23rd Annual Women's Health Update	
Hilton Scottsdale Resort & Villas **Scottsdale, Arizona**	
March 11-13, 2027	
Broadcast in Mountain Standard Time	
Thursday, March 11, 2027	
The Menopause Society Menopause 101 (Optional – Separate Fee)	
6:30 AM	Registration, Breakfast & Exhibits
7:20 AM	Announcements
7:30 AM	Menopause 101 **Paru David, MD**
8:00 AM	Hormone Management Basics **Stephanie Faubion, MD**
8:30 AM	Menopause and the Brain **Pauline Maki, PhD**
9:00 AM	Refreshment Break and Exhibits
9:30 AM	Weight Management **Ekta Kapoor, MD**
10:00 AM	CVD risk at midlife **Matt Nudy, MD**
10:30 AM	Sexual Health **Jewel Kling, MD**
11:00 AM	Q & A Session Session Faculty
11:30 AM	Lunch for Menopause 101 Attendees Only
Breast	
12:00 PM	**Registration for General Session**
12:30 PM	Welcome Announcements Paru David, M.D., Jessica Fraker, MD, Ekta Kapoor, M.D., Jewel M. Kling, M.D., M.P.H.
12:45 PM	Breast cancer risk evaluation and management **Jessica Fraker, MD (AZ)**

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1:15 PM	Dense breasts: What's the current state of supplemental imaging **Laura Harper, MD (AZ)**
1:45 PM	Benign Breast disease – lump, bumps, pain and beyond **Christine Nguyen, MD (FL) or Kaitlin Moran, MD (FL)**
2:15 PM	Q & A Session Session Faculty
2:45 PM	Refreshment Break and Exhibits
Gynecology	
3:15 PM	Endometriosis imaging: What's new? **Wendalyne VanBuren, MD (MN) or Scott Young, MD (AZ)**
3:45 PM	Pelvic floor dysfunction & Pelvic Pain **Megan Cheney, MD & Pauline Lucas (AZ)**
4:15 PM	Pelvic organ prolapse and incontinence – what to expect as we age **Johnny Yi, MD (AZ)**
4:45 PM	Q & A Session Session Faculty
5:15 PM	Adjourn
Friday, March 12, 2027	
6:45 AM	Continental Breakfast & Exhibits
6:45 AM	Optional Roundtable Discussions: 45 minutes each
	Menopause Complex Cases- **Taryn Smith, MD**
	Sexual Health- **Sara Shihab, MD and Marina Waage, MD (fellow)**
	Osteoporosis: What's the role of primary care (case based) **Aditi Kumar, MD or Krupa Doshi, MD**
	Livestream: Menopausal Hormone Therapy – how to approach **Mina Al-Badri, MD**
	Livestream: Sexual Health-**Susan Kok, MD**
	Livestream: Breast-**Dewonna Ferguson, MD**
7:30 AM	Welcome Announcements Paru David, M.D., Jessica Fraker, MD, Ekta Kapoor, M.D., Jewel M. Kling, M.D., M.P.H.
Hormones & Menopause	
7:35 AM	Perimenopause: Symptoms and management **Jissy Cyriac, MD (MN)**

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8:05 AM	Menopausal Hormone Therapy - Beyond the Basics **Taryn Smith, MD (FL)**
8:35 AM	Q & A Session Session Faculty
8:55 AM	Menopause management in women with or at a high risk for breast cancer (include Duavee) **Dewonna Ferguson, MD (AZ) or Sabrina Sahni, MD (FL)**
9:25 AM	Sleep and Cognition During Menopause **Pauline Maki, PhD**
9:55 AM	Q & A Session Session Faculty
10:15 AM	Refreshment Break and Exhibits
Healthy Aging & Prevention	
10:45 AM	Exercise prescription for midlife **Robert Scales, PhD (AZ)/Pauline Lucas**
11:15 AM	Hair & Skin at midlife and beyond **Eli Hoss, MD (AZ)**
11:45 AM	Cardiovascular Disease in Women: Role of menopause and hormone therapy **Matt Nudy, MD**
12:15 PM	Q & A Session Session Faculty
12:45 PM	Lunch and Exhibits - Provided
Allergy & Immunology	
1:35 PM	Autoimmune Disorders in Menopause **Kristin Young, MD (AZ)**
2:05 PM	Allergy update in women (and can I use antihistamines for all my women's health concerns?) **Matt Rank, MD (AZ)**
2:35 PM	Q & A Session Session Faculty
3:05 PM	Refreshment Break and Exhibits
Preconception care and beyond	
3:35 PM	Pre-pregnancy care and counseling **Kylie Cooper, MD (MN)**
4:05 PM	What is the role of primary care in the fertility work up? **Ali Ainsworth, MD (MN)**
4:35 PM	Polyendocrine Metabolic Ovarian Syndrome (PMOS) **Suneela Vegunta, MD (AZ)**
5:05 PM	Q & A Session Session Faculty

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5:35 PM	Adjourn
Saturday, March 13, 2027	
6:30 AM	Wellness Class - Qi Gong
6:30 AM	Continental Breakfast & Exhibits
6:45 AM	Optional Roundtable Discussions: 45 minutes each
	Perimenopause and Menopause Complex Cases **Mina Al-Badri, MD and Marina Waage, MD (fellow)**
	Vaginal Health **Stephanie Gillooly, PA**
	Contraception **Suneela Vegunta, MD**
	Livestream: Menopausal Non-hormone Therapy- **Hannah Nordhues, MD**
7:30 AM	Welcome Announcements Paru David, M.D., Jessica Fraker, MD, Ekta Kapoor, M.D., Jewel M. Kling, M.D., M.P.H.
Cardiometabolic	
7:35 AM	Updates on GLP-1 Medications: Emerging evidence of benefits **Hannah Hakes, P.A.-C., Lisa E. Houston, APRN, F.N.P., M.S., and Megan R. Handley-Kelly, Pharm.D., R.Ph.**
8:35 AM	New guidelines: How do they inform CVD evaluation and risk mitigation in women of all ages? **Rekha Mankad, MD (MN)**
9:05 AM	Q & A Session Session Faculty
9:35 AM	Refreshment Break and Exhibits
Sexual Health	
10:05 AM	Vaginitis & STI's: Oh my! **Marla DeWitt, MD (MN**)
10:35 AM	Management of Libido: Testosterone and beyond **Susan Kok, MD (MN)**
11:05 AM	Sexual health in Cancer Survivors: Special considerations **Hannah Nordues, MD (MN)**
11:35 AM	Q & A Session Session Faculty
Social Issue	
12:05 PM	AI in clinical care: How to reduce clinician burnout **Chris Aakre, MD (MN)**

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1:05 PM	Adjourn