Updates in Family Medicine

Hyatt Regency Maui Resort

March 3-6, 2027

**All times listed in Hawaii–Aleutian Time Zone*

Tuesday, March 2, 2027	
Care of Women **ABFM-Approved KSA**	
12:30 p.m.	Registration and Light Lunch *Registered attendees only* In-person only, additional fee to attend
1:00 p.m.	Care of Women - Part 1
3:00 p.m.	Break
3:15 p.m.	Care of Women - Part 2
5:15 p.m.	Adjourn

Wednesday, March 3, 2027	
6:00 a.m.	Registration and Breakfast *Registered attendees only*
6:50 a.m.	Setting the Stage: Introductions and Program Highlights Nathan A. Jacobson, D.O. and Sean T. Powell, M.D.
7:00 a.m.	Demystifying the Elbow: Everything the Primary Care Physician Needs to Know Christopher L. Camp, M.D.
7:40 a.m.	AI in Family Medicine 2.0: What's Changed, What Works, and What's Next Jithin Edakkanambeth Varayil, M.D.
8:20 a.m.	Integrative Approaches to Longevity Jyoti Patel, M.D.
9:00 a.m.	When Blood Pressure Won't Budge: A Practical Approach to Resistant Hypertension Katie A. Young, M.D.
9:40 a.m.	Refreshment Break
10:00 a.m.	More Options, More Hope: Expanding Migraine Care Plans in Primary Care Nathan P. Young, D.O.

10:40 a.m.	What's New in Diabetes Care + A Few Oldies, but Goodies Sarah A. Reiland, APRN, C.N.P.
11:20 a.m.	How to Keep a Baby Boomer Buff Edward R. Laskowski, M.D.
12:00 p.m.	Adjourn Day

Thursday, March 4, 2027	
6:00 a.m.	Breakfast *Registered attendees only*
6:15 – 6:45 a.m.	Breakfast with the Experts *(Optional, In-Person Only)* Select Wednesday Presenters
6:55 a.m.	Welcome Back Nathan A. Jacobson, D.O. and Sean T. Powell, M.D.
7:00 a.m.	Itching for Answers: A Practical Approach to Eczema and Urticaria in Primary Care Jenny L. Link, M.D.
7:40 a.m.	Personal Devices in Cardiology Timothy J. Devine, M.D.
8:20 a.m.	From Recognition to Recovery: Managing Substance Use Disorders in Primary Care Benjamin Lai, M.B.,B.Ch., B.A.O.
9:00 a.m.	Point of Care Ultrasound for Jugular Venous Pressure Andrew C. Greenlund, M.D., Ph.D.
9:40 a.m.	Refreshment Break
10:00 a.m.	Pediatric Obesity Management Tips for the Primary Care Provider Brian A. Lynch, M.D.
10:40 a.m.	Nail It! In Office Procedures for Toenail Disorders Laura S. Greenlund, M.D., Ph.D.
11:20 a.m.	Cervical Cancer Screening: When, How, and What Now Tina J. Rauenhorst, M.D.
12:00 p.m.	Adjourn Day

Friday, March 5, 2027	
6:00 a.m.	Breakfast *Registered attendees only*
6:15 – 6:45 a.m.	Breakfast with the Experts *(Optional, In-Person Only)* Select Thursday Presenters
6:55 a.m.	Welcome Back Nathan A. Jacobson, D.O. and Sean T. Powell, M.D.
7:00 a.m.	Perinatal Pearls: How to Manage the OB Jump-Scare in Your Schedule Marla A. DeWitt, M.D.
7:40 a.m.	PrEParation Is the Key!: HIV PrEP and DoxyPEP Maryam Mahmood, M.B., Ch.B.
8:20 a.m.	Making Waves in Cholesterol Care: Navigating the 2026 Dyslipidemia Guidelines Danielle M. Firkus, Pharm.D., R.Ph., BCPS
9:00 a.m.	Public Health in Hawaii & Hawaiian Culture Maile Taualii, Ph.D., M.P.H.
9:40 a.m.	Refreshment Break
10:00 a.m.	The Last Thing Your Patient Sees: Suture Best Practices for Better Outcomes Nahid Y. Vidal, M.D.
10:40 a.m.	Modern Management of Bell's Palsy Jacob K. Dey, M.D.
11:20 a.m.	Updates on GLP-1-Based Therapies, From Weight Loss to Health Gains Tamim I. Rajjo, M.D., M.P.H.
12:00 p.m.	Adjourn Day

Saturday, March 6, 2027	
6:30 a.m.	Breakfast *Registered attendees only*
6:15 – 6:45 a.m.	Breakfast with the Experts *(Optional, In-Person Only)* Select Friday Presenters
6:55 a.m.	Welcome Back Nathan A. Jacobson, D.O. and Sean T. Powell, M.D.
7:00 a.m.	Travel Medicine for the Busy Family Physician Johnnie A. Yates, M.D.
7:40 a.m.	Still Coughing After All These Weeks: Saying 'Aloha' to That Nagging Cough Michael J. Shea, M.D.
8:20 a.m.	Cancer Blood Tests: Current State - Promise, Pitfalls, and Practice Denise M. Dupras, M.D., Ph.D.
9:00 a.m.	Interesting Things We See in Hawaii: From Leptospirosis to Surfer's Myelopathy and Jellyfish Stings Michael J. Shea, M.D.
9:40 a.m.	Refreshment Break
10:00 a.m.	Immunization Updates for 2027 Robert M. Jacobson, M.D.
10:40 a.m.	The Ill Returned Traveler: Pearls and Pitfalls Johnnie A. Yates, M.D.
11:20 a.m.	Conference Highlights and Wrap Up Sean T. Powell, M.D.
11:35 a.m.	Adjourn Conference

Mayo Clinic Presenter

Kaiser Permanente Presenter

PHARMACOLOGY CONTENT

Some presentations will contain pharmacology content. It is the responsibility of the individual learner to determine the amount of pharmacology content.