

**Mayo Clinic Rehabilitation Medicine Update at San Juan 2016
Program Schedule**

Friday, February 5, 2016	
7:00 – 8:00 a.m.	Registration & Continental Breakfast
8:00 – 8:15 a.m.	Welcome
8:15 – 8:45 a.m.	Standardized Treatment for Low Back Pain <i>Ralph E. Gay, M.D., M.S.</i>
8:45 – 9:15 a.m.	“Proven” Interventional Techniques for Low Back Pain <i>Mark Friedrich B. Hurdle, M.D.</i>
9:15 – 9:45 a.m.	Regenerative Technology with Mesenchymal Stem Cell and PRP for the Spine – <i>Wenchun Qu, M.D., M.S., Ph.D.</i>
9:45 – 10:00 a.m.	Question & Answer Panel
10:00 – 10:15 a.m.	Break
10:15 – 10:45 a.m.	The Conundrum – “When Back Pain isn’t from the Back” <i>Thomas D. Rizzo, M.D.</i>
10:45 – 11:15 a.m.	How to Treat Chronic Myofascial Pain/Fibromyalgia <i>Jeffrey M. Thompson, M.D.</i>
11:15 – 11:45 a.m.	Complex Regional Pain Syndrome <i>Keith A. Bengtson, M.D.</i>
11:45 – noon	Question & Answer Panel
Noon – 12:15 p.m.	Break Pick up Box Lunch
12:15 – 1:00 p.m.	Keynote: Spasticity Management <i>Alberto Esquenazi, MD</i>
1:00 – 1:30 p.m.	Advances in Stroke Management <i>Billie A. Schultz, M.D.</i>
1:30 – 2:00 p.m.	Advances in Management of ALS/MS <i>Margaret A. Moutvic, M.D.</i>
2:00 – 2:30 p.m.	EMG Diagnosis of Neuromuscular Diseases <i>Andrea J. Boon, M.D.</i>
2:30 – 2:45 p.m.	Question & Answer Panel
2:45 p.m.	Adjourn General Session
3:00 – 6:00 p.m.	Optional Workshop: <i>Additional fee to attend</i> Musculoskeletal Ultrasound Workshop <i>Jonathan T. Finnoff, D.O. & Luis Baerga-Varela, M.D.</i>
6:00 – 7:30 p.m.	Welcome Reception

Saturday, February 6, 2016	
7:00 – 8:00 a.m.	Continental Breakfast - Meet the Experts
8:00 – 8:30 a.m.	Shoulder Injuries in Athletes <i>Jonathan T. Finnoff, D.O.</i>
8:30 – 9:00 a.m.	Injury of the ACL <i>William F. Micheo, M.D.</i>
9:00 – 9:30 a.m.	Rehabilitation of the ACL <i>Timothy Hewett, Ph.D.</i>
9:30 – 9:45 a.m.	Question & Answer Panel
9:45 – 10:00 a.m.	Break
10:00 – 10:30 a.m.	“Doc I’m 50 years old, can I start to run marathons” – Special Concern when Evaluating the Heart of an Athlete <i>Thomas G. Allison, Ph.D.</i>

10:30 – 11:00 a.m.	Understanding What the Stress Test Really Means <i>Thomas G. Allison, Ph.D.</i>
11:00 – 11:30 a.m.	High Intensity Interval Training <i>Edward R. Laskowski, M.D.</i>
11:30 – 11:45 a.m.	Question & Answer Panel
11:45 – noon	Break Pick up Box Lunch
Noon – 1:00 p.m.	Biomechanics of Lower Extremity <i>Timothy Hewett, Ph.D.</i>
1:00 – 1:30 p.m.	“To thin or not to thin, that is the question.” Venous Thromboembolic Disease after Stroke <i>Stephen F. Noll, M.D.</i>
1:30 – 2:00 p.m.	Clinical Management of Post Traumatic Headache <i>Allen W. Brown, M.D.</i>
2:00 – 2:15 p.m.	Question & Answer Panel
2:15 p.m.	Adjourn General Session
2:30 – 5:00 p.m.	Optional Workshop: <i>Additional Fee to Attend</i> Combining US with EMG to Get the Right Answer. <i>Andrea J. Boon, M.D. & Jeffrey A. Strommen, M.D.</i>

Sunday, February 7, 2016	
7:00 – 8:00 a.m.	Continental Breakfast
8:00 – 8:30 a.m.	New Approach to Wound Care <i>Karen L. Andrews, M.D.</i>
8:30 – 9:00 a.m.	Writing a Prosthesis Prescription for the Upper and Lower Extremity – <i>Mark W. Christopherson, M.D.</i>
9:00 – 9:30 a.m.	Long Term Management of Spinal Cord Injured Patients <i>Jeffrey A. Strommen, M.D.</i>
9:30 – 9:45 a.m.	Question & Answer Panel
9:45 – 10:00 a.m.	Break
10:00 – 10:30 a.m.	Spinal Bifida Care from Kids to Adults <i>Joline E. Brandenburg, M.D.</i>
10:30 – 11:00 a.m.	Social Media in Your Practice <i>Lee Aase</i>
11:00 – 11:30 a.m.	Telehealth <i>Bradford W. Landry, D.O.</i>
11:30 – 11:45 a.m.	Question & Answer Panel
11:45 – 12:15 p.m.	Post-Test and Wrap-up
12:15 p.m.	Adjourn Course

Subject to change.