sawchuk, Ph.D., L.P.
8:15 AM	8:35 AM	Integrated Care for Chronic Conditions: What We Know and Where We Need to Go Craig N. Sawchuk, Ph.D., L.P.
8:35 AM	9:30 AM	Treating the Whole Patient: The Intersection of Psychiatric Disorders and Obesity Medicine Palak D. Shah, M.D., M.P.H. & Claudine J. Egol, M.D.
9:30 AM	9:45 AM	Q&A Panel: Sawchuk, Shah, Egol
9:45 AM	10:00 AM	Refreshment Break and Exhibitors
10:00 AM	10:40 AM	How Pharmacy can Advance Diabetes Outcomes in Primary Care Kristina M. Thurber, Pharm.D., BCACP, R.Ph.
10:40 AM	11:20 AM	Behavioral Strategies to Enhance Adherence to Chronic Disease Care Kim A. Haala, Ph.D., L.P. & Jennifer Bailey, Ph.D., L.P., ABPP
11:20 AM	11:45 AM	Management of Chronic Illness in Children Sarah T. Trane, PH.D.
11:45 AM	12:00 PM	Q&A Panel: Thuber, Haala, Bailey, Trane
12:00 PM	1:00 PM	Lunch - Networking
1:00 PM	1:35 PM	Problem-Solving Social Determinants of Health Randa R. Soubra, M.S.W., L.I.C.S.W. & Jaime M. Leimer Decker, M.S.W., L.I.C.S.W.
1:35 PM	2:15 PM	Single-Session Interventions for Chronic Disease, Mental Health, and Well-Being Anne I. Roche, Ph.D., L.P., ABPP
2:15 PM	2:30 PM	Q&A Panel: Soubra, Decker, Roche
2:30 PM	2:45 PM	Refreshment Break and Exhibitors
2:45 PM	3:25 PM	Building Models for Integrated Chronic Pain Management Jay D. Mitchell, M.D. & William B. Leasure, M.D.

3:25 PM	3:50 PM	Chronic Pain and Trauma in Primary Care Deirdre L Paulson, Ph.D., L.P., ABPP
3:50 PM	4:15 PM	Psychiatric Management of Chronic Pain Claudine J. Egol, M.D. & William B. Leasure, M.D.
4:15 PM	4:30 PM	Q&A Panel: Mitchell, Leasure, Paulson, Egol, Leasure
4:30 PM	4:45 PM	Day 1 Wrap Up and Day 2 Preview Scott A. Breitinger, M.D. & Craig N. Sawchuk, Ph.D., L.P.
4:45 PM	4:45 PM	Adjourn

Day 2		**Approaches for Complex and Diverse Populations (AM); Navigating Mental Health in the Digital Age (PM)**
7:00 AM	8:00 AM	Breakfast and Exhibitors
8:00 AM	8:15 AM	Welcome and Overview of Day 2 Scott A. Breitinger, M.D. & Craig N. Sawchuk, Ph.D., L.P.
8:15 AM	8:55 AM	Upskilling Teams for Complex Patient Populations Prabhjot Singh, M.D., Ph.D.
8:55 AM	9:30 AM	Best Practices to Support Care Needs of LGBTQ+ Patients Cesar A. Gonzalez, Ph.D., L.P., ABPP & Emrys Fonseca, M.B., B.Ch., B.A.O., M.S.
9:30 AM	9:45 AM	Q&A Panel: Singh, Gonzalez, Fonseca
9:45 AM	10:00 AM	Refreshment Break & Exhibitors
10:00 AM	10:25 AM	Effectively Managing Patients with Personality Disorders in the Primary Care Setting Scott A. Breitinger, M.D.
10:25 AM	10:50 AM	Updates in Sleep Medicine for Primary Care Bhanu Kolla, M.D.
10:50 AM	11:15 AM	Expanding Care Coordination to New Stakeholders William B. Leasure, M.D.
11:15 AM	11:40 AM	Adolescent Mental Health Care in the Era of Social Media Eric R. Pease, D.O., M.B.A.
11:40 AM	12:00 PM	Q&A Panel: Breitinger, Kolla, Leasure, Pease
12:00 PM	1:00 PM	Lunch - Networking
1:00 PM	1:30 PM	Health Policy and Digital Mental Health Prabhjot Singh, M.D., Ph.D.
1:30 PM	2:00 PM	Research Updates on AI and its impact on Mental Health Care Scott A. Breitinger, M.D.
2:00 PM	2:15 PM	Q&A Panel: Singh, Breitinger

2:15 PM	2:30 PM	Refreshment Break, Exhibitors
2:30 PM	2:55 PM	Technology Updates for Sleep: What's the Evidence? Bhanu Kolla, M.D.
2:55 PM	3:30 PM	Design, Development, and Implementation of a Novel Digital Care Coordination Platform Tyler S. Oesterle, M.D., M.P.H. & Scott A. Breitinger, M.D.
3:30 PM	3:45 PM	Q&A Panel: Kolla, Oesterle, Breitinger
3:45 PM	4:00 PM	Conference Wrap Up Scott A. Breitinger, M.D. & Craig N. Sawchuk, Ph.D., L.P.
4:00 PM	4:00 PM	Adjourn