23rd Annual Women's Health Update	
Hilton Scottsdale Resort & Villas **Scottsdale, Arizona**	
March 11-13, 2027	
Broadcast in Mountain Standard Time	
Thursday, March 11, 2027	
The Menopause Society Menopause 101 (Optional – Separate Fee)	
6:30 AM	**Registration, Breakfast & Exhibits**
7:20 AM	**Announcements**
7:30 AM	**Menopause 101** Paru David, MD
8:00 AM	**Hormone Management Basics** Paru David, MD
8:30 AM	**Nonhormone Options for Management of Menopause** Jewel Kling, MD
9:00 AM	**Refreshment Break and Exhibits**
9:30 AM	**Weight Management** Ekta Kapoor, MD
10:00 AM	**CVD Risk at Midlife** Matthew Nudy, MD
10:30 AM	**Sexual Health** Erika Kelley, PhD
11:00 AM	**Q & A Session** Session Faculty
11:30 AM	**Lunch for Menopause 101 Attendees Only**
Breast	
12:00 PM	**Registration for General Session**
12:30 PM	**Welcome Announcements** Paru David, M.D., Jessica Fraker, MD, Ekta Kapoor, M.D., Jewel M. Kling, M.D., M.P.H.
12:45 PM	**Breast Cancer Risk Evaluation and Management** Jessica Fraker, MD

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1:15 PM	**Dense Breasts: What's the Current State of Supplemental Imaging** Laura Harper, MD
1:45 PM	**Benign Breast Disease – Lump, Bumps, Pain and Beyond** Christine Nguyen, MD
2:15 PM	**Q & A Session** Session Faculty
2:45 PM	**Refreshment Break and Exhibits**
Gynecology	
3:15 PM	**Endometriosis Imaging: What's New?** Scott Young, MD
3:45 PM	**Pelvic Floor Dysfunction & Pelvic Pain** Megan Cheney, MD & Pauline Lucas
4:15 PM	**Pelvic Organ Prolapse and Incontinence: What to Expect as We Age** Johnny Yi, MD
4:45 PM	**Q & A Session** Session Faculty
5:15 PM	**Adjourn**
Friday, March 12, 2027	
6:45 AM	**Continental Breakfast & Exhibits**
6:45 AM	**Optional Roundtable Discussions: 45 minutes each**
	Menopause Complex Cases Taryn Smith, MD
	Sexual Health Sara Shihab, MD and Marina Waage, MD
	Osteoporosis: What Is the Role of Primary Care? (Case-Based) Krupa Doshi, MD
	Livestream: Menopausal Hormone Therapy: How to Approach Mina Al-Badri, MD
	Livestream: Sexual Health Susan Kok, MD
	Livestream: Breast Dewonna Ferguson, MD
7:30 AM	**Welcome Announcements** Paru David, M.D., Jessica Fraker, MD, Ekta Kapoor, M.D., Jewel M. Kling, M.D., M.P.H.
Hormones & Menopause	

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7:35 AM	**Perimenopause: Symptoms and Management** Jissy Cyriac, MD
8:05 AM	**Menopausal Hormone Therapy: Beyond the Basics** Sara Shihab, MD
8:35 AM	**Q&A Session** Session Faculty
8:55 AM	**Menopause Management in Women with or at High Risk for Breast Cancer** Dewonna Ferguson, MD
9:25 AM	**Sleep and Cognition During Menopause** Erika Kelley, PhD
9:55 AM	**Q&A Session** Session Faculty
10:15 AM	**Refreshment Break and Exhibits**
Healthy Aging & Prevention	
10:45 AM	**Exercise Prescription for Midlife** Robert Scales, PhD
11:15 AM	**Hair and Skin at Midlife and Beyond** Shelly Torgeson, MD
11:45 AM	**Cardiovascular Disease in Women: Role of Menopause and Hormone Therapy** Matthew Nudy, MD
12:15 PM	**Q&A Session** Session Faculty
12:45 PM	**Lunch and Exhibits**
Allergy & Immunology	
1:35 PM	**Autoimmune Disorders in Menopause** Kristin Young, MD
2:05 PM	**Allergy Update in Women: Can I Use Antihistamines for All My Women's Health Concerns?** Joe Zein, MD, PhD
2:35 PM	**Q&A Session** Session Faculty
3:05 PM	Refreshment Break and Exhibits
Preconception care and beyond	
3:35 PM	**Prepregnancy Care and Counseling** Kylie Cooper, MD
4:05 PM	**What Is the Role of Primary Care in the Fertility Workup?** Ali Ainsworth, MD

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4:35 PM	**Polyendocrine Metabolic Ovarian Syndrome (PMOS)** Suneela Vegunta, MD
5:05 PM	**Q&A Session** Session Faculty
5:35 PM	**Adjourn**
Saturday, March 13, 2027	
6:30 AM	**Wellness Class - Qi Gong**
6:30 AM	**Continental Breakfast & Exhibits**
6:45 AM	**Optional Roundtable Discussions:** 45 minutes each
	Perimenopause and Menopause Complex Cases Mina Al-Badri, MD and Marina Waage, MD
	Vulvar Care Peggy Long, MD
	Contraception Suneela Vegunta, MD (confirmed)
	Livestream: Menopausal Nonhormone Therapy Hannah Nordhues, MD
7:30 AM	**Welcome Announcements** Paru David, M.D., Jessica Fraker, MD, Ekta Kapoor, M.D., Jewel M. Kling, M.D., M.P.H.
Cardiometabolic	
7:35 AM	**Updates on GLP-1 Medications: Emerging Evidence of Benefits** Hannah Hakes, P.A.-C., Lisa E. Houston, APRN, F.N.P., M.S., and Megan R. Handley-Kelly, Pharm.D., R.Ph.
8:35 AM	**New Guidelines: How Do They Inform CVD Evaluation and Risk Mitigation in Women of All Ages?** Rekha Mankad, MD (MN)
9:05 AM	**Q&A Session** Session Faculty
9:35 AM	**Refreshment Break and Exhibits**
Sexual Health	
10:05 AM	**Vaginitis and STIs: Oh My!** Peggy Long, MD
10:35 AM	**Management of Libido: Testosterone and Beyond** Susan Kok, MD
11:05 AM	**Sexual Health in Cancer Survivors: Special Considerations** Hannah Nordues, MD

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11:35 AM	**Q&A Session** Session Faculty
Social Issue	
12:05 PM	**AI in Clinical Care: How to Reduce Clinician Burnout** Chris Aakre, MD
1:05 PM	Adjourn

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