10th Annual Multidisciplinary Spine Care Conference 2026

November 13-14, 2026
Jacksonville, Florida

All Presentations Eastern Time

Friday, November 13, 2026		
7:00 AM	Registration & Breakfast	
7:50 AM	Welcome Remarks and Introduction	
8:00AM	The State of Endoscopic Spine Surgery *Jang Yoon, MD*	
8:30 AM	Opioid Management in Chronic Pain Patients *Christy Hunt, DO*	
9:00 AM	Considerations in Spinal Deformity Correction *Kingsley Abode-Iyamah, MD*	
9:30 AM	GLP-1 Agonist Use in Medical Optimization of the Spine Patient *Kirsten Frederiksen, MD, MS*	
10:00 AM	Coffee Break and Exhibits	
10:30 AM	History of Awake Spine Surgery *Shaun E. Gruenbaum, MD, PhD*	
11:00 AM	Roundtable Discussion: Pre op – Intro op – Post op Environment *Kingsley Abode-Iyamah, M.D., Mayo Clinic Florida* *Benjamin F. Gruenbaum, M.D., Ph.D., Mayo Clinic Florida* *Ferenc Rabai, M.D., Mayo Clinic Florida* *Selby G. Chen, M.D., Mayo Clinic Florida*	
11:30 AM	Case Discussions *Selby G. Chen, M.D., Mayo Clinic Florida* *Kingsley Abode-Iyamah, M.D., Mayo Clinic Florida* *Elird Bojaxhi, M.D., Mayo Clinic Florida*	
12:00 PM - 1:00 PM	Lunch & Exhibits	
12:15 PM - 1:00 PM	OPTIONAL: Non-CME Product Theater *presented by Vertex Pharmaceuticals*	
1:00 PM	Appropriate Selection of Spinal Injections *Michael Osborne, MD*	
1:30 PM	Updates on Spinal Cord Stimulation *Sahil Gupta, MBBS, MD*	
2:00 PM	Spinal Ablation Therapies *Mark Hurdle, MD*	
2:30 PM	Non-CME Abstract Presentation	
2:35 PM	ADJOURN – End of Day 1	
Saturday, November 14, 2026		
	Registration & Breakfast	
	General Session	Allied Health Track
7:55 AM	Welcome Remarks and Introduction	Welcome Remarks and Introduction
8:00 AM	Pain Rehabilitation *Christopher Sletten, PhD, LP*	The Role of Stress in Back Pain and the Therapeutic Impact of Cardiovascular Exercise *David Brown, PT*

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8:30 AM	TOPS Facet Arthroplasty *Stephen Pirris, MD*	Pain Rehabilitation *Christopher Sletten, PhD, LP*
9:00 AM	Wartime Spine Injury Management *Grant Mallory, MD*	GLP-1 and Its Effect on Spine Surgery *Sahil Gupta, MBBS, MD*
9:30 AM	Case Discussion: Complications *Kingsley Abode-Iyamah, M.D., Mayo Clinic Florida* *Eric W. Nottmeier, M.D., Mayo Clinic Florida* *Selby G. Chen, M.D., Mayo Clinic Florida)*	Management and Pathology of the Neurogenic Bladder *Bryce Baird, MD*
10:00 AM	Coffee Break and Exhibits	
10:30 AM	Pitfalls of Anterior Cervical Exposure *Samip Patel, MD*	Wartime Spine Injury Management *Grant Mallory, MD*
11:00 AM	Differentiating Pelvic/Hip Pathology from Lumbar Spinal Pathology *Matthew Crowe, MD and Luke Spencer Gardner, MD*	Discussion of Current Pain Med Trends *Chris Menster, MPAS, PA-C*
11:30 AM	Transitioning from Vascular Neurosurgery to General Neurosurgery *Benjamin Brown, MD*	Differentiating Pelvic/Hip Pathology from Lumbar Spinal Pathology *Matthew Crowe, MD and Luke Spencer Gardner, MD*
12:00 PM	Updates in Coding *Deborah A. Ryan, CPC, CCS-P, Mayo Clinic Florida*	Ortho Discussion of Lower Spine Mimicker Case Studies *Sarah Spelsberg, MD, MS*
12:30 PM	Non-CME Abstract Presentation	
12:45 PM	ADJOURN – End of Day 2	